To: The Election Committee and to the USMS House of Delegates

Re: Nomination Statement and Letter of Reference for VP of Community Service Candidate Laura Winslow

Date: May 14, 2011

I would like to nominate Laura Winslow for the position of USMS Vice President of Community Service. I have known Laura since 2003 and have worked with Laura on the Compensation and Benefits Committee. Laura was a previous Board of Director and has an understanding of the policy making of the Board and will be able to immediately step into the role on the Board and have oversight of the coaches, fitness education, and sports medicine and science committees.

Laura has evolved and is a willing volunteer that is passionate about the organization. She has committed herself to organization and wants to become more involved. After her term ended at the national level, she has been working on the local level. Along with the Arizona LMSC, Laura made a great impact on making the 2011 USMS Short Course Nationals a success. She showed tremendous organizational skills with having oversight of the registration process, awards and coordination of swimmer's inquiries.

I am confident that Laura Winslow will be a strong candidate for the position of USMS Vice President of Community Service.

Swimcerely,

Nadine KM Day

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To: Rob Copeland

Elections@usms.org

From: Tom and Carolyn Boak

Letter of Recommendation Laura Winslow

Carolyn and I are writing this letter is support of Laura Winslow for the position of Vice President, Community Services.

In my role as a member of the Board of Directors, I had the chance to work with Laura in her role as Member at Large. It is important that Board Members have a wide variety of viewpoints and opinions, and I believe that Laura consistently brought fresh ideas. She also was proactive in taking a leadership role in areas where she had expertise. She frequently volunteered to serve on difficult and time-consuming committees, such as chairing the first executive director search committee.

At Board meetings, Laura was an excellent participant in group discussions. She spoke up at the right time and with the right amount of words: she was concise and clear in any opinions she offered. Other members of the Board were pleased to have someone with Laura's financial expertise when new or costly projects were under discussion.

In addition to Laura's work on the USMS Board of Directors, she brings a variety of Masters experience which will benefit the new Executive Committee. She served in her LMSC as chair of several committees and enjoyed helping organize two Masters National meets. The Vice President of Community Services needs to have a strong background at the local level if she is to understand what services US Masters needs to provide. Laura has been a coach at both the Masters and High School levels. We are excited that we can support a person who is very aware of the needs of Championship meets and who understands the key role that Masters coaches provide in making our organization vital.

Finally, one of the most significant aspects of Laura's personality is that she is not afraid to voice controversial opinions when she believes it important. The Executive Committee needs strong personalities who can bring up different aspects of a difficult issue. Again, we are proud to recommend Laura Winslow for Vice President of Community Services.