



2005 United States Masters Swimming National Long Course Championships

Marguerite Aquatics Center
Mission Viejo, California **August 11-15, 2005**



Meet Information

Mission Viejo Nadadores Masters welcomes you to beautiful Mission Viejo. Situated in southern Orange County midway between Los Angeles and San Diego and just eight miles from the Pacific Ocean and many scenic beaches. Enjoy your stay and plan to see the many attractions that Orange County offers. Please read the following information carefully and refer to the checklist on the entry form to avoid misunderstandings or problems regarding the conduct of the meet. All times listed are Pacific Daylight Savings Time.

Location

Marguerite Aquatics Center, 27474 Casta Del Sol, Mission Viejo, California 92692.

Facilities

The Marguerite Aquatics Center is home to the Mission Viejo Nadadores. It has an outdoor 50-meter championship pool with eight 9-foot wide lanes and a water depth of 2 to 3-1/2 meters. Also included is a 25-meter by 25-yard diving pool with nine lanes and a 25 yard, four lane instructional pool for continuous warm-up during the meet.

Website

Meet information, entry forms, on-line registration, current hotel and car rental information are available at www.usms.org/comp/nationals and at www.mastersmvnswim.org/2005LCNationals.htm

Travel

Delta Air Line and American Air Line are the official Airlines. To receive a discount from Delta Air Line call 800-241-6760 and use the code 206693A. To receive a discount from American Airline call 800-433-1790 and use the code A2584AZ.

Ground Transportation

John Wayne (Santa Ana) Airport is located approximately 12 miles from the listed hotels and 15 miles from the Aquatic Center. Transportation from the airport is available by taxi or hotel shuttle. Avis Car Rental is the official car rental company for the meet. To receive a discount call 800-331-1600 and use the code AWD-D087815.

Hotels

When making reservations at the hotels, refer to "USMS 2005 National Championships" for a quoted rate. All hotels are 2-7 miles from the pool, unless otherwise indicated. Reservations should be made by 6/1/05, or rooms may be released for general use. Make your reservations early!

Hotels on Shuttle Route

Ayres Suites, Mission Viejo - \$102.00
(888) 329-0227 www.ayresmissionviejo.com
Best Value Inn, Lake Forest - \$50.00
(800) 591-9200 www.bestvalueinn.com
Best Western Laguna, Lake Forest - \$89.00
(949) 458-1900
www.bestwesternirvinespectrum.com
Courtyard by Marriott, Laguna Hills - \$119.00
(800) 321-2211 www.marriott.com
Courtyard by Marriott, Foothill Ranch - \$119.00
(800) 321-2211 www.marriott.com
Fairfield Inn/Marriott, Mission Viejo - \$93.00
(949) 582-7100 www.fairfieldinn.com
Hampton Inn, Foothill Ranch - \$95.00
(949) 597-8700 www.hamptoninn.com
Hilton Gardens, Foothill Ranch - \$79.00
(949) 859-4000 www.hiltongardeninn.hilton.com
Holiday Inn, Laguna Hills - \$109.00
(800) 282-1789
www.holiday-inn.com/lagunahillsca
Irvine Suites, Irvine - \$99.00
(949) 380-3000 www.irvinesuites.com

Laguna Hills Lodge, Laguna Hills - \$77.00
(949) 830-2550 www.lagunahillslodge.com

Hotels not on Shuttle Route

Marriott Residence Inn, Irvine - \$129.00
(800) 331-3131 www.marriott.com
Extended Stay America, Lake Forest - \$85.00
(800) 398-7829 (949) 598-1898
www.extendedstayamerica.com
Double Tree Guest Suites Doheny Beach, Dana Point - \$169.00, (800) 801-8461 (949) 661-1100
www.dohenybeach.doubletree.com

Meet Shuttle Service & Parking

A free shuttle service will be offered between designated hotels and the Aquatic Center. A shuttle schedule will be available at meet registration and at the participating hotels. Parking is limited at the Aquatic Center and nearby streets - it is highly recommended that swimmers use the shuttle service.

Temperature and Climate

During August, the average outdoor high temperature is 85 degrees, with an average low of 65 degrees.

Concessions, Vendors & Souvenir Items

A full concession bar will be available throughout the meet. Approved USMS sponsors will be on site selling merchandise. The Mission Viejo Nadadores Masters will sell a wide variety of meet souvenirs at the meet and on their web site prior to the meet.

Registration

All participants must go through registration prior to competing. Here you will sign an emergency card, safety information statement, and liability release. You will receive a meet program, purchased social tickets, and other meet information. Registration will be held at the Aquatic Center on Wednesday, August 10, from noon to 8 pm and on Thursday, August 11 through Monday, August 15 from 6:30 am until the end of each day's last event. Check-in for all events and relays will be available in the same area.

Eligibility

The Championships are open to any registered Masters swimmer at least 18 years of age as of July 9, 2005. A swimmer can either swim with the club they are registered with or declare themselves unattached. If there are questions about affiliation, the swimmer shall be entered as "unattached". Foreign entries must include a copy of the swimmer's Masters Swimming registration card and fees in U.S. dollars.

Age Groups

Age for the meet is determined as of 12/31/05.
Individual Events: 18-24, 25-29, 30-34, 35-39, ...100-104.
Relay Events: (aggregate age of relay members): 72-99, 100-119, 120-159, 160-199, ... (40-year increments as high as is necessary).

Scoring

Individual Events: 11-9-8-7-6-5-4-3-2-1.
Relays: 22-18-16-14-12-10-8-6-4-2.

Final Results

Complete final results may be ordered in advance or at the Awards Table during the meet. Cost will be \$15.00 per copy. The USMS website will post results.

Seeding

All events will be deck seeded unless meet management determines that the meet can be completed in a timely fashion by pre-seeded individual events of 200 yards or less. Men's heats will pre-

cede women's heats for each event except for the 400, 800 and 1500 Free. Odd heats will start from one end of the pool and even heats will start from the other end unless the meet can be run in a timely manner without using the Chase Start format. For the 400, 800 and 1500 Free, women's and men's heats may be seeded together and competitors of the same gender may be required to swim two-per-lane if the meet that day is projected to last longer than 12 hours. In all other events, all men's heats will be completed before the women's heats start. The 800 and 1500 Free will be seeded slowest to fastest by entry time regardless of age (and gender if combined). The 400 IM will be seeded slowest to fastest by entry time for each sex regardless of age. All other events will be seeded by age group with the oldest age groups first, slowest to fastest within each age group.

Check-in Deadline for All Events

This is a deck-seeded meet. Check-in is required each day for the next days events and may be done in person in the registration area or via the Internet at www.usms.org. Coaches or teammates may check-in for those swimmers whose travel plans do not permit check-in by the deadlines. Failure to check-in will result in the swimmer being scratched from the event. Heat sheets will be available on each morning for the day's events.

Check-in Times

For Friday, Saturday, Sunday and Monday's events, you must check-in the day before between 7 am and 6 pm for the events you plan to swim the next day. For Thursday's events, you must check in on Wednesday between 12 pm and 8 pm. The USMS website (www.usms.org) check-in will open 24 hours before on site check-in.

Warm-up Times

The competition pool will be open for warm-up on Wednesday, August 10 from noon until 8 pm. On competition days, the competition pool will be open for warm-up from 6:30 am until 7:50 am and the warm-up pools will be available from 7:50 am until conclusion of the final event. On Thursday through Saturday, the competition pool will also be open for warm-up for 30 minutes following the last heat of the first event, the 800 Free, 400 IM, and 400 Free. The competition pool will be open for 30 minutes following the last event each day.

Warm-up Procedures

Swimmers must enter the pool feet first in a cautious and controlled manner. No diving or backstroke starts will be allowed except in designated sprint lanes. No diving or backstroke starts will be allowed into warm-up pool. One or two lanes shall be designated as one-way sprint lanes during the pre-meet warm-up sessions in the competition pool only. No sprint lanes will be designated in the warm-up pool. Any swimmer who acts in an unsportsmanlike or unsafe manner within the swimming venue may be considered for appropriate action or penalty by the referee. (Rule 102.15.3). Pull-buoys, kick boards, fins, and hand paddles are not allowed in the competition pool or warm-up pool.

Scratches

Any swimmer failing to report to the proper lane in the correct heat of their event shall be scratched from that event and shall not be permitted to swim that event at another time.

WOMEN'S QUALIFYING TIMES

EVENT	18-24	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89
50 Free	:32.34	:32.65	:32.10	:32.09	:32.01	:33.87	:34.05	:38.38	:40.40	:43.35	:47.84	:51.14	:56.66	1:16.75
100 Free	1:10.91	1:11.09	1:10.78	1:10.17	1:11.18	1:14.42	1:16.07	1:26.96	1:33.56	1:35.98	1:50.39	1:55.59	2:14.52	3:01.62
200 Free	2:36.08	2:38.38	2:38.35	2:36.31	2:33.05	2:43.55	2:51.55	3:08.86	3:29.41	3:37.80	4:02.09	4:19.03	4:54.13	6:25.95
400 Free	5:40.26	5:38.32	5:37.33	5:33.33	5:28.03	5:47.32	5:56.90	6:49.64	7:19.56	7:51.01	8:31.23	8:14.93	10:41.75	13:00.73
800 Free	12:17.79	11:55.58	11:35.02	11:49.32	11:13.55	12:00.49	12:31.24	14:11.97	15:16.87	16:57.86	17:53.91	20:12.75	24:12.36	No Time
1500 Free	23:19.38	22:53.13	22:47.57	23:29.26	21:48.44	23:02.64	24:57.91	27:49.06	31:20.07	32:07.97	34:14.54	39:32.79	No Time	No Time
50 Back	:39.11	:38.27	:38.57	:38.51	:38.05	:40.28	:41.47	:46.78	:51.38	:53.98	:58.38	1:08.27	1:10.70	1:32.19
100 Back	1:24.47	1:24.68	1:22.74	1:23.05	1:23.31	1:27.81	1:33.21	1:42.53	1:51.90	2:00.04	2:10.99	2:25.23	2:43.08	3:21.05
200 Back	3:07.73	3:04.37	3:01.60	3:00.55	3:02.51	3:12.72	3:24.44	3:45.56	4:00.66	4:14.50	4:44.44	5:09.22	6:04.04	6:55.36
50 Breast	:43.55	:42.85	:43.38	:44.41	:42.21	:44.96	:47.86	:49.60	:54.84	:59.91	1:04.43	1:11.25	1:39.83	2:06.68
100 Breast	1:36.63	1:32.98	1:36.16	1:37.21	1:34.58	1:38.63	1:45.50	1:51.72	2:00.07	2:11.75	2:20.78	2:41.49	4:05.96	No Time
200 Breast	3:32.30	3:28.35	3:31.62	3:33.74	3:30.72	3:36.95	3:49.90	4:09.14	4:33.35	5:06.62	5:14.19	5:48.88	7:31.00	13:20.50
50 Fly	:35.80	:34.96	:35.04	:35.24	:34.47	:36.94	:38.32	:44.16	:45.96	:55.63	1:02.27	1:11.35	1:32.39	No Time
100 Fly	1:23.56	1:21.98	1:19.62	1:19.15	1:19.02	1:24.50	1:38.35	1:48.41	1:59.41	2:16.46	2:56.53	2:58.52	5:40.60	No Time
200 Fly	3:42.58	3:18.66	3:14.90	3:08.28	3:11.23	3:18.43	3:55.29	4:24.56	4:53.78	5:41.25	5:51.81	6:50.48	No Time	No Time
200 IM	3:03.35	2:58.42	3:02.15	3:00.32	3:04.45	3:09.04	3:33.96	3:42.65	4:12.89	4:29.22	4:43.00	5:35.71	7:37.65	No Time
400 IM	7:05.08	6:32.03	6:36.30	6:43.88	6:29.60	6:47.20	7:45.22	8:06.30	9:10.95	9:53.04	10:59.65	12:59.37	20:55.72	No Time

MEN'S QUALIFYING TIMES

EVENT	18-24	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89
50 Free	:28.52	:28.06	:27.79	:28.19	:28.32	:28.77	:29.76	:30.71	:32.55	:33.75	:35.65	:39.85	:43.93	:56.33
100 Free	1:04.11	1:01.84	1:02.50	1:02.41	1:02.90	1:03.52	1:05.66	1:09.13	1:13.99	1:19.68	1:20.63	1:35.05	1:49.95	2:20.46
200 Free	2:26.91	2:21.87	2:20.20	2:17.55	2:20.91	2:22.17	2:27.68	2:36.04	2:48.72	3:01.62	3:09.60	3:41.06	4:23.56	5:39.97
400 Free	5:30.20	5:01.97	4:59.67	4:55.41	5:05.07	5:06.19	5:20.38	5:39.52	6:02.81	6:34.28	6:52.37	8:01.45	9:32.36	No Time
800 Free	13:20.29	11:23.77	11:02.98	10:28.71	10:45.34	10:52.91	11:12.10	11:43.78	12:45.25	13:55.26	14:08.70	17:02.42	20:08.15	No Time
1500 Free	No Time	22:22.96	21:16.65	20:56.68	20:47.55	21:01.01	21:26.73	23:52.17	24:42.25	27:37.97	28:47.64	32:44.70	40:36.90	No Time
50 Back	:35.15	:34.24	:33.23	:34.01	:34.05	:34.67	:35.45	:38.51	:40.30	:42.92	:45.11	:52.92	:55.98	1:09.70
100 Back	1:16.09	1:13.59	1:13.52	1:13.89	1:14.26	1:15.74	1:18.69	1:26.91	1:31.47	1:39.41	1:43.08	2:01.48	2:17.79	2:57.51
200 Back	2:54.41	2:44.16	2:46.17	2:43.57	2:45.69	2:46.72	2:53.02	3:11.88	3:20.07	3:42.15	3:49.45	4:20.11	5:03.32	6:45.80
50 Breast	:38.04	:35.63	:36.91	:36.71	:37.45	:37.56	:38.76	:39.83	:42.32	:46.69	:48.95	:53.05	1:02.01	1:21.36
100 Breast	1:27.27	1:22.09	1:20.94	1:21.16	1:24.30	1:23.87	1:27.84	1:31.95	1:36.37	1:48.05	1:50.50	2:02.54	2:30.67	3:07.45
200 Breast	3:43.95	3:06.69	3:02.02	3:01.26	3:06.99	3:08.69	3:12.67	3:24.79	3:34.66	4:00.61	4:14.33	4:29.75	5:36.77	No Time
50 Fly	:30.97	:30.10	:29.75	:29.97	:30.63	:30.80	:31.73	:33.45	:34.90	:39.15	:43.19	:53.81	1:20.53	No Time
100 Fly	1:11.40	1:08.70	1:07.79	1:06.81	1:10.25	1:10.24	1:13.18	1:19.98	1:25.07	1:40.08	1:58.04	2:39.96	4:17.90	No Time
200 Fly	No Time	2:47.19	2:47.61	2:37.75	2:50.32	2:46.47	3:03.83	3:36.32	3:37.51	4:40.83	4:41.11	7:30.70	No Time	No Time
200 IM	2:48.74	2:40.64	2:40.37	2:37.92	2:41.59	2:42.56	2:50.27	3:02.82	3:13.74	3:36.48	3:55.12	4:18.60	6:24.02	No Time
400 IM	6:52.64	5:56.46	5:57.63	5:53.62	6:00.52	5:57.69	6:13.52	6:51.46	7:05.15	8:03.54	8:29.82	11:47.90	No Time	No Time

Please see the USMS web site (www.usms.org) for the National Qualifying Times formulas

General Meeting

All swimmers, coaches, and officials should be represented at the general meeting at the Aquatic Center on Wednesday, August 10 at 7 pm. Matters pertinent to the operation and conduct of the meet will be discussed.

Time Verifications (formerly OVCs)

Swimmers needing verification of time(s) or wish their times to be entered into the USA Swimming SWIMS Database (for entry into USA-S national meets) should complete a form at the meet and prior to the swim. Contact the Administration Referee (Bob Brown) at the meet.

Social

The Nadadores Masters are planning a meet social lakeside at the beautiful Mission Viejo Lake. The social will include dinner and music. The social will be limited to the first 300. Tickets can be purchased in advance on this entry or at registration if available. Cost is \$25.00.

Gold Medal Sponsorship

Gold Medal Sponsors are recognized in the official program as supporters of Masters swimming, entitled to V.I.P. hospitality on deck, and receive a commemorative gift. Cost of one sponsorship will be \$50. Sponsorships are on meet entry form.

Meet Management

Meet Director: Mark Moore; Meet Referee: Ed Ruth; Admin Referee: Bob Brown

On-line Entry Procedure

On-line entries are encouraged. This method provides immediate confirmation that the entry has been received. To enter on-line visit www.usms.org/comp/ncnats05. Online entries will be accepted until midnight PDT on July 9, 2005.

Mail-in Entry Procedure

Use **official entry form** or a photocopy of the entire form. Read all instructions and fill out the form completely. **Incomplete forms or forms with "pending" in place of a USMS registration number will be rejected.** Foreign swimmers

must include a legible copy of their Masters registration card. Failure to include a Masters registration card may result in the swimmer being charged a fee before being allowed to compete. All U.S. entries must be postmarked with an official US postmark (no business meters) by July 2, 2005 OR received by July 9, 2005. Entries received after this date will be returned to sender. No telephone or email entries will be accepted. Mail entries early. Include a SASE (Self Addressed Stamped Envelope) with entry for proof of receipt. Do not send certified or overnight mail requiring signature. Allow sufficient time for mail delivery. Photocopy completed entry form and personal checks for your records and verification. **Mail to: Long Course Nationals, USMS National Office, 9 Wiley Hill Rd., Londonderry, NH 03053-3109**

Changing Club Affiliation

A USMS swimmer changing club affiliation prior to the meet must send either a USMS registration card or a letter from the local registrar with the new club affiliation and effective date.

National Qualifying Times

Competitors may enter a maximum of three (3) individual events without meeting the **National Qualifying Times (NQTs)** established for those events. Competitors may enter up to three additional events in which they have swum a time equal to or better than the NQTs in the past two years. **An NQT time is required to enter the 800 Free. You may enter both the 800 Free and the 1500 Free, if you meet the NQT in both events.** The NQTs for all events are listed above. Enter the date that NQTs were met in the "Date" column. There are no NQTs for the 90 and over age groups.

Entry Times

All events must include an entry time. "NT" entries will be rejected.

Number of Events

If you qualify, you may enter up to three individual events per day with a maximum of six events dur-

ing the meet. You may enter both the 800 or 1500 freestyle if you meet the NQT in both events.

Sixth Event Rule

If, in the opinion of the USMS Championship Committee, the meet is deemed too large to be run efficiently, every swimmer's sixth event will be dropped. If six events are entered, indicate with the number "6" your least desired event in the designated column. If no indication is given, the last event entered on the entry form will be dropped. No changes of the designated 6th event will be allowed after July 9, 2005. No refunds will be given for the dropped event.

Fees

Fees are \$4 per individual event plus \$38 surcharge per swimmer. Fees must accompany the entry form and must be paid in US dollars by check or money order. Do Not Send Cash. The entry is not complete until the check has cleared the bank. If there are questions about an entrant's check, full cash payment in US dollars will be required before the entrant is allowed to swim. Refund requests must be in writing and received by July 9, 2005. No refunds will be given for events not swum. The \$38 surcharge also applies to relay swimmers not entered in an individual event. Relay-only swimmers must submit an entry form with payment by the entry deadline. All fees should be payable to "United States Masters Swimming."

Relay Events

Relays may be entered at any time until 4:00 pm the day before the relay is scheduled to be swum. After that time, only the swimmers on the relay may be changed. Such changes must not affect the age group of the relay. The relay entry fee is \$12 per relay. Forms are available for downloading at www.usms.org

Questions?

Contact Mark Moore between 6 am and 10 pm PDT at (949) 489-1847 or coachmark@mastersmvmvswim.org

Mail entry and fees to:
Long Course Nationals
USMS National Office
9 Wiley Hill Rd,
Londonberry, NH 03053-3109

2005 USMS National Long Course Championships Official Entry Form

Marguerite Aquatic Center

Mission Viejo, California August 11-15, 2005

Sanctioned by the Southern Pacific LMSC for USMS, Inc. - Sanction number 335-021



Name* _____		*Print name as it appears on USMS registration card.	
Last	First	Middle Initial	
Address _____		Street	City
State	ZIP	Country	
E-Mail _____	Day Phone _____	Eve. Phone _____	
A/C		A/C	
Emergency _____	Age _____	Birthdate _____	Sex _____
Name	Phone No.	(on 12/31/05)	(Month/Day/Year)
Club Name or Unattached _____		USMS or International Reg. # _____	

BEFORE COMPLETING, READ MEET INFORMATION ON PREVIOUS PAGES.

Check-in is required for all events. For all Friday-Monday's events, check-in ends at 6 pm PDT the day before event is swum. For Thursday's events, check-in ends at 8 pm on Wednesday. You must check in THE DAY BEFORE.

Entries must be U.S. postmarked by July 2, 2005 or received by July 9, 2005

Event No.	Entry Time Women	Date	6	Event	Event No.	Entry Time Men	Date	6
Warm-Up 6:30-7:50am				THURSDAY, AUGUST 11, 2005	Start 8:00 am			
1/2				800 FREESTYLE**	1/2			
4				100 BREASTSTROKE	3			
6				50 FREESTYLE	5			
8				200 BACKSTROKE	7			
9/10	See Relay Form			200 MIXED MEDLEY RELAY	9/10	See Relay Form		
Warm-Up 6:30-7:50am				FRIDAY, AUGUST 12, 2005	Start 8:00 am			
12				400 INDIVIDUAL MEDLEY	11			
14				100 FREESTYLE	13			
16				200 BUTTERFLY	15			
18				50 BREASTSTROKE	17			
20	See Relay Form			200 MEDLEY RELAY	19	See Relay Form		
Warm-Up 6:30-7:50am				SATURDAY, AUGUST 13, 2005	Start 8:00 am			
21/22				400 FREESTYLE	21/22			
24				100 BUTTERFLY	23			
26				50 BACKSTROKE	25			
28				200 INDIVIDUAL MEDLEY	27			
29/30	See Relay Form			200 MIXED FREE RELAY	29/30	See Relay Form		
Warm-Up 6:30-7:50am				SUNDAY, AUGUST 14, 2005	Start 8:00 am			
32				200 BREASTSTROKE	31			
34				100 BACKSTROKE	33			
36				50 BUTTERFLY	35			
38				200 FREESTYLE	37			
40	See Relay Form			200 FREE RELAY	39	See Relay Form		
Warm-Up 6:30-7:50am				MONDAY, AUGUST 15, 2005	Start 8:00 am			
41/42				1500 FREESTYLE**	41/42			

Entry Checklist

- ☐ Entry form filled out completely?
- ☐ "Date" and "6" events clearly marked? ("Date" is for NQT's that have been met. Mark "6" only if entering 6 events.)
- ☐ Seed times in proper columns?
- ☐ No more than three events per day entered?
- ☐ Liability release signed and dated?
- ☐ Fees payable to "USMS" enclosed?
- ☐ Foreign Masters swimming registration card attached?
- ☐ SASE enclosed? (Indicate purpose on envelope.)
- ☐ Entry postmarked by July 2, 2005, or received by July 9, 2005, deadline?

QUESTIONS? Call (949) 489-1847 6 am - 10 pm PDT

****An NQT is required for the 800 Free. You may enter both the 800 Free and the 1500 Free, if you meet the NQT in both events.**

Internet Entries will be accepted starting 5/1/05. Please see www.usms.org for additional information.

Liability Release: "I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS."

Signature _____ Date _____

FEES:

Meet Surcharge (required for all events)	\$38
Number of Individual Events	x \$4
Final Results	x \$15
Social Event	x \$25
Gold Medal Sponsor	x \$50
TOTAL FEES ENCLOSED	_____

Check or money order payable to
United States Masters Swimming