Committee Name: Coaches Committee Session#: Report #:

Committee Chair: Ken Brisbin Vice Chair: Chris McPherson

Minutes recorded by: Molly Hoover Date/time of meeting: November 14, 2022 5p

PST

# Roll Call

Number of committee members present: 16 Absent:1 # of other delegates present: 1

Committee members present (list all, including chair and vice chair): Ken Brisbin (Chair), Chris McPherson (Vice Chair), Scott Bay, Chris Campbell (VP), Donita Flecker, Michael Hamm, Molly Hoover, Laurie Hug, Susan Ingraham, Wilson Josephson, Elise Shank, Trey Taylor, Tim Waud

Not present: Bill Brenner, Steve Hall, Terry Heggy, Carol Nip

**Others present:** Nadine Day

## Minutes

The meeting was called to order at 5:03 p.m. Pacific Standard Time

### 1. Welcome!

# 2. Committee Reports -

- a. <u>Web Workouts</u> (Molly): We have hired the triathlon coach for 2023, Christine Maki! That completes our roster for next year. We will be looking for a new group of coaches next October/November to staff for 2024.
- b. Worlds Coaching (Tim): Fina released time standards for World Championships, which are Aug 2-11, 2023 in Japan. In the next couple of weeks, Tim will send a blurb to Streamlines for Coaches announcing that they are seeking a coach for this meet with an emphasis on being able to speak Japanese. Hopefully, a coach will be hired no later than the end of February.
  - i. Kenny had a conversation about more branding for our swimmers who go to Worlds. Maybe a banner, polo shirts, etc. Tim talked with Dawson about this already and some things are in the works for branding for coaches. He is also going to work on having something for swimmers available on Swim Outlet.
- c. NCC (Trey): Had a few logistical issues at the hotel, but everything overall went off very well. The issues that came up were addressed with the National Office staff. Everyone seemed happy with the variety of speakers and content. The only complaints were airfare and hotel costs, which were beyond our control.
  - i. It would be possible to achieve a lower price if the clinic was also offered as a hybrid model as convention is doing. We could have an option just to jump in on the presentations via zoom or YouTube.
- d. <u>Awards (Elise):</u> The subcommittee discussed developing a better rubric for deciding on the awards. This year's pick was pretty much unanimous, but in case someone questions the decision, it would be nice to have something concrete to fall back on. Scott said in the past they have done a wholistic approach, but a rubric is a good idea. Possibly have a "sample" application, as well, for an example so all submissions are complete. RJA awards have a google doc that they use, so that past award winners are able to weigh in.

- e. <u>Education (Bill/Chris M):</u> Coach certifications for Levels 2 and 3, and the Stroke/Coaches clinic, are shaping up nicely for the first half of 2023. There is one more offering in 2022 in San Jose in December.
  - \*The Committee is wondering when USMS will be updated with those 2023 offerings. \*What does "shaping up nicely" mean? Are we paring back a little so that we are not overwhelmed?
- f. <u>Level 4 Applications (Trey):</u> Next year it will be open at an earlier date than this year, but that was the only issue we had.
- g. Communication (Molly Hoover): Nothing new.
- h. Mentoring (Chris M): For the 2022 program, we ended up with 11 mentees. Kenny and Chris interviewed each of them to gain insight on which mentor would be the best fit. Everyone is now matched up, and the meetings are being scheduled now. Some matchups will be in person right away, while others will start via Zoom and continue inperson, as needed.
  - i. Mentors: please make sure that you sign and send back the contract.
- i. On Deck Coaching (Michael) Nothing new right now. Spring Nationals are in Irvine, and information will be up and running by the end of December.
- j. Open Water (Michael): Nothing new to report.
- k. Publications (Terry): Nothing new to report.
- l. <u>Peer to Peer (Trey)</u>: We had four solid calls this year, and that is a good target moving forward. We would love some new ideas and perspectives for next year.
- m. <u>Community (Susan</u>): Susan has been trying to keep things current and active, and she has been posting different topics every 2 weeks. However, not many people actually visit the site. Maybe people have a variety of ways to receive the same information? Social media/FB groups? The coaches pay scale discussion is the most looked at thread.
  - i. A lot of questions posted are regarding health, nutrition, etc., which already have their own page. Should we move things that concern injury, food, etc., over to nutrition or health page?
  - ii. Chris Campbell will check if there is someone else working on those pages with whom Susan could work to decide where those things should go.

Before the next call, all committee members should go to this page and add a comment/helpful info to help these topics get traction.

- n. Sports Medicine (Terry): Nothing new.
- o. <u>Diversity (Wilson)</u>: The committee is looking at educational opportunities for next year. They want to set up a conversation around writing a Code of Conduct for your club, and they want to hear from coaches on that subject. Wilson will check with this group about what makes a good code of conduct to help with the discussion.
  - i. There is also an article in a swimmer magazine around 2 years ago, as well as a past peer to peer regarding Codes of Conduct.

- p. <u>ALTS (Michael):</u> An ALTS certification class was hosted by Oregon LMSC last month. Michael is thinking about having them do a webinar on how to host, as they did an amazing job! 21 took the ALTS class and 12 were in the Level 3 certification class.
  - i. ALTS grant applications are open now. Window closes somewhat quickly (Dec 15), so jump on it if you would like to request funding. Be very specific in the application. The foundation is funding ALTS, as well as youth programs, so there is a lot being given away.
  - ii. <u>Find out if the ALTS clinic has to be attached to a certification class, or if it can</u> stand alone.

## 3. Old Business -

- i. Try Masters Swimming Stats- Kenny will hit up Kyle to find out numbers from Iune.
- ii. Communication to Coaches Chairs and Coaches Next year, we are planning to do calls with chairs and coaches within the LMSC. Each committee member will take a zone or section and contact them and set up these calls. Be prepared for this endeavor, as it is an important initiative to reach out and see what coaches need, what we are doing, what we are not doing, etc.
- iii. Awards page We would like this webpage updated with info on past winners; Laurie has offered to take that on.

## 4. New Business -

Susan brought up an issue at one of her pools where due to USA Swimming Safe Sport's Initiative, the masters team was told it couldn't be in the same pool as a USA Swimming kids team. Following the meeting, this situation was brought to the department of Safe Sport where Susan was assured it was not a violation of these rules because Masters swimmers are not under the governance of USA Swimming. Masters, lap swimmers, and other adults using facilities **are allowed** to be in the same pool and facility as a kids team without needing any training or certifications from USA Swimming or Safe Sport.

### 5. Final Roll Call

The meeting was adjourned at 6:05 Pacific Standard Time.