## **Changing Your Password For the FLOGs**

Use this procedure if you want to change the password that you use for the FLOGs.

Go to http://www.usms.org. First log into your FLOG by clicking the "MyUSMS" link in the upper right corner of the screen:

Membership My USMS Forums Blogs Search	Choose "MyUSMS"
Login to My USMS	
Username: Demo User  Remember Me? Password:	Log in with your current password
Login	

Once you're logged in to your FLOG, it's time to change your password. Choose "Forums" from the upper right corner of the screen.





Edit Email & Password			Enter your current password	
Enter your present password to continue:	You must enter your current password if y	Jou wish to cha	ange your password or email ac	ldress
Edit Password (Optional)			Enter what you want	
New Password: Confirm New Password:	Enter a new password for your user accou	int. Note th	to use for your new password; then enter it again to confirm	
Edit Email Address (Optional)				
New Email Address:	Speedo@usms.org	Click S Change	ave s"	
Confirm New Email Address:	Speedo@usms.org Enter your new email address here. You m		receive enter sent to this addr	ess.
			Save Chang	les