2017

NQT.

Nationwide USMS Spring National Championship

Riverside Aquatics Complex, Riverside, Calif., April 27-30, 2017. Sanctioned by the Southern Pacific LMSC for USMS Inc.—Sanction Number 337-S001

Last name:*	First:		MI:	
Street address:	City:	State:	ZIP:	Country:
Email:	Day phone:	Eve	e. phone:	
	Emergency contact:		Pr	none:
(as of 4-30-17)** Club Name or Unattached: * Print name as it appears on USMS registration card. **All swimi				

Before completing, read meet information. Check-in is required for **all deck-seeded events**, including the 200s, if they are deck-seeded. >>>Check-in for Thursday events starts **the day before** and ends at 7 a.m. Thursday for the 1650 and 9 a.m. Thursday for the 1000. >>>Check-in for all Friday through Sunday events ends at 7 a.m. the day of the event.

#	Entry Time Men	6th	Event	#	Entry Time Women	6th
Thursday, April 27			Warm-up 6:30-7:45 a.m.		Start 8 a.m.	
1			1650 freestyle***	2		
3			1000 freestyle***	4		
Frida	ıy, April 28		Warm-up 6:30-7:45 a.m.		Start 8 a.m.	
5			500 freestyle (men)			
7			100 breaststroke	8		
9			200 backstroke	10		
11			50 butterfly	12		
13			200 IM	14		
15			100 freestyle	16		
17	See relay entry		200 mixed freestyle relay		See relay entry	
Satu	rday, April 29		Warm-up 6:30-7:45 a.m.		Start 8 a.m.	
			500 freestyle (women)	18		
19			100 butterfly	20		
21			200 breaststroke	22		
23			100 IM	24		
25			50 backstroke	26		
27	See relay entry		200 medley relay	28	See relay entry	
29	See relay entry		200 freestyle relay	30	See relay entry	
Sund	lay, April 30		Warm-up 6:30-7:45 a.m.		Start 8 a.m.	
31			400 IM	32		
33			50 freestyle	34		
35			200 butterfly	36		
37	See relay entry		200 medley relay (mixed)		See relay entry	
39			100 backstroke	40		
41			200 freestyle	42		
43			50 breaststroke	44		
***Sv	wimmers may enter both the	he 100	0 and 1650 freestyle events. All swimme	ers ent	ering the 1650 must mee	et the

>>>MAIL ENTRIES TO:

USMS Spring Nationals P.O. Box 185 Londonderry, NH 03053-0185

Entries **must be received** by March 27, 2017

ENTRY CHECKLIST

Entry form	filled out	completely?

- ☐ 6th event clearly marked? (Mark 6th only if entering six events.)
- ☐ Seed times in proper columns?
- ☐ No more than three individual events per day entered?
- ☐ Liability waiver (page 2) completed, signed, and dated?
- ☐ Fees payable to "U.S. Masters Swimming" enclosed?
- ☐ USMS card or international registration card (if applicable) attached?
- ☐ SASE enclosed? (Indicate purpose on envelope.)
- ☐ Entry will be received by March 27, 2017, deadline?

Questions? Call 800-550-7946

Meet surcharge (required for all events)				
>>>If received by March 6, 2016			\$55	
>>>If received between March 7 and March 27, 2016 \$65			\$65	
Number of individual events		Х	\$4	
Mailed hard copy of final results		Х	\$15	
TOTAL FEES ENCLOSED				



Online entries will be accepted starting on or before Feb. 15, 2017. Please see usms.org for additional information.

This entry form has **two pages**. The liability waiver on the second page must be completed and included with your entry.



PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

- 1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
- I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
- 3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
- 4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
- 5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (cir	cle) F	Date of Birth (mm/dd/yy)		
Street Address, City, State, Zip							
Signature of Participant			Date	e Signed			