Committee Name:Coaches CommitteeSession#:Report #:Committee Chair:Ken BrisbinVice Chair:Chris McPhersonMinutes recorded by:Molly HooverDate/time of meeting:March 20, 2023 5p PST

Roll Call

Number of committee members present: 16 Absent: 2 # of other delegates present: 6

Committee members present (list all, including chair and vice chair): Ken Brisbin (Chair), Chris McPherson (Vice Chair), Bill Brenner, Chris Campbell (VP), Steve Hall, Michael Hamm, Molly Hoover, Laurie Hug, Susan Ingraham, Cokie Lepinski, Jackie Merianos, Carol Nip, Aaron Schneider, Trey Taylor, Tim Waud, Celia Wolff

Not present:, BJ Graham, Wilson Josephson

Others present: Nadine Ford, Tom Murphy, Linda Irish Bostic, Nadine Day, Megan Waters, Virgil

Minutes

The meeting was called to order at 5:03pm Pacific Standard Time

1. Welcome! – The sub-committee list is out. Chairs should reach out to their sub-committee and discuss what that committee is responsible for.

2. Committee Reports -

- a. Web Workouts (Molly): Everything is running as usual.
- b. <u>Worlds Coaching (Tim):</u> Chad Durieux from Rose Bowl Masters has been selected as the World Championships Coach in Japan. He is actually there now and does speak Japanese, was 2011 Coach of the Year, and a great choice for this meet!
- c. NCC (Trey): Nothing new to report.
- d. Awards (Laurie): Thank you Laurie for stepping up to chair this committee!
- e. <u>Education (Bill/Chris M):</u> There is a class this weekend in New Jersey with 30 in level 2 and 30 in level 3, along with 12 in the Clinic Course for Coaches. Next month will have classes in Atlanta and the following month in California. Scheduling for fall: Sacramento and Boston.
 - i. <u>Susan:</u> Going forward, do you have specific parameters as far as offering something in each area of the country, or various levels offered throughout the year?
 - 1. There is a budget for how much we are allowed to offer. Dawson would like to see all classes scheduled with the backing of an LMSC or a club. We are trying to make it regional so it's convenient for as many people as possible. We are looking at where the demand is and where a host will support this.
 - ii. <u>Celia:</u> Wondering if there is a process where an LMSC could get a list of newly certified coaches so they know who they should be reaching out to.
- f. <u>Level 4 Applications (Tim):</u> Nothing to report tonight. Will get moving forward and figure out dates on deadlines and information.

- g. <u>Communication (Molly Hoover):</u> Let Molly know if there is anything you would like shared with the LMSC Coaches Chairs.
- h. <u>Mentoring (Chris M):</u> All matchups are completed, except for one with connectivity issues. Surveys have been coming back and information is being compiled. Will meet with subcommittee to discuss, then will set up a structure for this year, which may have changes.
- i. On Deck Coaching (Michael): On-deck coaching slots are about half full. Because we have 2 competition pools, we need more coaches. Please continue to recruit and get more coaches to help, especially during the breaks.
- j. <u>Long Distance (Michael):</u> Long distance is working on rules, section 3. This is mostly about swimwear. They are still nailing down the 2024 National Championships. All of the 2023 championships are slated for both open water and virtual. The one hour was completed in January and about 800 people completed it, which is awesome!
- k. <u>Peer to Peer (Trey)</u>: We did have a call last Thursday that went very well. Sixteen on the call on Generational Coaching. Slides and video will be shared. We are still looking for ideas for upcoming calls. If you have any new ideas let Trey know.
- l. <u>Coaches Community Forums (Susan</u>): Susan makes a posting every 2-3 weeks. The most recent was regarding underwater video analysis, as well as St. Patrick's Day workout ideas. Bill has also been posting job openings across the country. The ALTS forum could use some discussion. We are still working to make it more accessible by eliminating the \$30 Coaches designation to have access to the forums. Also, need to have easier access to find the forums, such as using social media or a more direct link.
 - i. Coaches (on this call) are having trouble finding this page.
 - ii. Susan will reach out to the NO regarding the Coaching Designation stipulation for accessing the page.
- m. <u>Diversity (Wilson)</u>: The DEI committee is working toward presenting Code of Conduct for teams at the Relay. They have also spent time identifying goals including making the DI role in the LMSC more robust.
- n. <u>ALTS (Michael):</u> We have a certification class in Fresno in late May. We have another in Boston in the fall. We are working with zone chairs to get leads on who is successful with ALTS and how they could be mentors to those who may need a mentor.
- o. <u>Awards Updating COY and KOB (Laurie)</u>: Submitted 2 Coach of the Year bios and 2 Kerry O'Brien bios to Ray. Still working on tracking down old applications to get the info needed.
- 3. **Old Business** Club and Event development program. We are getting close to starting this. Kenny needs your support: In 2 weeks (April 3) we will have another (shorter) phone call to finalize the structure and discuss roles.
- 4. **New Business** Carol Nip A committee comprised of Chris Wagner, Marcia Benjamin and Carol found that communication is not really getting to our coaches. This is rooted in the registration process each year. This is an area we see that can be greatly improved. They reached out to the top 10 clubs and 158 people said they are self-identified coaches, but in reality 38 people were on the pool deck.

- a. We would like to see a mandatory requirement for actual, on-deck coaches in which they give their name, email, certification, and role on the yearly registration.
- b. This could also possibly be something that is done when the club is registered each year.
- c. They are also finding that some coaches are not registered with USMS at all. This is a liability issue for all swimmers in the water and anyone visiting.
- 5. Rule changes Backstroke finish rule: Now allowed to dive under at the flags (last 5m/5yds) and finished submerged. Teams are starting to work this into their training and see what might work best. So far, coaches on this call are finding one arm up dolphin kick seems to work better than streamlined or with flutter kick.

6. Final Roll Call

The meeting was adjourned at 6:03pm Pacific Standard Time.