2015 NATIONWIDE USMS SPRING NATIONAL CHAMPIONSHIP OFFICIAL ENTRY FORM

Northside ISD Swim Center, San Antonio, Texas, April 23–26, 2015 >>> Sanctioned by the South Texas LMSC for USMS Inc.—Sanction Number 435-S001

Last name:*				First:			MI:		
Street address:			City:		_ State: ZIP:		Country:		
Email:			Day phon	Day phone: Eve. phone:					
Age**	DOB.	Sex	· Emergency conta	act:			_ Phone:		
	of 4/26/15)**	00%	Emergency conta				_ 1 110110.		
Club Na	me or Unattached:			US	MS or International F	leg. #: _			
* Print nam	ne as it appears on USMS	registrat	ion card. **All swimmers must be a	at least 18 years	old on 4/22/15.				
efore comp	leting, read complete m	eet info	rmation. Check-in for all deck-se	eded events 20	0 yards and longer:				
			BEFORE and ends at 7 a.m. Thurs ts ends at 7 a.m., 9 a.m., or 11 a.r			the 1000).		
ileck-iii ioi a	an i nday tinodgii satur	uay even	ts ends at 7 a.m., 9 a.m., or 11 a.r	n., depending t	apon the event.				
Event #	Entry Time Men	6th	Event	Event #	Entry Time Women	6th	»» MAIL ENTRIES TO: USMS Spring Nationals		
Thursday	. April 23		Warm-up 6:30-7:50 a.m.		Start at 8 a.m.		P.O. Box 185		
1	,		1650 freestyle***	2			Londonderry, NH 03053-0185		
3			1000 freestyle***	4			2011401140117,111100000 0100		
Friday, Ap	oril 24		Warm-up 6:30-7:50 a.m.		Start at 8 a.m.		»» ENTRIES MUST BE		
5			400 IM	6			RECEIVED BY MARCH 23,		
7			100 butterfly	8			2015		
9			200 freestyle	10					
11			50 breaststroke	12					
13			100 backstroke	14					
15	See relay form		200 medley relay	16	See relay form		ENTRY CHECKLIST		
17	See relay form		200 mixed freestyle relay	17	See relay form		☐ Entry form filled out completely		
Saturday,	, April 25		Warm-up 6:30–7:50 a.m.		Start at 8 a.m.		☐ 6th event clearly marked? (Mar		
19			500 freestyle (men)	00			6th only if entering six events.) Seed times in proper columns?		
21			100 IM 200 backstroke	22			☐ No more than three individual		
25			100 breaststroke	26			events per day entered?		
27			50 freestyle	28			☐ Liability waiver (page 2) comple		
29			200 butterfly	30			ed, signed, and dated?		
31	See relay form		200 freestyle relay	32	See relay form		☐ Fees payable to "U.S. Masters		
Sunday, A			Warm-up 6:30-7:50 a.m.		Start at 8 a.m.		Swimming" enclosed?		
			500 freestyle (women)	34			☐ USMS card or International reg		
35	See relay form		200 mixed medley relay	35	See relay form		istration card (if applicable) at-		
37			50 butterfly	38			tached?		
39			200 breaststroke	40			☐ SASE enclosed? (Indicate		
41			50 backstroke	42			purpose on envelope.)		
43			100 freestyle	44			☐ Entry received by March 23,		
45			200 IM	46			2015, deadline?		
	entering the 1650 must meet the	NQT. Swim	mers may enter both the 1000 and the 1650	freestyle, but must n	neet the NQT in the 1650 freetyle to	o enter	O		
both.							Questions? Call 800-550-7946		
							U.S. MASTE		
MEET SUF	RCHARGE (REQUIRED	FOR AL	L EVENTS)				SWIMMIN		
	by March 2, 2015								
	between March 3 and I	March 23							
	individual events d copy of final results		x \$4 _ x \$15 _	Internet entries will be accepted starting on or before Feb.					
Gold meda			x \$90_	15, 20	15. Please see usm	s.org fo	or additional information.		
Hotel shutt	:le		x \$30						
	(Thursday, April 23) Ala	ma and	river barge tourx \$30 _	Thi	e ontry form has TV	IO DAG	EC The lightlity weiver on th		
							ES. The liability waiver on th		
(Limited	I to 100; does not included to 100; does not include to 10	de dinner	:.)				d and included with your ent		



PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

- 1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
- 2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
- 3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
- 4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
- 5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (circle	Date of Birth (mm/dd/yy)							
Street Address, City, State, Zip											
Signature of Participant		Date Signed									