



# SWIM-MASTER

VOL VI - No 5

USA NATIONAL PUBLICATION FOR MASTERS SWIMMERS

JUNE - JULY 1977

## NATIONAL A.A.U. MEN'S AND WOMEN'S SHORT COURSE MASTERS SWIMMING CHAMPIONSHIPS



Just completed was the 13th National Masters Swimming Championships held on May 13-15 at the Swimming Hall of Fame Pool in Fort Lauderdale. There are three people who have competed in all 13 Championships (pictured above) - Hamilton Anderson, Mildred Anderson and Ransom Arthur. Congratulations to them and hopefully they will compete in many more. This was the 8th Short Course Championship and the third one held in Fort Lauderdale. Many thanks to all of the swimmers who competed and made it such a great meet! All 611 of you - 393 men and 218 women. It took many hours of preparation and my thanks to son Larry who helped organize those thousands of IBM cards. Daughter Janice came early and helped with the banquet tickets and programs. One of the most important people at any meet is the announcer and many thanks to David Beardsley who came all the way from Minnesota to sit at the mike. And then there were two great head timers Betts Higgins and Enid Uhrich - and our thanks to them. We managed to get the meet started and finished with these and many more volunteers. But we must not overlook that superior being who brought the rains those three days before the

meet - just to cool the water - let the sun shine for three days during the meet, and waited until Monday for the Power Shortage!

All complaints registered were handled - one way or another. Our apologies to anyone we offended. If you are wondering why we swam the women at the same end (no scoreboard) there are several reasons: 1) we did this the previous two times (before scoreboard) because the women's locker room is on the west and the men's locker room is on the east; 2) it saves on confusion; 3) there were so many more men entered that it seemed reasonable to use the scoreboard for the majority. The water was 77° on Thursday. It is impossible to keep a constant water temperature in an outdoor pool. Some like it hot and some like it cold! Hopefully, you all had enough rest between races. If not, I would suggest that you enter different events in future meets.

This was the first time that we tried an optional banquet. I was delighted that over half of the participants were in attendance at our social event. However, it was neither the right time nor the right place for political leaflets!

I must apologize for the misunderstanding about the pool on Thursday. I have a letter from the Aquatic Director giving us the use of the pool for four days. But, the new pool supervisor saw fit not to honor the commitment and charged everyone \$1.00 to use the pool. He was going to charge at night but that got straightened out before Thursday evening came.

It seems to me that swimmers could get into the right lanes in the right heats! Everytime a swimmer is not in the right lane in the right heat it just compounds the problems in the office. Next time - if you miss your heat you will not be allowed to swim the event! So make sure you get in the right place at the right time.

In all of our AAU Swimming Programs, there are no rules for duplicate awards. I have brought this subject up at several National Committee meetings but nothing was forthcoming. The most difficult part of running a National meet is getting out the results of each event and keeping track of the winners for receiving one patch. Duplicate awards would only add to the confusion. Not everyone helping at the meets is familiar with Masters swimming.

Please check the results carefully and if there are any known mistakes (i.e., you didn't swim the event) please let me know. I have mailed out all medals that were left. If for some reason you didn't receive yours, please let me know. I will keep the IBM cards and machine tapes until June 30th.

Many thanks for all of the very nice letters - such as: "I would like to thank you for your efforts, once again, in putting together, organizing and running so fast, fun and fantastic a National Championship meet. I admire your effuse energy in keeping our Masters program going full tilt...with all the meets you've sponsored, all the publications and record listings you publish, and all the millions of tedious jobs and hours it takes in doing what you do so well. I appreciate and thank you. ...Again, my sincere thanks for your efficiency and enthusiasm in support of Masters swimming."

● WHAT MAKES WILLY SWIM? West Cliff lady wanted to make the year she was 60 the most successful to date—and splashed out with new times and wins galore. Her next ambition? To break a record of her own making. Echoes ..... 12

Tuesday, April 12, 1977

## BOES·ECHOES·ECHOES·BOE

### Everything goes swimmingly for Miss Willy



Miss van Rysel with some of the trophies she has won over the years.

Rysel completed in 1976 included a seven-and-a-half mile Ullswater Lake solo attempt which she completed in just over four-and-a-half hours. She is the oldest swimmer ever recorded to have completed that swim. She completed the BLDSEA Torbay championship swim of eight miles, was first in the association's championships in Coniston Lake—swimming three and a half

miles in just under two and a quarter hours, and had two notable cross - Solent successes. She broke the women's over-60 record for the four-and-a-half mile swim from Ryde to Southsea in just under two hours and created new women's over 40, over 50 and over 60 records for the swim from Southsea to Ryde in three hours, four minutes and 38 seconds.

Other successes included four first places in short-distance events for those over 55 in the Oter Swimming Club Masters Tournament. Not content to rest on her laurels, Miss van Rysel is planning an attempt on her own record for the Southsea to Ryde swim on her 61st birthday in July. "I am hoping to swim it in under three hours," she said.

DOING Bournemouth proud on a national level in promoting the town's health and sporting image is marathon swimmer Miss Willy van Rysel who at 60 has just had her most successful year.

Miss van Rysel is a long-distance ace who swims across the Solent and up and down the Westmorland lakes with almost nonchalant ease.

And, I have to confess, at a fraction of the effort it would take me to flounder out to the end of Bournemouth Pier and back.

Congratulations are the order of the day for her because she has just been awarded the British Long Distance Swimming Association's Fred Slater trophy for the woman swimmer of the year.

It goes to someone who in the association's opinion has achieved more than anyone else having regard to age and types of swim tackled.

Miss van Rysel, who lives in West Cliff Road and is married to an eye surgeon, told me: "I never thought I would get it because there are so many strong young swimmers. It came as a big surprise and, of course, I am very, very pleased."

"Having passed my 60th year I wanted to make it a good year and all the swims I had planned were successful. I had no failures at all."

Swims the Intrepid Miss van

## A Medal for Kacey



KACEY CONWAY

The top woman swimmer of the area, Kacey Conway, is shown relaxing between her duties as the St. Vincent Hospital Physical Therapist. Kacey sees up to 25 patients a day at the hospital and in addition teaches therapy in a swimming pool to handicapped youngsters.

She also backpacks, mountain climbs, skis, plays ball and practices swimming 12,000 to 15,000 yards weekly.

swimming in a 50 meter pool. The local pool is a 25 yard pool and competition in this size pool is called a Short Course. Kacey competed in April, 1976, in the Regional Short Course Championships held in Denver and she reported that she "won lots of third places." In May she participated in the National Short Course Championships held in California and won five 10th-places.

There is probably no one in Leadville as enthusiastic about swimming and its benefits as is Kacey Conway. She said that swimming can be a big thing in Leadville. She personally teaches swimming to physically handicapped persons who need physical therapy using the pool two mornings weekly. Presently in her program are three kids between the ages of 10 and 14. She works with each of them individually for one half hour each session and has been doing so ever since the pool opened. The number receiving such therapy depends on the referrals from the doctors. Before coming to Leadville Kacey participated in similar therapy sessions for children in Boulder and at Fitzsimmons Hospital.

She is equally enthusiastic about the Masters program and would like to get such a team established in Leadville. Great for persons over 25 she emphasizes that persons can swim all of the life. She noted that persons in the Master's

program swam 1,800 yards in competition with no problems. She further cited one lady who is 84 and so crippled by arthritis that she had to be helped in and out of the pool. But in the water she swam like the proverbial fish and had no problems and was never in any danger. A person can be active in a swimming pool almost all of their entire life.

In the National Masters Long Course swim meet the swimmers ranged in age between 25 and 83 and were just about evenly divided between men and women. Kacey emphasized the health value of a good swimming program for individuals and especially cited its value for sufferers from arthritis. She said that it keeps the joints mobile and muscles strong. It helps the looks and strengthens the physical well being.

Finally Kacey stated her conviction that she feels that there is a good potential in Leadville for others to reach the competitive level for swimming in Masters competition. She herself competed in the 1972 events in California on a team that took second with her individual results being four 5th-places. She took a third place in the 1975 finals in Florida.

Kacey Conway emphasized that it is a lot of work to compete but well worth it. In addition to swimming she likes to backpack, climb mountains, play softball, do downhill and cross country skiing.

## Figure Out Exercise You Need

There's no way around it. If you want maximum benefit for your heart from exercise, you have to make your body do a lot of work.

How much is a lot? The American Heart Association answers the question this way. On three nonconsecutive days a week, you should exercise so that for at least 20 minutes, your heartbeat climbs into a "target zone" of between 70 and 85 per cent of your maximum attainable heart rate.

If you stay below this rate, you won't strengthen the heart. If you go above it, you will get very little extra benefit, since the blood can't transport oxygen fast enough at that pace.

Here are the heartbeat rates you should strive for during exercise:

- Age 25 — 140-170 beats per minute.
- Age 30 — 136-165.
- Age 35 — 132-160.
- Age 40 — 128-155.
- Age 45 — 124-150.
- Age 50 — 119-145.
- Age 55 — 115-140.
- Age 60 — 111-135.
- Age 65 — 107-130.

These "target zone" figures are based on normal values that medical science has determined to exist in the American population.

To find out if you're attaining your proper level, use a trial and error method. After you're into about five minutes of the most vigorous phase of your exercising (you should have a warm-up period first and a cool-down at the end), feel your pulse in the big arteries that run up the side of your neck. Count the beats for 10 seconds, then multiply by six. Don't count for any longer, since the fall-off is too fast. Then adjust your exercise intensity as necessary to reach the right heartbeat rate.

Some kinds of exercise, of course, provide cardiovascular benefits more dynamically than others. According to the American Heart Association, here's how a sampling of sports shapes up. They are rated by "Mets," which means a multiple of one's resting energy. In other words, if an activity is rated at two Mets, you'd be burning calories at twice the rate you would if you were just lying down. The higher the Mets, the better the exercise is for you.

2-5 Mets — walking at 2 m.p.h.; golfing with a power cart, canoeing at 2½ m.p.h.; horseback riding at a walk.

3-4 Mets — bowling; golfing while pulling a cart; horseshoe pitching; archery; sailing a small boat; noncompetitive volleyball.

4-5 Mets — table tennis; social singles badminton; doubles tennis; golfing and carrying your own clubs; many calisthenics and ballet exercises.

5-6 Mets — walking at 4 m.p.h.; bicycling at 10 m.p.h.; ice or roller skating; horseback riding at a trot; stream fishing in light current.

6-7 Mets — singles tennis; water skiing; competitive badminton; light downhill snow skiing.

7-8 Mets — jogging at 5 m.p.h.; bicycling at 12 m.p.h.; horseback riding at a gallop; vigorous downhill snow skiing; basketball; tough football; paddling.

8-9 Mets — social squash or handball; fencing.

10 Mets and above — running over 6 m.p.h.; snow skiing cross country at 5 m.p.h.; competitive handball and squash.

NOTE: Physicians have been unable to arrive at Met values for swimming. Small differences in speed make big differences in cardio-vascular exertion. Vigorous swimming is, however, considered excellent exercise.

— GERALD STORCH

# From 25 to 83, They Feel Younger, Fitter Competing In Masters Swim Championships

By PAT DOOLEY  
Staff Writer

June Krauser will have a chance to get even with her mother this weekend in the Short Course Masters Swimming Championships.

"Mom says I'm making her swim because she made me swim when I was little," said Krauser, the meet's director. "It may look like my revenge but I think she'd be swimming anyway."

June's mother is 73 years old, one of 1,500 elderly swimmers who will be competing at the Hall of Fame pool tomorrow, Saturday and Sunday.

They won't be just competing, though, they'll be socializing, too.

"I run into people every year that I haven't seen in ages," she said. "It's great to see a lot of people I use to compete against. But we meet new people too. It's a great form of friendship."

It's also a great way to get exercise and stay in shape.

"I had a man tell me my legs haven't wrinkled in the back like most women's do when they are my age," said Krauser. "I guess that means I'm fit."

"Most of this group is though. We've had guys who had high blood pressure when they started who don't

have it now. And one man in 1973 had a heart attack at the meet. He would have never survived if he wasn't a swimmer. And he still swims."

Then there's Nellie Brown of Washington, D.C., the oldest entrant for the meet which begins tomorrow at 9 a.m. She is 83 and when Mrs. Krauser met her, Brown was on crutches.

She will be swimming in the 100 backstroke and 500 freestyle in the over 65 age group.

A total of 611 swimmers have signed up for this year's meet which is divided up into 12 groups ranging from the 25 to 29-year-olds to Nellie Brown.

"But there's no generation gap," said Krauser. "Even on our club (the Gold Coast Masters which includes Palm Beach, Broward and Dade swimmers) we have 25-year-olds and then we have mom. And we all get along very well."

"It's just a great way to get exercise and many of us who work inside need some sort of recreational activity. This way we don't need a tennis or golf partner, only water."

The Hall of Fame Pool is hosting the meet for the third time in the last four years. Last year's meet was held in Mission Viejo, Calif.

With the meet being held here, Krauser may have a home pool advantage when she tries her luck in her specialties. When she isn't trying to keep things running smoothly, she'll be swimming in the 1,650 freestyle, 50 butterfly, 100 butterfly, 200 individual medley and 500 freestyle.

More than 20 former Olympians are entered along with as many national champions including Krauser who was the National AAU champ in the 220 backstroke back in 1943.

Local swim clubs and teams will supply the personnel needed for timers, starters and referees including the Fort Lauderdale Water Polo Club, Coral Springs Swim team and the Pine Crest School Swim Club.

# CHAMPIONSHIPS

May 13, 14, 15, 1977

Friday, May 13, 1977 THE MIAMI HERALD



— Photos by BOB EIGHME/Miami Herald Staff

## Master Swimmers

More than 600 persons ranging in age from 25 to 83 began competing at 9 a.m. today in the National AAU Men's and Women's Short-Course Masters Swimming Championships at the Hall of Fame pool in Fort Lauderdale. Among the entrants are Pompano Beach's Gaither Rosser, right, a member of the 1952

U.S. Olympic team, and Fort Lauderdale's June Krauser, left, the meet director and a 1943 National AAU champ in the 220-yard backstroke. Nearly 100 clubs, made up mostly of former national champions, are entered in the meet, which continues Saturday and Sunday at 9 a.m. The Gold Coast Masters Swim Club, with about 60 entrants, is the host.

Fort Lauderdale News and Sun-Sentinel, Sunday, May 15, 1977

# 39 Records Fall In Masters Swim

Rose Caplane of the Gold Coast Masters swim team set a national age group record in the women's 100 backstroke event yesterday in the National AAU Short Course Masters Championships at the Hall of Fame pool.

Mrs. Caplane's mark was one of 39 set during competition yesterday. Swimming in the 70-74 age group, Mrs. Caplane completed the distance in 2:15.94.

Others setting records in the women's 70-74 bracket were Marion McKechnie of St. Petersburg in the 200 backstroke (4:34.67), Sylvia Bailey in the 50 butterfly (1:11.30), 200 freestyle (4:18.56) and 200 individual medley (4:59.06).

In the 75-79 group, New England's Doris Hogan set records in the 100 breaststroke (2:34.07) and 200 freestyle (5:00.19).

Susan White of Jacksonville set a mark in the 30-34 division with a 2:12.15 in the 200 freestyle.

In the men's category, Burwell Jones of the Sun Coast Masters team in Sarasota, set a record in the 200 backstroke in the 40-44 bracket with a time of 2:15.89. In the 75-79 group, Sig Langner of Merritt Island set a mark in the 200 backstroke with a 6:13.44.

Connecticut's Jack Geoghegan set three records in the 35-39 group. In the 100 freestyle he swam a 50.41, in the 50 butterfly a 25.22 and in the 200 freestyle a 1:52.72.

In the 40-44 division, California's Ed Hinshaw set marks in the 100 freestyle (51.74) and the 200 freestyle (1:53.32). In the 65-69 bracket, Reg Richardson of Santa Barbara was also a double winner. He set national records in the 50 butterfly (34.78) and 100 breaststroke (1:26.63).

New Jersey's Art Hargrave set records in the 70-74 group with a 1:11.94 in the 100 freestyle and a 3:10.79 in the 200 backstroke.

Action continues today at 9 a.m.

## Krauser Sets Swim Mark

June Krauser of the Gold Coast Masters Swim-Team set a national age group record in the women's 1,650-meter freestyle event as the National AAU Short Course Masters Championships began yesterday at the Hall of Fame pool.

Competing in the 50-54 group, Mrs. Krauser swam the distance in 24:19.11.

Three Gold Coast Masters relay teams also won their events, including the men's 45-54, 200 freestyle squad which set a record of 1:41.52.

Also winning were the 35-44 women's team in the 200 freestyle with a clocking of 2:00.54, and the

45-54 women with a time of 2:16.80 in the same event.

Others setting records included Jane Katz of New York in the 30-34 women's 1,650 freestyle (20:22.80), and Marion McKechnie of St. Petersburg in the event's 70-75 group (24:19.11).

Action continues today at 9 a.m.

# Swimming Record-Breaking Exercise for Men

By SUSAN SHACKELFORD  
Herald Sports Writer

In the late 1960s when Herb Kern was smoking three packs of cigarettes a day, he decided to make a splash in breaking his habit.

The splash was reserved for the swimming pool. A former swimmer at the University of Miami, Kern decided to revive his talent by joining the AAU Masters swimming program, a competitive, age-group classification begun in early 1972. The Masters is limited to men and women over 25 years old.

And this past weekend, he joined three others in setting a national record for men 45 and older in the 200-yard freestyle relay. The three-day National Masters meet was held last weekend at the Hall of Fame pool. It drew over 600 entrants from more than 100 swim clubs.

ALTHOUGH Kern and company — Fort Lauderdale's Bill Moffit, Hollywood's Tom Whiteleather and Miami's Dan Malone — provided the only men's record for the local club, the Gold Coast Masters, 70-year-old Rose Caplane set three national marks, in the 100 backstroke (2:21), 100 breaststroke (2:19.9) and the 200 breaststroke (5:07.2). The only other Gold Coast national record setter was meet director June Krauser in the 1650 freestyle (24:19.1). The 200 free relay mark was a 1:41.52, breaking a 1:42.32.

But for Kern, swimming has been more than just records. "I had



Dan Malone  
... winning team



Bill Moffit  
... men's record



Herb Kern  
... aids health



Tom Whiteleather  
... loses weight

quit (smoking) a thousand times," the 45-year-old Kern said. "Swimming helped relieve the tension that the cigarettes (caused)." At first, Kern would jog one to three miles a day, but found it too hard on his joints. "Swimming exercises every muscle in the body, as well as, your cardiovascular (heart)."

Yet, Kern said he wouldn't have kept up his swimming — 2,000 yards about four times a week — if it hadn't been for Masters. After

he swam two years at both the Universities of Iowa and Miami and then two years for a Bainbridge (Md.) Naval Training Center club, Kern said, "I had been competing 10 years, but where was I to go. The only incentive was physical fitness and when you're 22 or 23 and you think 'you haven't gone to hell — so you feel like you never will,'" he said.

RELAY teammate Whiteleather

became involved with Masters swimming to help solve his weight problem. A national champion in the 50 and 100 freestyle while at Ohio State, Whiteleather gave up the sport for 15 years before and found himself over 20 pounds heavier than he wanted to be.

Although he tried a "starvation" diet and lost 50 pounds in only two months, the 46-year-old aerial photographer developed a dislike for

food. He then came down with mononucleosis and resolved he needed exercise more than dieting.

"It was insanity," said Whiteleather, who had dropped from 223 to 170. "Masters spurred me on because there were a couple of guys I had competed against in college who were in it. They looked absolutely fantastic. I knew if they could do it, I could too."

But if fitness is the big selling point of Masters swimming, what about the record? "It's really fantastic," Whiteleather said. "I think they mean more to you as you get to be an old man. Your workouts are harder to do. It's harder to get in shape."

The Masters program began with a national meet in both 1970 and 1971. But the chief organizer, Dr. Fansom J. Arthur, an associate professor at the UCLA Medical School, received AAU backing in 1972. Kern and Whiteleather are among the many who wish it would have begun even earlier.

"It (Masters) means a lot," Kern said. "It gives you a great deal of satisfaction and achievement."

The Miami Herald

Tuesday, May 17, 1977



NATIONAL A.A.U. MEN'S & WOMEN'S SHORT COURSE  
MASTERS SWIMMING CHAMPIONSHIPS  
SWIMMING HALL OF FAME POOL -- FT. LAUDERDALE  
May 13-15, 1977

WOMEN 25-29

50 YARD FREESTYLE

1	Ellyn Morris	27	DCM	25.24
2	Mary Bennett	27	IM	26.22
3	Susan Byrne	26	MNMY	26.30
4	Dale Barnhard	29	DCM	26.76
5	Deborah Itlis	25	SMS	27.04
6	Jacqueline Thompson	29	NMST	27.67
7	Christie Slimak	29	CONN	27.79
8	Molly Dittmann	26	IM	27.83
9	Sue Tandy	28	IEA	28.48
10	Susan Huber	25	SPRD	28.59
11	Nancy Soule	25	GCM	29.29
12	Sue Peacock	26	NFM	29.39
13	Martha Rose	28	SPRD	29.66
14	Marian Borken	27	NMST	30.02
15	Molly Magill	27	RHM	30.81
16	Virginia Hamilton	25	SSY	30.91
17	Jan McNeill	27	AMJ	31.09
18	A. Garmeyer	26	MVM	32.81
19	Barbara Knollman	25	GCM	35.39
20	Kandace French	26	SMS	36.16
21	Diane Gulher	27	OHIO	36.71
22	Ellen Maloney	28	JM	38.45

100 YARD FREESTYLE

1	Ellyn Morris	27	DCM	57.41
2	Susan Byrne	26	MNMY	57.87
3	Mary Bennett	27	IM	57.88
4	Ann Graham	26	AMJ	59.23
5	Deborah Itlis	25	SMS	1:01.81
6	Christie Slimak	29	CONN	1:01.81
7	Molly Dittmann	26	IM	1:02.63
8	Jacqueline Thompson	29	NMST	1:02.83
9	Sue Tandy	28	IEA	1:03.73
10	Nancy Soule	25	GCM	1:03.95
11	Susan Huber	25	SPRD	1:05.07
12	Sue Peacock	26	NFM	1:06.11
13	Jan McNeill	27	RHM	1:09.35
14	Virginia Hamilton	25	SSY	1:09.55
15	Molly Magill	27	RHM	1:10.19
16	A. Garmeyer	26	MVM	1:16.93
17	Ellen Maloney	28	JM	1:30.73

200 YARD FREESTYLE

1	Ann Graham	26	AMJ	2:07.01
2	Jane Stewart	28	TGM	2:08.24
3	Susan Byrne	26	MNMY	2:08.26
4	Christine Ruppert	26	CAA	2:09.88
5	Ellyn Morris	27	DCM	2:15.92
6	Gretchen Drake	27	SOM	2:18.07
7	Sue Tandy	28	IEA	2:18.66
8	Susan Schaffer	29	DCM	2:19.73
9	Molly Dittmann	26	IM	2:20.61
10	Nancy Soule	25	GCM	2:21.40
11	Joanne May	29	DADS	2:25.32
12	Susan Huber	25	SPRD	2:31.22
13	Shayla Elsberry	26	SMS	2:42.91
14	A. Garmeyer	26	MVM	2:53.93

500 YARD FREESTYLE

1	Ann Graham	26	AMJ	5:42.35
2	Christine Ruppert	26	CAA	5:51.93
3	Jane Stewart	28	TGM	5:52.46
4	Stephanie Walsh	27	NEH	5:56.65
5	Gretchen Drake	27	SOM	5:59.90
6	Valerie Campbell	26	RHM	6:02.89
7	Barbara Byse	25	CAA	6:02.96
8	Susan Schaffer	29	DCM	6:13.05
9	Cathy Engelhardt	27	GCM	6:16.94
10	Sue Tandy	28	IEA	6:23.35
11	Joanne May	29	DADS	6:31.81
12	Susan Huber	25	SPRD	6:51.82
13	Jean Bollman	29	RHM	7:02.84
14	Shayla Elsberry	26	SMS	7:12.20
15	Jan McNeill	27	RHM	7:23.62
16	Rebecca Walsh	26	SMS	7:35.39
17	A. Garmeyer	26	MVM	7:57.63

1650 YARD FREESTYLE

1	Ann Graham	26	AMJ	19:56.30
2	Valerie Campbell	26	RHM	20:32.40
3	Barbara Byse	25	CAA	20:51.60
4	Cathy Engelhardt	27	GCM	21:48.34
5	Joanne May	29	DADS	22:12.97
6	Sue Tandy	28	IEA	22:37.86
7	Joanne May	29	DADS	23:29.29
8	Shayla Elsberry	26	SMS	24:23.46

100 YARD BACKSTROKE

1	Mary Bennett	27	IM	1:11.26
2	Barbara Byse	25	CAA	1:11.64
3	Stephanie Walsh	27	NEH	1:11.78
4	Martha Rose	28	SPRD	1:11.93
5	Deborah Newmayer	25	SS	1:14.65
6	Susan Schaffer	29	DCM	1:15.97
7	Jean Bollman	29	RHM	1:23.40
8	Virginia Hamilton	25	SSY	1:24.05
9	Shayla Elsberry	26	SMS	1:24.23

200 YARD BACKSTROKE

1	Barbara Byse	25	CAA	2:37.08
2	Martha Rose	28	SPRD	2:40.79
3	Susan Schaffer	29	DCM	2:43.47
4	Deborah Newmayer	25	SS	2:48.72
5	Cathy Engelhardt	27	GCM	2:51.66
6	Jean Bollman	29	RHM	2:57.16
7	Shayla Elsberry	26	SMS	3:03.16
8	Janice Krauser	26	UNA	3:15.39

100 YARD BREASTSTROKE

1	Mary Beth Phelan	25	IEA	1:13.17
2	Dale Barnhard	29	DCM	1:13.21
3	Janet Gettling	28	AM	1:14.53
4	Deborah Itlis	25	SMS	1:16.05
5	Christie Slimak	29	CONN	1:16.06
6	Gretchen Drake	27	SOM	1:17.20
7	Sue Peacock	26	NFM	1:18.94
8	Katheryn Maloney	26	JM	1:22.09
9	Valerie Campbell	26	RHM	1:22.51
10	Nancy Barnett	28	GCM	1:25.35
11	Susan Huber	25	SPRD	1:26.37
12	Marian Borken	27	NMST	1:28.25
13	Martha Waterman	26	SMS	1:28.32
14	Molly Magill	27	RHM	1:30.25
15	Barbara Knollman	25	GCM	1:30.49
16	Diane Gulher	27	OHIO	1:40.51

200 YARD BREASTSTROKE

1	Dale Barnhard	29	DCM	2:38.72
2	Mary Beth Phelan	25	IEA	2:41.05
3	Gretchen Drake	27	SOM	2:45.17
4	Janet Gettling	28	AM	2:45.54
5	Christie Slimak	29	CONN	2:47.72
6	Deborah Itlis	26	SMS	2:50.99
7	Valerie Campbell	26	RHM	2:54.58
8	Barbara Byse	25	CAA	2:55.02
9	Katheryn Maloney	26	JM	2:55.67
10	Susan Schaffer	29	DCM	2:59.72
11	Joanne May	29	DADS	3:10.89
12	Martha Waterman	26	SMS	3:11.55
13	Nancy Barnett	28	GCM	3:12.11
14	Molly Magill	27	RHM	3:19.50
15	Rebecca Walsh	26	SMS	3:22.55

50 YARD BUTTERFLY

1	Stephanie Walsh	27	NEH	28.46
2	Jane Stewart	28	TGM	28.46
3	Christine Ruppert	26	CAA	28.98
4	Janet Gettling	28	AM	30.09
5	Ellyn Morris	27	DCM	30.25
6	Jacqueline Thompson	29	NMST	30.60
7	Ann Graham	26	AMJ	31.12
8	Molly Dittmann	26	IM	32.07
9	Katheryn Maloney	26	JM	34.33
10	Rebecca Walsh	26	SMS	35.92
11	Martha Rose	28	SPRD	36.71
12	Janice Krauser	26	UNA	37.35
13	Martha Waterman	26	SMS	37.90
14	Kandace French	26	SMS	40.49
15	Virginia Hamilton	25	SSY	40.87

100 YARD BUTTERFLY

1	Christine Ruppert	26	CAA	1:02.90
2	Stephanie Walsh	27	NEH	1:03.20
3	Jane Stewart	28	TGM	1:03.73
4	Janet Gettling	28	AM	1:07.60
5	Jacqueline Thompson	29	NMST	1:10.63
6	Cathy Engelhardt	27	GCM	1:11.96
7	Joanne May	29	DADS	1:20.66
8	Katheryn Maloney	26	JM	1:20.81
9	Jean Bollman	29	RHM	1:27.01

100 YARD INDIVIDUAL MEDLEY

1	Susan Byrne	26	MNMY	1:06.81
2	Janet Gettling	28	AM	1:06.96
3	Mary Bennett	27	IM	1:08.22
4	Dale Barnhard	29	DCM	1:08.33
5	Deborah Itlis	25	SMS	1:09.45
6	Ellyn Morris	27	DCM	1:09.68
7	Christie Slimak	29	CONN	1:10.35
8	Sue Peacock	26	NFM	1:14.12
9	Martha Rose	29	SPRD	1:17.71
10	Marian Borken	27	NMST	1:18.69
11	Jan McNeill	27	RHM	1:18.85
12	Molly Magill	27	RHM	1:21.36
13	Virginia Hamilton	25	SSY	1:21.46
14	A. Garmeyer	26	MVM	1:31.23
15	Kandace French	26	SMS	1:41.42

200 YARD INDIVIDUAL MEDLEY

1	Stephanie Walsh	27	NEH	2:25.72
2	Christine Ruppert	26	CAA	2:26.41
3	Mary Bennett	27	IM	2:32.63
4	Dale Barnhard	29	DCM	2:32.65
5	Gretchen Drake	27	SOM	2:33.22
6	Valerie Campbell	26	RHM	2:39.59
7	Cathy Engelhardt	27	GCM	2:41.61
8	Sue Peacock	26	NFM	2:46.10
9	Katheryn Maloney	26	JM	2:50.76
10	Marian Borken	27	NMST	2:53.69
11	Jean Bollman	29	RHM	2:54.19
12	Jan McNeill	27	RHM	2:56.09
13	Rebecca Walsh	26	SMS	3:00.67

50 YARD FREESTYLE

1	Susan R. White	30	AMJ	25.56
2	Diane Todd	33	DCM	25.86
3	Peggie Sugg	32	MMA	25.95
4	Kacey Conway	31	RHM	27.85
5	Susan B. Peterson	34	MNMY	27.97
6	Irene David	33	CDY	28.01
7	H. Suzanne Bolton	30	DCM	28.06
8	Linda Smoak	30	AMJ	28.11
9	Nancy Kirkendall	34	DCM	28.14
10	Gail Blattenberger	30	DCM	28.76
11	Georgia Miller	30	CONN	28.84
12	Wendy Pfaffhausen	32	AMJ	29.41
13	Lisa Woodman	34	GCM	29.51
14	Jane Johngren	33	ACC	33.57
15	Betty Hoveas	33	NEH	33.69
16	Elaine J. Huber	32	SPRD	33.79
17	Linda K. Broker	30	CONN	36.01
18	Anne Coen	34	OHIO	38.63

100 YARD FREESTYLE

1	Diane Todd	33	DCM	57.39
2	Susan R. White	30	AMJ	57.60
3	Peggie Sugg	32	MMA	58.99
4	Nancy Harlow	34	RHM	1:01.09
5	Kacey Conway	31	RHM	1:03.67
6	Kacey Conway	31	RHM	1:03.67
7	Irene David	33	CDY	1:03.94
8	Georgia Miller	30	CONN	1:06.32
9	Lisa Woodman	34	GCM	1:06.34
10	Nancy Kirkendall	34	DCM	1:06.59
11	Gail Blattenberger	30	DCM	1:06.94
12	Susan Westnedge	31	TGMW	1:10.14
13	Donna Conklin	31	DCM	1:10.31
14	Betty Hoveas	33	NEH	1:12.61
15	Jane Murphy	32	MNMY	1:12.73
16	Linda K. Broker	30	CONN	1:20.17
17	Anne Coen	34	OHIO	1:35.06

200 YARD FREESTYLE

1	Susan R. White	30	AMJ	2:12.15
2	Nancy Harlow	34	RHM	2:13.04
3	Jane Katz	34	MNMY	2:19.15
4	Betty Bennett	33	IM	2:20.58
5	Lisa Woodman	34	GCM	2:26.09
6	Marsha Heinig	30	RHM	2:28.35
7	Kacey Conway	31	RHM	2:30.06
8	Gail Blattenberger	30	DCM	2:35.79
9	Susi Husson	33	DCM	2:39.29
10	Betty Hoveas	33	NEH	2:40.42
11	Jane Johngren	33	ACC	2:49.96
12	Linda K. Broker	30	CONN	3:02.85

500 YARD FREESTYLE

1	Jane Katz	34	MNMY	5:58.44
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2	Nancy Harlow	34	RHM	6:02.55
3	Irene David	33	CDY	6:36.90
4	Marsha Heinig	30	RHM	6:38.40
5	Nancy Kirkendall	34	DCM	6:39.17
6	Lisa Woodman	34	GCM	6:41.59
7	Susan Westnedge	31	TGMW	6:48.18
8	Kacey Conway	31	RHM	7:00.27
9	Susi Husson	33	DCM	7:17.87
10	Liz Atwood-Metz	33	MNMY	7:28.70
11	Martha Witebsky	33	SSY	8:05.24
12	Jane Johngren	33	ACC	8:13.64
13	Diane O'Connor	33	CAA	8:21.44
14	Carol Rudy	34	OHIO	8:30.60

1650 YARD FREESTYLE

1	Jane Katz	34	MNMY	20:22.80
2	Nancy Harlow	34	RHM	20:25.10
3	Susan Westnedge	31	TGMW	23:08.23
4	Marsha Heinig	30	RHM	23:14.79
5	Nancy Kirkendall	34	DCM	24:01.21
6	Liz Atwood-Metz	33	MNMY	25:48.61
7	Diane O'Connor	33	CAA	28:19.27
8	Martha Witebsky	34	SSY	28:53.59
9	Carol Rudy	34	OHIO	30:13.78

100 YARD BACKSTROKE

1	Bonnie Pronk	34	OM	1:12.92
2	Betty Bennett			

WOMEN 40-44

Table of swimming results for women 40-44, including 50 YARD FREESTYLE, 100 YARD FREESTYLE, 150 YARD FREESTYLE, 200 YARD FREESTYLE, 50 YARD BACKSTROKE, 100 YARD BACKSTROKE, 150 YARD BACKSTROKE, 200 YARD BACKSTROKE, 50 YARD BUTTERFLY, 100 YARD BUTTERFLY, 150 YARD BUTTERFLY, 200 YARD BUTTERFLY, 50 YARD BREASTSTROKE, 100 YARD BREASTSTROKE, 150 YARD BREASTSTROKE, 200 YARD BREASTSTROKE, 100 YARD INDIVIDUAL MEDLEY, and 200 YARD INDIVIDUAL MEDLEY.

Table of swimming results for women 45-49, including 50 YARD FREESTYLE, 100 YARD FREESTYLE, 150 YARD FREESTYLE, 200 YARD FREESTYLE, 50 YARD BACKSTROKE, 100 YARD BACKSTROKE, 150 YARD BACKSTROKE, 200 YARD BACKSTROKE, 50 YARD BUTTERFLY, 100 YARD BUTTERFLY, 150 YARD BUTTERFLY, 200 YARD BUTTERFLY, 50 YARD BREASTSTROKE, 100 YARD BREASTSTROKE, 150 YARD BREASTSTROKE, 200 YARD BREASTSTROKE, 100 YARD INDIVIDUAL MEDLEY, and 200 YARD INDIVIDUAL MEDLEY.

Table of swimming results for women 50-54, including 50 YARD FREESTYLE, 100 YARD FREESTYLE, 150 YARD FREESTYLE, 200 YARD FREESTYLE, 50 YARD BACKSTROKE, 100 YARD BACKSTROKE, 150 YARD BACKSTROKE, 200 YARD BACKSTROKE, 50 YARD BUTTERFLY, 100 YARD BUTTERFLY, 150 YARD BUTTERFLY, 200 YARD BUTTERFLY, 50 YARD BREASTSTROKE, 100 YARD BREASTSTROKE, 150 YARD BREASTSTROKE, 200 YARD BREASTSTROKE, 100 YARD INDIVIDUAL MEDLEY, and 200 YARD INDIVIDUAL MEDLEY.

Table of swimming results for women 55-59, including 50 YARD FREESTYLE, 100 YARD FREESTYLE, 150 YARD FREESTYLE, 200 YARD FREESTYLE, 50 YARD BACKSTROKE, 100 YARD BACKSTROKE, 150 YARD BACKSTROKE, 200 YARD BACKSTROKE, 50 YARD BUTTERFLY, 100 YARD BUTTERFLY, 150 YARD BUTTERFLY, 200 YARD BUTTERFLY, 50 YARD BREASTSTROKE, 100 YARD BREASTSTROKE, 150 YARD BREASTSTROKE, 200 YARD BREASTSTROKE, 100 YARD INDIVIDUAL MEDLEY, and 200 YARD INDIVIDUAL MEDLEY.

WOMEN 45-49

50 YARD FREESTYLE
1 Jacqueline D. Smith 46 LBM 30.74

WOMEN 45-49

50 YARD FREESTYLE
1 Nancy Brown 41 WY 1:17.50

WOMEN 45-49

50 YARD FREESTYLE
1 Nancy Brown 41 WY 1:17.50



7 Tom Ralph	27 GCM	50.42	7 Fred Forshey	28 PSM	2:26.96	16 Gustavo Betancourt	31 SLC	25.00	21 Bill Keenan	33 SMS	29.07
8 Ron Armstrong	26 OM	51.14	8 Toby Kerr	26 RMH	2:27.48	17 Fred Stokes	32 GM	25.86	22 Jose A. Vasallo	31 GCM	29.33
9 Mike Eddy	25 NFM	51.33	9 Bob Long	27 UNA	2:29.50	18 Brian S. Frid	34 SPRD	27.18	23 Bill Foehr	34 TOC	29.86
10 Marty Shopes	25 UNA	51.36	10 Jim Wheeler	27 SLM	2:30.21	19 John J. Helli	32 ANJ	27.26	24 Bill Podewitz	30 SMS	30.44
11 Paul Lawler	28 NYAC	51.69	11 James M. Donnelly	28 SMS	2:34.00	100 YARD FREESTYLE			100 YARD BUTTERFLY		
12 James Parker	26 DCM	51.96	12 Omar Carvalho	28 SLC	2:35.06	1 Mike Fitzmaurice	31 TOC	48.62	1 Mike Fitzmaurice	31 TOC	53.01
13 V. Hintlian	27 NYAC	52.07	13 P. Richard Scovill	26 MOST	2:40.43	2 Cpt. Dan Sullivan	30 USA	49.00	2 Richard Chelakis	30 GCM	55.07
14 Ed Rudloff	29 TOC	52.67	50 YARD BUTTERFLY			3 Bill Bacon	30 DCM	49.26	2 John N. White	31 AMJ	55.07
15 Barry Accornero	26 DCM	52.77	1 Steve Macri	29 AMJ	23.94	4 Mike Garibaldi	31 SF	50.05	4 Tony Jarvis	31 OM	56.18
16 Bruce Giannini	26 GCM	52.79	2 Tom Peek	29 NFM	24.19	5 Tony Jarvis	31 OM	50.76	5 John J. Flanagan	31 GCM	56.56
17 Stan Freerks	25 SLM	53.09	3 Lt. Fred Schlicher	28 NEM	24.46	6 Ken Krueger	31 UNA	50.84	6 Chris Curtis	30 DCM	57.28
18 Jamie Murphy	26 NFM	53.15	4 Marty Shopes	25 UNA	24.54	7 LTJG John Lane	31 SDC	51.28	7 Dick Ennis	32 SMM	57.67
19 Gerry Norris	27 NFM	53.80	5 Bob Dalrymple	26 NYAC	24.55	8 Fred Terrauds	34 SOM	52.55	8 K.C. Dawson	30 GCM	57.78
20 George A. Burke	28 SMS	53.94	6 Jamie Murphy	26 NFM	24.62	9 Chris Curtis	30 GCM	52.85	9 Gustavo Betancourt	31 SLC	58.30
21 Bill Geoghegan	26 CONN	54.30	7 Blair Richards	26 DCM	25.16	10 Stephen P. Broker	30 CONN	53.00	10 Gerry DeLong	33 GCM	58.70
22 Don Edgell	25 RMH	54.63	8 John Foote Jr.	25 TOC	25.49	11 Ken Palmer	30 NFM	53.34	11 Don Rueff	30 GM	58.83
23 Doug Chard	26 NFM	54.99	9 Tom Whatley	25 TOC	25.56	12 Richard L. Frederick	34 OHIO	53.51	12 K. Ranson	30 MW	1:00.34
24 Rod Havriluk	26 NFM	55.44	10 Fred Forshey	28 PSM	25.57	13 Bill Keenan	33 SMS	53.76	13 Richard L. Frederick	34 OHIO	1:01.54
25 Bob Dalrymple	26 NYAC	55.44	11 Ron Armstrong	26 OM	25.62	14 Jim Manchester	32 SMM	54.41	14 Warner Brundage	34 UNA	1:01.88
26 Jim Wheeler	27 SLM	55.55	12 Dana Abbott	26 SR	25.69	15 Dick Ennis	32 SMM	54.43	14 Terry Maul	30 NFM	1:01.88
27 Robert Burr	25 SPRD	55.84	13 Jerry Lucas	26 RIN	25.71	16 K. Ranson	30 MW	56.03	16 Jim Manchester	30 GCM	1:02.85
28 John J. Quinn	26 NYAC	56.02	14 Toby Kerr	26 RMH	25.92	17 Dan Whitely	32 SOM	56.17	17 Charles Saxe	32 NM	1:03.08
29 Dana Abbott	26 SR	56.14	15 Doug Rozelle	26 GCM	25.99	18 Lawrence Glass	30 DADS	56.34	18 Bill Foehr	34 TOC	1:08.16
30 William Cerny	29 DADS	56.55	16 Tom Ralph	27 GCM	26.01	19 Kim Proctor	30 NMST	58.15	100 YARD INDIVIDUAL MEDLEY		
31 Hugh A. Brown II	27 SPRD	56.96	17 Ed Rudloff	29 TOC	26.19	20 John Mello	32 ANJ	1:00.04	1 Mike Fitzmaurice	31 TOC	55.80
32 Charles Knupp	28 NMST	57.75	18 Richard Bober	26 THM	26.40	21 Jose A. Vasallo	31 GCM	1:00.25	2 Ken Krueger	31 UNA	57.30
33 Gregory Wolfe	26 GCM	58.30	19 Peter Prins	26 GCM	26.82	22 Brian S. Frid	34 SPRD	1:01.42	3 John N. White	32 AMJ	58.99
34 Dick Bell	27 SPRD	1:01.44	20 Walter Woo	27 DCM	29.13	200 YARD FREESTYLE			4 Stephen P. Broker	30 CONN	59.38
35 Ralph J. Johnson	29 RMH	1:08.27	21 George A. Burke	28 SMS	29.14	2 Mike Garibaldi	30 USA	1:48.83	5 Bob Duenkel	32 GCM	1:00.38
200 YARD FREESTYLE			22 Robert J. McKay	29 CONN	29.18	3 Terry Schlichenmaier	31 SF	1:49.96	6 Terry Schlichenmaier	30 AMJ	1:01.33
1 Lt. Fred J. Schlicher	28 NEM	1:50.12	23 Dick Bell	27 SPRD	29.29	4 LTJG John Lane	31 SDC	1:53.62	7 Tim Hodges	30 OM	1:01.34
2 Bruce Fisher	28 RMH	1:50.40	24 Bill Resop	27 SPRD	29.29	5 Chris Curtis	30 GCM	1:58.34	8 Richard Chelakis	30 GCM	1:01.88
3 Peter R. O'Keefe	26 NYAC	1:50.50	100 YARD BUTTERFLY			6 Fred Terrauds	34 SOM	2:00.89	9 Ken Palmer	34 NFM	1:01.98
4 Vernon Dasch	27 GM	1:50.73	1 Paul B. Katz	26 UNA	52.81	7 Bill Keenan	34 SOM	2:01.50	10 Erik Hales	30 NFM	1:02.25
5 R. Tod Spleker	28 RIN	1:51.56	2 Lt. Fred J. Schlicher	28 NEM	52.82	8 Fred Stokes	32 GM	2:05.90	11 Jim Manchester	30 GCM	1:02.57
6 Blair Richards	26 DCM	1:54.60	3 George Boizelle	28 DCM	51.84	9 Kim Proctor	30 NMST	2:20.88	12 Gustavo Betancourt	31 SLC	1:03.57
7 James Parker	26 DCM	1:55.26	4 Jerry Lucas	26 RIN	51.94	500 YARD FREESTYLE			13 Dick Ennis	32 SMM	1:03.64
8 Ed Rudloff	29 TOC	1:56.58	5 Tom Ralph	27 GCM	55.13	1 Mike Garibaldi	31 SF	5:01.55	14 Warner Brundage	74 UNA	1:03.80
9 V. Hintlian	27 NYAC	1:56.97	6 Blair Richards	26 DCM	55.36	2 LTJG John Lane	31 SDC	5:04.11	15 Jose A. Vasallo	31 GCM	1:05.30
10 William Cerny	29 DADS	1:57.63	7 Marty Shopes	25 UNA	55.48	3 Cpt. Dan Sullivan	30 USA	5:07.69	16 John J. Mello	32 AMJ	1:08.95
11 Anthony Bazant	27 GCM	1:58.38	8 Bruce Fisher	28 RMH	56.18	4 John J. Flanagan	31 DCM	5:19.11	17 John P. Hoffmann	33 OHIO	1:10.36
12 Stan Freerks	25 SLM	1:58.60	9 Fred Forshey	28 PSM	56.40	5 Chris Curtis	30 GCM	5:28.98	18 Bill Foehr	30 SMS	1:12.14
13 Gerry Norris	29 SORD	1:58.90	10 Tom Whatley	25 GCM	57.67	6 Don Rueff	30 GM	5:32.45	200 YARD INDIVIDUAL MEDLEY		
14 Dana Abbott	26 SR	2:01.80	11 Ed Rudloff	29 TOC	57.74	7 Ken Palmer	30 NFM	5:34.59	1 Cpt. Dan Sullivan	30 USA	2:08.36
15 Homer Lane	27 NYAC	2:02.66	12 John Foote Jr.	26 TOC	57.90	8 Bob Duenkel	32 GCM	5:36.69	2 Bob Duenkel	32 GCM	2:08.41
16 Don Edgell	25 RMH	2:05.91	13 Richard Bober	26 THM	58.10	9 Bill Keenan	33 SMS	5:42.59	3 LTJG John Lane	31 SDC	2:10.29
17 Gregory Wolfe	26 GCM	2:12.23	14 Toby Kerr	26 RMH	58.78	10 Joe Biondi	34 SPRD	5:47.75	4 John J. Flanagan	31 GCM	2:11.25
18 Hugh A. Brown II	27 SPRD	2:12.45	15 Stan Freerks	25 SLM	59.06	1600 YARD FREESTYLE			5 Stephen P. Broker	30 CONN	2:15.05
19 George A. Burke	28 SMS	2:12.84	16 Bruce Giannini	26 GCM	59.10	1 Mike Garibaldi	31 SF	17:38.11	6 K.C. Dawson	31 GCM	2:16.19
500 YARD FREESTYLE			17 Don Edgell	25 RMH	1:02.93	2 LTJG John Lane	31 USA	18:05.59	7 Don Rueff	30 GM	2:16.51
1 Bruce Fisher	28 RMH	5:00.44	1 Richard Cooley	27 RMH	55.85	3 Don Rueff	30 GM	19:45.01	8 Gerry DeLong	33 GCM	2:17.16
2 R. Tod Spleker	28 RIN	5:02.38	2 Jamie Murphy	26 NFM	55.88	4 Joe Biondi	34 SPRD	20:09.46	9 Tom McCarty	31 TOC	2:19.69
3 Vernon Dasch	27 GM	5:07.17	3 George Boizelle	28 DCM	55.93	5 Tom McCarty	31 TOC	20:37.83	10 Joe Biondi	34 SPRD	2:20.83
4 William Cerny	29 DADS	5:09.03	4 Lt. Fred J. Schlicher	28 NEM	56.19	6 Dan Whitely	32 SOM	21:32.49	11 Warner Brundage	34 UNA	2:21.27
5 James Parker	26 DCM	5:18.04	5 Paul B. Katz	26 UNA	56.23	7 Lawrence Glass	30 DADS	23:23.89	12 John Zeigler	31 GCM	2:22.37
6 Gerry Norris	27 NFM	5:26.42	6 J. Gary Chelosky	25 AMJ	56.87	100 YARD BACKSTROKE			13 K. Ranson	30 MW	2:24.94
7 Bruce Bartling	29 SORD	5:34.83	7 Tom Whatley	25 GM	57.53	1 Bill Bacon	30 DCM	56.27	14 Jose A. Vasallo	31 GCM	2:31.76
8 Paul Watts	29 DASC	5:36.36	8 Mike Eddy	25 NFM	57.76	2 Ken Krueger	31 UNA	57.27	15 Lawrence Glass	30 DADS	2:34.85
9 Dana Abbott	26 SR	5:44.87	9 Ron Armstrong	26 OM	58.15	3 Gave Stratton	34 OM	1:00.77	16 Bill Foehr	34 TOC	2:40.39
10 Don Edgell	25 RMH	6:04.94	10 Larry Chase	29 ZAC	58.24	4 Tom McCarty	31 TOC	1:04.12	50 YARD FREESTYLE		
11 Charles Knupp	28 NMST	6:05.44	11 Peter R. O'Keefe	26 NYAC	58.39	5 Terry Schlichenmaier	30 AMJ	1:05.36	1 Chuck Geoghegan	35 CONN	22.79
12 Hugh A. Brown II	27 SPRD	6:21.34	12 Marty Shopes	25 UNA	58.43	6 Larry Yamahiro	30 CRC	1:06.97	2 Bruce B. Clark	35 HUM	23.44
1600 YARD FREESTYLE			13 Fred Forshey	28 PSM	58.54	7 John Zeigler	31 GCM	1:08.16	3 Gary LaPrise	37 MHA	23.64
1 Bruce Fisher	28 RMH	17:34.54	14 Anthony Bazant	27 GCM	58.58	8 Fred Stokes	32 GM	1:09.56	4 Charles Bechtel	39 DCM	23.85
2 William Cerny	29 DADS	17:49.77	15 Barry Accornero	26 DCM	59.08	9 John E. Cooper Jr.	31 SPRD	1:12.04	5 Bo Rhudy	35 OHIO	23.85
3 James Parker	26 DCM	18:49.77	16 Paul Watts	29 DSC	59.59	10 Bill Podewitz	30 SMS	1:18.95	6 Cal Winn	35 GCM	24.00
4 Bruce Bartling	29 SPRD	20:09.64	17 Vernon Dasch	27 GM	59.79	200 YARD BACKSTROKE			7 Joe Green	36 NMST	24.02
5 Bruce Giannini	26 GCM	20:15.85	18 Homer Lane	27 NYAC	59.84	1 Bill Bacon	30 DCM	2:08.04	8 Scotty Roberts	38 LBM	24.06
6 Dana Abbott	26 SR	21:17.29	19 Steve Harrison	27 DCM	59.85	2 Gave Stratton	34 OM	2:15.29	9 Charles Raven	38 TOC	24.25
7 Walter Woo	27 DCM	21:25.66	20 Tom Peek	29 NFM	1:00.07	3 Tom McCarty	31 TOC	2:23.85	10 Cameron Grout	37 OM	24.30
8 Charles Knupp	28 NMST	22:13.94	21 Bob Dalrymple	26 NYAC	1:00.39	4 Don Rueff	30 GM	2:27.59	11 Franklin S. Cibula	35 UNA	24.42
100 YARD BACKSTROKE			22 Kevin Murphy	26 MOST	1:00.76	5 John Zeigler	31 GCM	2:28.76	12 David Hershey	36 DCM	24.55
1 R. Tod Spleker	28 RIN	57.11	23 John Foote Jr.	26 TOC	1:01.07	6 Fred Stokes	32 GM	2:32.56	13 Edmundo Fernandez	35 SLC	24.74
2 Richard Cooley	27 RMH	57.46	24 Tom Ralph	27 GCM	1:01.35	7 John E. Cooper Jr.	31 SPRD	2:43.05	14 Arthur Smith	37 DCM	26.15
3 Peter R. O'Keefe	26 NYAC	57.63	25 Jim Wheeler	27 SLM	1:01.62	100 YARD BREASTSTROKE			14 Gordon Knight	37 DCM	26.15
4 Richard Bober	26 THM	58.94	26 V. Hintlian	27 NYAC	1:01.73	1 Bob Duenkel	32 GCM	1:05.46	16 Lou Gadol	35 GM	26.21
5 Jerry Lucas	26 RIN	58.95	27 Paul J. Lawler	28 NYAC	1:02.11	2 Erik Hales	34 OM	1:08.04	17 Tom Fortson	38 THM	27.18
6 Jamie Murphy	26 NFM	59.65	28 John Secunda	27 NYAC	1:02.97	3 Rick Forum	32 GCM	1:08.11	18 Douglas W. Messineo	36 NMST	27.55
7 Larry Chase	29 ZAC	59.95	29 Stan Freerks	25 SLM	1:03.14	4 Larry Yamahiro	30 CRC	1:08.26	19 David Beardsley	35 SMS	27.83
8 Kevin Murphy	26 MOST	1:00.15	30 Bill Geoghegan	26 CONN	1:03.16	5 Gerry DeLong	33 GCM	1:08.30	20 Harvey J. Benitez	37 SPRD	29.41
9 Bruce Giannini	26 GCM	1:00.53	31 James M. Donnelly	28 SMS	1:03.64	6 John Zeigler	31 GCM	1:08.67	100 YARD FREESTYLE		
10 Rod Havriluk	26 NFM	1:02.59	32 Rod Havriluk	26 NFM	1:03.85	7 Stephen P. Broker	30 CONN	1:08.69	1 J. Gary Chelosky	35 CONN	50.41
11 John Secunda	27 NYAC	1:04.28	33 P. Richard Scovill	26 MOST	1:04.37	8 Warner Brundage	34 UNA	1:08.86	2 Bruce B. Clark	35 HUM	51.58
12 Jim Koss	26 SMS	1:08.18	34 Peter Prins	26 GCM	1:05.28	9 Joe Biondi	34 SPRD	1:10.40	3 Burt Kanner	39 DCM	53.00
13 Thomas R. Thiffault	25 CRC	1:08.92	35 Robert Burr	25 SPRD	1:06.11	10 John D. Hoffmann	33 OHIO	1:10.87	4 Charles Bechtel	37 LBM	53.34
200 YARD BACKSTROKE			36 Walter Woo	27 DCM	1:06.73	11 Sam Jorgensen	32 GM	1:12.05	5 James M. Crane	35 DADS	53.58
1 R. Tod Spleker	28 RIN	2:01.45	37 Charles Knupp	28 NMST	1:06.98	12 Ronald Greger	32 DCM	1:12.06	6 Charles Raven	38 TOC	53.61
2 Peter R. O'Keefe	26 NYAC	2:04.50	200 YARD INDIVIDUAL MEDLEY			13 Andres Steiner	30 SLC	1:12.27	7 Scotty Roberts	38 LBM	53.76
3 Richard Cooley	27 RMH	2:07.14	1 Richard Cooley	27 RMH	2:01.44	14 John J. Helli	32 ANJ	1:17.01	8 Map Cole	36 LBM	53.80
4 Kevin Murphy	26 MOST	2:11.55	2 George Boizelle	28 DCM	2:04.37	15 Bill Foehr	34 TOC	1:17.51	9 Bo Rhudy	35 OHIO	51.89
5 Jamie Murphy	26 NFM	2:12.13	3 Mike Eddy	25 NFM	2:05.46	16 Brian S. Frid	34 SPRD	1:20.37	10 Gary LaPrise	37 MHA	54.29
6 Jerry Lucas	26 RIN	2:12.21	4 Jamie Murphy	26 NFM	2:06.21	17 Bill Podewitz	30 SMS	1:22.66	11 Tim Myerberg	35 CONN	54.88
7 Larry Chase	29 ZAC	2:12.37	5 Larry Chase	29 ZAC	2:07.42	200 YARD BREASTSTROKE			12 Cameron Grout	37 OM	55.30
8 Richard Bober	26 THM	2:12.67	6 Bruce Fisher	28 RMH	2:09.58	1 Bob Duenkel	32 GCM	2:25.73	13 Edmundo Fernandez	35 SLC	55.73
9 Rod Havriluk	26 NFM	2:18.24	7 Ron Armstrong	26 OM	2:10.44	2 Warner Brundage	34 UNA	2:29.24	14 Joe Green	36 NMST	56.14
10 Bruce Giannini	26 GCM	2:21.07	8 Steve Harrison	27 DCM	2:11.84	3 John Zeigler	31 GCM	2:29.63	15 Franklin S. Cibula	35 UNA	56.29
11 John Secunda	27 NYAC	2:25.08	9 Anthony Bazant	27 GCM	2:12.39	4 Erik Hales	34 OM	2:32.34	16 Cal Winn	35 GCM	57.67
12 Thomas R. Thiffault	25 CRC	2:38.20	10 Jerry Lucas	26 RIN	2:13.11	5 Joe Biondi	34 SPRD	2:33.05	17 John duPont	38 SCSG	58.23
13 Jim Koss	26 SMS	2:40.89	11 Kevin Murphy	26 MOST	2:13.26	6 Larry Yamahiro	30 CRC	2:34.37	18 Robert Walden	37 JM	59.13
100 YARD BREASTSTROKE			12 Paul Watts	29 DSC	2:13.75	7 John D. Hoffmann	33 OHIO	2:40.43	19 Terry Anderson	36 RMH	1:00.07
1 J. Gary Chelosky	25 AMJ	1:02.24	13 Bill Geoghegan	26 CONN	2:16.37	8 Andres Steiner	30 SLC	2:42.39	20 Lou Gadol	35 GM	1:00.15

**500 YARD FREESTYLE**

1 Paul Thompson	36	LVM	5:04.02
2 James H. Crane	35	DADS	5:08.26
3 Burt Kanner	37	LBM	5:24.87
4 David Hershey	36	DCM	5:29.33
5 Jim Myerberg	35	DCM	5:41.70
6 John du Pont	38	SCSC	5:45.40
7 T. A. Long	39	PNA	5:50.88
8 Harry J. Lewis	35	IEA	5:54.88
9 Robert Walden	37	JM	5:56.40
10 W. R. Timken Jr.	38	OHIO	6:09.56
11 Terry Anderson	36	RHM	6:10.45
12 Ridgely Foster	38	GCM	6:17.29
13 Wm. Nolan	38	GCM	6:26.36
14 Tom Fortson	38	THM	6:26.47

**1650 YARD FREESTYLE**

1 Paul Thompson	36	LVM	17:34.73
2 James H. Crane	35	DADS	18:30.61
3 John du Pont	38	SCSC	19:51.16
4 Jim Myerberg	35	DCM	20:46.87
5 Harry J. Lewis	35	IEA	21:14.79
6 Robert Walden	37	JM	21:26.26
7 W. R. Timken Jr.	38	OHIO	21:33.05
8 Doug Miller	35	SSY	23:07.85
9 Ridgely Foster	38	GCM	23:14.91
10 Jeffery S. Life	38	UNA	23:26.84

**100 YARD BACKSTROKE**

1 David Hershey	36	DCM	1:00.21
2 William A. Fries	35	HSC	1:02.10
3 John Heimann	35	SOM	1:02.64
4 Hugh Roddin	35	MMA	1:03.44
5 Arthur Smith	37	DCM	1:06.23
6 Doug Miller	35	SSY	1:06.46
7 Dick Campbell	37	SMS	1:07.11
8 Dennis Bretherton	35	DADS	1:08.53
9 Gordon Knight	37	DCM	1:08.77
10 Wm. Nolan	38	GCM	1:12.22
11 Terry Anderson	36	RHM	1:13.69

**200 YARD BACKSTROKE**

1 David Hershey	36	DCM	2:12.98
2 John Heimann	35	SOM	2:14.96
3 Hugh Roddin	35	MMA	2:17.42
4 William A. Fries	35	HSC	2:19.39
5 Dick Campbell	37	SMS	2:25.93
6 Dennis E. Bretherton	35	DADS	2:25.95
7 Doug Miller	35	SSY	2:28.16
8 Arthur Smith	37	DCM	2:29.25
9 Terry Anderson	36	RHM	2:38.51
10 Wm. Nolan	38	GCM	2:44.07

**100 YARD BREASTSTROKE**

1 Hag Cole	36	LBM	1:05.02
2 Scotty Roberts	38	LBM	1:07.62
3 Jack McCoy	36	JM	1:07.90
4 T. A. Long	39	PNA	1:09.86
5 George Runciman	35	MMA	1:10.94
6 Edmundo Fernandez	35	SLC	1:11.84
7 Tod H. Boyle	37	OHIO	1:12.66
8 Roy J. Rohe	38	GCM	1:13.89
9 Woody Reaves	37	AMJ	1:15.10
10 Dr. Arthur R. Hale	35	LBM	1:15.31
11 Carl Plaskett	36	SPRD	1:20.82
12 Harvey J. Benitez	37	SPRD	1:39.02

**200 YARD BREASTSTROKE**

1 Scotty Roberts	38	LBM	2:27.91
2 Jack McCoy	36	JM	2:30.59
3 T. A. Long	39	PNA	2:37.12
4 George Runciman	35	MMA	2:37.20
5 Tod H. Boyle	37	OHIO	2:45.20
6 Woody Reaves	37	AMJ	2:45.42
7 Roy J. Rohe	38	GCM	2:53.42
8 Carl Plaskett	36	SPRD	2:58.32

**50 YARD BUTTERFLY**

1 Jack Geoghegan	35	CONN	25.22
2 Neil Odiridge	35	OM	25.30
3 George Worthington	39	CM	25.92
4 Gary LaPrise	37	MMA	26.27
5 Bruce B. Clark	35	HUM	26.31
6 Burt Kanner	37	LBM	26.41
7 Cameron Grout	37	OM	26.83
8 Paul Thompson	36	LVM	26.91
9 Mike Laux	35	CONN	27.08
10 Joe Shanabrough	35	ARAC	27.12
11 Charles Becatel	39	DCM	27.35
12 Pete Combes	35	UNA	27.26
13 Franklin S. Cibula	35	UNA	27.68
14 Frank Bernardino	39	SLC	27.71
15 Arthur Smith	37	DCM	27.94
16 Gordon Knight	37	DCM	28.14
17 Dick Campbell	37	SMS	28.27
18 Cal Winn	35	GCM	28.78
19 Lou Gadol	35	GM	29.43
20 Woody Reaves	37	AMJ	30.73

**100 YARD BUTTERFLY**

1 Jack Geoghegan	35	CONN	56.20
2 Burt Kanner	37	LBM	57.32
3 George Worthington	39	CM	57.63
4 Neil Odiridge	35	OM	57.73
5 Mike Laux	35	CONN	59.10
6 Hugh Roddin	35	MMA	59.58
7 Joe Shanabrough	35	ARAC	1:00.97
8 Pete Combes	35	UNA	1:01.35
9 Tod H. Boyle	37	OHIO	1:03.63
10 W. R. Timken Jr.	38	OHIO	1:04.08
11 Charles Bechtel	39	DCM	1:04.35

**100 YARD INDIVIDUAL MEDLEY**

1 Bruce B. Clark	35	HUM	58.09
2 Scotty Roberts	38	LBM	1:01.65
3 Jack McCoy	36	JM	1:01.80
4 Hugh Roddin	35	OM	1:02.85
5 Neil Odiridge	35	OM	1:02.85
6 George Worthington	39	CM	1:03.22
7 Cameron Grout	37	OM	1:03.24
8 Mike Laux	35	CONN	1:03.79
9 Franklin S. Cibula	35	UNA	1:03.86
10 Bo Rhudy	35	OHIO	1:03.88
11 Edmundo Fernandez	35	SLC	1:04.17
12 Gordon Knight	37	DCM	1:04.18
13 Joe Shanabrough	35	ARAC	1:05.17
14 Cal Winn	35	GCM	1:05.76
15 Doug Miller	35	SSY	1:06.26
16 W. R. Timken Jr.	38	OHIO	1:06.51
17 Dr. Arthur R. Hale	35	LBM	1:07.08
18 Arthur Smith	37	DCM	1:07.32
19 Lou Gadol	35	GM	1:10.35
20 Woody Reaves	37	AMJ	1:10.69
21 Tom Fortson	38	THM	1:14.40

**200 YARD INDIVIDUAL MEDLEY**

1 Paul Thompson	36	LVM	2:12.46
2 Bruce B. Clark	35	HUM	2:13.93
3 Hugh Roddin	35	MMA	2:14.86
4 Jack McCoy	36	JM	2:19.58
5 James H. Crane	35	DADS	2:22.21
6 Mike Laux	35	CONN	2:22.92
7 George Worthington	39	CM	2:23.48
8 Joe Shanabrough	35	ARAC	2:24.08
9 Gordon Knight	37	DCM	2:24.46
10 John Heimann	35	SOM	2:26.09
11 Tod H. Boyle	37	OHIO	2:27.16
12 Dennis E. Bretherton	35	DADS	2:29.02
13 W. R. Timken Jr.	38	OHIO	2:29.96
14 Franklin S. Cibula	35	UNA	2:30.80
15 Lou Gadol	35	GM	2:40.93
16 Harry J. Lewis		DISQ.	

**50 YARD FREESTYLE**

1 Sandy Gideonse	43	DCM	23.70
2 Wally Dobler	43	MMA	23.89
3 Cav Cavanaugh	41	GCM	24.31
4 Peter R. Taft	41	DCM	24.34
5 Gailther Rosser	43	GCM	24.55
6 Henry Zentgraf	42	RHM	24.99
7 John Humphries	40	OHIO	25.03
8 Bill Earley	40	HUM	25.14
9 Joe Henry	40	SOM	25.90
10 N. Gene Nagel	42	SPRD	26.37
11 Rudy Lederer	41	NSY	26.84
12 Kirk Adams	43	PNA	28.43
13 Raymond Mattie	41	HAM	33.73

**100 YARD FREESTYLE**

1 Ed Hinshaw	40	DSC	51.74
2 Sandy Gideonse	43	DCM	52.16
3 Al Coxon	41	SLM	54.59
4 Peter R. Taft	41	DCM	54.66
5 Bill Earley	40	BUM	54.96
6 Gailther Rosser	43	GCM	55.07
7 John Humphries	40	OHIO	55.85
8 Cav Cavanaugh	41	GCM	56.49
9 Ernie Leskovitz	40	YHMA	56.84
10 Henry Zentgraf	42	RHM	56.99
11 Joe Henry	40	SOM	57.48
12 George Brunstad	42	CONN	58.92
13 Kirk Adams	43	PNA	1:04.17
14 Raymond Mattie	41	HAM	1:18.50

**200 YARD FREESTYLE**

1 Ed Hinshaw	40	DSC	1:53.32
2 Al Coxon	41	SLM	2:02.57
3 George Breen	41	MAM	2:09.02
4 Ernie Leskovitz	40	YHMA	2:13.47
5 Peter R. Taft	41	DCM	2:14.54
6 Rudy Lederer	41	NSY	2:20.89
7 Kirk Adams	43	PNA	2:24.26
8 Henry Zentgraf	42	RHM	2:27.43
9 Raymond Mattie	41	HAM	3:09.25

**500 YARD FREESTYLE**

1 Ed Hinshaw	40	DSC	5:10.60
2 Burwell Jones	44	SMS	5:17.08
3 George Breen	41	MAM	5:42.33
4 Joe Henry	40	SOM	5:56.57
5 Dennis O'Brien	41	RHM	6:03.59
6 George Brunstad	42	CONN	6:16.00
7 Art Welch	44	LBM	6:26.88
8 Sheldon Monsein	42	DCM	6:26.95
9 N. Gene Nagel	42	SPRD	6:39.08
10 Kirk Adams	43	PNA	6:40.93
11 Nicholas Berenyl	44	CAA	6:53.37
12 Ray Chen	43	DCM	7:04.30
13 Raymond Mattie	41	HAM	8:51.91

**1650 YARD FREESTYLE**

1 Burwell Jones	44	SMS	18:31.48
2 George Breen	41	MAM	19:51.08
3 Gailther Rosser	43	GCM	20:59.97
4 Joe Henry	40	SOM	21:57.55
5 Arnold Kleban	40	IM	22:23.06
6 Art Welch	44	LBM	22:51.53
7 Rudy Lederer	41	NSY	23:22.83
8 Nicholas Berenyl	44	CAA	24:46.32
9 Henry Zentgraf	42	RHM	27:33.97
10 Raymond Mattie	41	HAM	31:43.91

**100 YARD BACKSTROKE**

1 Burwell Jones	44	SMS	1:01.46
2 Kirk Canterbury	41	THM	1:03.22
3 Bill Earley	40	HUM	1:03.68
4 Al Coxon	41	SLM	1:04.02
5 Sheldon Monsein	42	DCM	1:04.83
6 Arnold Kleban	40	IM	1:08.15
7 Bob Goodwin	40	DCM	1:11.85
8 Rudy Lederer	41	NSY	1:11.91
9 Jim Gotch	44	SMS	1:27.65
10 John Johnson	44	ORM	1:29.59

**200 YARD BACKSTROKE**

1 Burwell Jones	44	SMS	2:15.89
2 Kirk Canterbury	41	THM	2:21.51
3 D. Barr Clayson	41	NEH	2:21.80
4 Bill Earley	40	HUM	2:23.51
5 Sheldon Monsein	42	DCM	2:27.73
6 Arnold Kleban	40	IM	2:38.85
7 George Breen	41	MAM	2:39.52
8 Rudy Lederer	41	NSY	2:46.61
9 Art Welch	44	LBM	2:46.61
10 Ray Chen	43	DCM	2:47.07
11 Jim Gotch	44	SMS	3:18.33
12 John Johnson	44	ORM	3:19.31

**100 YARD BREASTSTROKE**

1 Meredith R. Smith Jr	41	DCM	1:06.86
2 Ron Taylor	44	PNA	1:11.38
3 N. Gene Nagel	42	SPRD	1:12.61
4 Nicholas Berenyl	44	CAA	1:14.86
5 Ray Chen	43	DCM	1:17.12
6 John Johnson	44	ORM	1:29.70

**200 YARD BREASTSTROKE**

1 Meredith R. Smith Jr	41	DCM	2:28.84
2 Ron Taylor	44	PNA	2:35.70
3 Nicholas Berenyl	44	CAA	2:41.53
4 George Brunstad	42	CONN	2:47.82
5 N. Gene Nagel	42	SPRD	2:49.94
6 Ray Chen	43	DCM	2:53.47
7 John Johnson	44	ORM	3:17.31

**50 YARD BUTTERFLY**

1 Wally Dobler	43	MMA	25.56
2 Sandy Gideonse	43	DCM	26.32
3 Gailther Rosser	43	GCM	26.77

4 John Humphries	40	OHIO	27.45
5 Dennis O'Brien	41	RHM	27.59
6 Ernie Leskovitz	40	YHMA	28.15
7 Peter R. Taft	41	DCM	28.23
8 Cav Cavanaugh	41	GCM	28.33
9 Joe Henry	40	SOM	28.98
10 Sheldon Monsein	42	DCM	29.33
11 N. Gene Nagel	42	SPRD	29.59

**100 YARD BUTTERFLY**

1 Sandy Gideonse	43	DCM	59.69
2 Wally Dobler	43	MMA	1:00.16
3 Gailther Rosser	43	GCM	1:01.85
4 Dennis O'Brien	41	RHM	1:02.21
5 Kirk Canterbury	41	THM	1:02.63
6 Ernie Leskovitz	40	YHMA	1:02.91
7 Art Welch	44	LBM	1:07.74

**100 YARD INDIVIDUAL MEDLEY**

1 Sandy Gideonse	43	DCM	1:00.88
2 Ed Hinshaw	40	DSC	1:02.03
3 Meredith R. Smith	41	DCM	1:03.26
4 Al Coxon	41	SLM	1:03.55
5 Bill Earley	40	HUM	1:03.95
6 Ron Taylor	44	PNA	1:04.73
7 Dennis O'Brien	41	RHM	1:05.55
8 John Humphries	40	OHIO	1:06.55
9 Arnold Kleban	40	IM	1:06.92
10 Cav Cavanaugh	41	GCM	1:06.93
11 Bob Goodwin	40	DCM	1:09.85
12 Henry Zentgraf	42	RHM	1:12.67
13 John H. Howard	40	UNA	1:15.67
14 Jim Gotch	44	SMS	1:19.75

**200 YARD INDIVIDUAL MEDLEY**

11 James L. Courter Jr	51	GM	6:59.13
12 Lou Silverstein	50	AM	7:04.23
13 Ted Roach	51	GM	7:43.58
14 Dick Powers	53	RHM	7:14.02
15 Luis Valle	54	SS	11:13.36
<b>1650 YARD FREESTYLE</b>			
1 John H. Woods	53	AMM	21:08.11
2 Min Wilson	50	NEM	21:47.42
3 Dick Mesirov	50	MAH	21:52.55
4 Art Koblish	50	IM	21:56.53
5 Ed Kerswill	51	RIN	22:10.81
6 Reed Ringel	54	GCM	22:32.76
7 Norman M. Schueckler	50	UNA	22:49.70
8 James K. Edwards	54	UNA	24:27.00
9 Lou Silverstein	50	AM	24:27.00
10 W. Abbott	52	NAM	25:21.49
11 Glynn Jones	52	DADS	25:40.43
12 John Pandak	51	GCM	27:13.32
13 Ted Roach	51	OH	27:30.34
14 Luis Valle	54	SS	37:52.17
<b>100 YARD BACKSTROKE</b>			
1 Paul Hutlinger	52	IM	1:06.42
2 John H. Woods	53	AMH	1:11.36
3 Bill Moffitt	52	GCM	1:12.06
4 Bill Adams	51	AHJ	1:15.38
5 James K. Edwards	54	NEJ	1:21.26
6 Roland Hipsher	52	SMS	1:26.11
7 Glynn Jones	52	DADS	1:36.19
8 Luis Valle	54	SS	1:48.66
<b>200 YARD BACKSTROKE</b>			
1 Paul Hutlinger	52	IM	2:29.71
2 John H. Woods	53	AMH	2:39.56
3 Bill Moffitt	52	GCM	2:42.76
4 James K. Edwards	54	NEM	2:53.55
5 Lou Silverstein	50	AM	3:06.01
6 Roland Hipsher	52	SMS	3:25.64
7 Glynn Jones	52	DADS	3:36.46
8 Luis Valle	54	SS	4:16.71
<b>100 YARD BREASTSTROKE</b>			
1 Skip Mann	52	RHM	1:16.46
2 Matt Flanagan	51	DCM	1:16.73
3 Jim Forbes	51	RHM	1:20.35
4 Ed Kerswill	51	RIN	1:20.86
5 Ted Roach	51	OH	1:22.60
6 Dick Powers	53	RHM	1:23.71
7 Dick Mesirov	50	MAH	1:24.90
8 Chuck McCarthy	52	CONN	1:25.75
9 Ransom J. Arthur	51	LAM	1:25.90
10 Hugh Flomenhoff	52	NEM	1:35.14
<b>200 YARD BREASTSTROKE</b>			
1 Skip Mann	52	RHM	2:49.60
2 Matt Flanagan	51	DCM	2:54.13
3 Ed Kerswill	51	RIN	3:00.83
4 Norman M. Schueckler	50	UNA	3:04.12
5 Ted Roach	51	OH	3:04.97
6 Dick Mesirov	50	MAH	3:06.08
7 Ransom J. Arthur	51	LAM	3:08.57
8 Chuck McCarthy	52	CONN	3:10.01
9 Dick Powers	53	RHM	3:10.07
10 Jim Forbes	51	RHM	3:11.58
11 Hugh Flomenhoff	52	NEM	3:31.97
<b>50 YARD BUTTERFLY</b>			
1 Paul Hutlinger	52	IM	28.61
2 Jurgen Schmidt	54	IM	29.98
3 Skip Mann	52	RHM	30.24
4 Herb McAuley	54	GM	30.41
5 Matt Flanagan	51	DCM	31.21
6 James Courter Jr	51	GM	31.28
7 Bill Adams	51	AHJ	31.38
8 John Pandak	51	GCM	32.24
9 Wilton S. Jardine	53	GCM	32.28
10 Dick Glick	50	NFM	33.93
11 Ted Roach	51	OH	35.00
12 Hugh Flomenhoff	52	NEM	37.58
13 Roland Hipsher	52	SMS	35.31
<b>100 YARD BUTTERFLY</b>			
1 Art Koblish	50	IM	1:10.51
2 Wilton S. Jardine	53	GCM	1:18.01
3 Chuck McCarthy	52	CONN	1:21.17
4 John Pandak	51	GCM	1:23.39
5 Lou Silverstein	50	AM	1:28.07
6 Herb McAuley	54	GM	1:32.21
7 Glynn Jones	52	DADS	1:58.09
<b>100 YARD INDIVIDUAL MEDLEY</b>			
1 Paul Hutlinger	52	IM	1:04.53
2 Matt Flanagan	51	DCM	1:09.73
3 Reed Ringel	54	GCM	1:12.26
4 Bill Adams	51	AHJ	1:17.91
5 Jim Forbes	51	RHM	1:17.71
6 Chuck McCarthy	52	CONN	1:20.84
7 Dick Glick	50	NFM	1:23.12
<b>200 YARD INDIVIDUAL MEDLEY</b>			
1 Paul Hutlinger	52	IM	2:30.02
2 Matt Flanagan	51	DCM	2:41.15
3 Reed Ringel	54	GCM	2:44.60
4 Norman M. Schueckler	50	UNA	2:47.76
5 Bill Adams	51	AHJ	2:47.79
6 Wilton S. Jardine	53	GCM	2:51.77
7 Lou Silverstein	50	AM	3:01.78
8 Dick Glick	50	NFM	3:06.13
9 Chuck McCarthy	52	CONN	3:07.62
10 Glynn Jones	52	DADS	3:38.83
<b>50 YARD FREESTYLE</b>			
1 Wm. A. Prew	57	HMA	26.37
2 Jim Welch	57	HMA	26.70
3 William Baugher	55	IM	26.78
4 Tom Cloyes	55	OHIO	27.11
5 David Lawson	55	DCM	27.82
6 G. S. Wiley	56	RT	28.11
7 Herb Wallower	55	RHM	28.96
8 Edward W. Reed Sr	57	NEM	29.00
<b>100 YARD FREESTYLE</b>			
1 Jim Welch	59	HM	57.81
2 Wm. Prew	57	HMA	58.54
3 Frank Havlicek	58	IM	1:01.68
4 William Baugher	55	IM	1:01.91
5 Herb Wallower	55	RHM	1:04.49
6 Harry Dodge	56	DCM	1:05.73
7 G. S. Wiley	56	RT	1:07.36
8 Edward W. Reed Sr	57	NEM	1:10.59
9 E. T. H. Talmage Jr	57	RHM	1:12.63
10 Tom Cloyes	55	OHIO	1:12.66
11 Harry Andersen	57	OHIO	1:24.64
<b>200 YARD FREESTYLE</b>			
1 Jim Welch	59	HM	2:11.20
2 John P. Crews	57	OHM	2:13.32
3 Wm. Prew	57	HMA	2:21.11
4 William Baugher	55	IM	2:30.54
5 Harry Dodge	56	DCM	2:32.16
6 Herb Wallower	55	RHM	2:33.70
7 Dick Lindauer	57	OHM	2:41.48
8 Dick Guido	59	MNY	2:47.67
9 Harry Andersen	57	OHIO	3:06.65
<b>500 YARD FREESTYLE</b>			
1 John P. Crews	57	OHM	6:01.46
2 Jim Welch	59	HM	6:08.13
3 Dan Miles	56	NHM	6:13.18
4 William Baugher	55	IM	7:02.28
5 Herb Wallower	55	RHM	7:14.01
6 E.T.H. Talmage Jr	57	RHM	7:39.43
7 Dick Guido	59	MNY	7:39.92
8 Harry Andersen	57	OHIO	8:24.07
<b>1650 YARD FREESTYLE</b>			
1 John P. Crews	57	OHM	21:15.85
2 Jim Welch	59	HM	21:32.84
3 Dan Miles	56	NHM	23:06.68
4 E.T.H. Talmage Jr	57	RHM	26:40.40
5 Dick Guido	59	MNY	27:07.38
6 Harry Andersen	57	OHIO	30:26.47
<b>100 YARD BACKSTROKE</b>			
1 Allen Hellman	55	MOST	1:14.76
2 Harry Dodge	56	DCM	1:20.40
3 Dick Lindauer	57	OHM	1:21.76
4 Tom Lind	59	LBM	1:23.53
5 Wm. Ulrich	56	NEM	1:24.06
6 Dick Guido	59	MNY	1:24.37
7 E.T.H. Talmage Jr	57	RHM	1:24.59
8 Alex Curtis	57	OHM	1:25.88
9 G.S. Wiley	56	RT	1:27.85
10 Stan Fisher	58	GCM	1:29.90
<b>200 YARD BACKSTROKE</b>			
1 Allen Hellman	55	MOST	2:53.08
2 Dick Lindauer	57	OHM	2:56.36
3 Harry Dodge	56	DCM	2:58.52
4 Tom Lind	59	LBM	3:00.76
5 E.T.H. Talmage Jr	57	RHM	3:10.36
6 Dick Guido	59	MNY	3:12.37
7 Alex Curtis	57	OHM	3:17.83
8 Stan Fisher	58	GCM	3:28.08
<b>100 YARD BREASTSTROKE</b>			
1 Ramon Rodriguez	57	HIA	1:17.70
2 Tom Lind	59	LBM	1:21.58
3 Al McKee	59	MAM	1:21.84
4 Tom Cloyes	55	OHIO	1:21.93
5 Robert A. Elbersson	55	EYX	1:24.92
6 Herb Wallower	55	RHM	1:30.25
7 Sal Freddo	57	SPRD	1:36.22
<b>200 YARD BREASTSTROKE</b>			
1 Ramon Rodriguez	57	HIA	2:57.37
2 Dan Miles	56	NHM	2:59.84
3 Tom Lind	59	LBM	3:02.44
4 Tom Cloyes	55	OHIO	3:02.81
5 Robert A. Elbersson	55	EYX	3:11.85
6 Sal Freddo	57	SPRD	3:49.73
<b>50 YARD BUTTERFLY</b>			
1 David Lawson	55	DCM	30.19
2 John P. Crews	57	OHM	30.97
3 Wm. Ulrich	56	NEM	32.03
4 Frank Havlicek	58	IM	32.07
5 Al McKee	59	MAM	33.46
6 Sal Freddo	57	SPRD	37.14
7 Edward W. Reed Sr	57	NEM	37.15
8 G.S. Wiley	56	RT	39.63
<b>100 YARD BUTTERFLY</b>			
1 John P. Crews	57	OHM	1:10.67
2 David Lawson	55	DCM	1:14.33
3 Frank Havlicek	58	IM	1:15.68
4 Wm. Ulrich	56	NEM	1:17.52
5 Edward W. Reed Sr	57	NEM	1:30.15
6 Sal Freddo	57	SPRD	1:30.99
<b>100 YARD INDIVIDUAL MEDLEY</b>			
1 Frank Havlicek	58	IM	1:12.83
2 David Lawson	55	DCM	1:13.01
3 Wm. Ulrich	56	NEM	1:14.50
4 Tom Lind	59	LBM	1:15.49
5 Al McKee	59	MAM	1:15.83
6 Dan Miles	56	NHM	1:15.97
7 Tom Cloyes	55	OHIO	1:15.98
8 G.S. Wiley	56	RT	1:25.15
<b>200 YARD INDIVIDUAL MEDLEY</b>			
1 Frank Havlicek	58	IM	2:45.17
2 Dan Miles	56	NHM	2:46.30
3 David Lawson	55	DCM	2:52.51
4 Wm. Ulrich	56	NEM	2:59.49
5 Edward W. Reed Sr	57	NEM	3:23.81
<b>MEN 60-64</b>			
<b>50 YARD FREESTYLE</b>			
1 Harry Rawstrom	60	MAM	26.53
2 Earl Cooper	63	SPRD	28.30
3 Bill Grant	63	SLM	28.45
4 Dave Rowan	63	MAM	29.11
5 John Sautter	62	CONN	29.41
6 Eugene Jennings Jr	62	SPRD	29.73
7 David Volk	60	OHIO	30.01
8 Charles H. Dumworth	61	SMS	30.13
9 David Brown	60	CONN	30.79
10 Dave Malbrough	64	IM	33.34
11 Vern Dawson	60	CONN	38.48
<b>100 YARD FREESTYLE</b>			
1 Harry Rawstrom	60	MAM	1:03.59
2 Chuck Wilson	62	WM	1:04.13
3 Bill Grant	63	SLM	1:05.47
4 Earl Cooper	63	SPRD	1:05.92
5 Charles H. Dumworth	61	SMS	1:09.42
6 John Sautter	62	CONN	1:10.18
7 Gil Spear	62	UNA	1:14.72
8 Vern Dawson	60	CONN	1:25.72
<b>200 YARD FREESTYLE</b>			
1 Harry Rawstrom	60	MAM	2:23.24
2 Chuck Wilson	62	WM	2:25.15
3 Bill Grant	63	SLM	2:33.73
4 Earl Cooper	63	SPRD	2:38.19
5 Hamilton Anderson	63	TGM	2:43.97
6 John Merrill	60	CONN	2:47.58
7 John Sautter	62	CONN	2:50.24
8 Gil Spear	62	UNA	2:51.91
9 Ray Mullane	61	GCM	2:55.08
10 Vern Dawson	60	CONN	3:18.83
<b>500 YARD FREESTYLE</b>			
1 Harry Rawstrom	60	MAM	6:40.27
2 John Sautter	62	CONN	7:07.26
3 Hamilton Anderson	63	TGM	7:24.96
4 John Merrill	60	CONN	7:25.88
5 Gil Spear	62	UNA	7:59.63
6 Dave Malbrough	64	IM	8:03.71
7 Frank Tillotson	62	SPRD	8:33.33
8 Vern Dawson	60	CONN	8:53.93
<b>1650 YARD FREESTYLE</b>			
1 Harry Rawstrom	60	MAM	23:02.38
2 John Merrill	60	CONN	25:03.39
3 Hamilton Anderson	63	TGM	25:49.94
4 Matt Sielski	62	IM	25:56.02
5 Dave Malbrough	64	IM	27:56.50
6 Vern Dawson	60	CONN	31:52.10
<b>100 YARD BACKSTROKE</b>			
1 Taylor Drysdale	63	UNA	1:17.32
2 Dave Rowan	63	MAM	1:19.11
3 John Merrill	60	CONN	1:20.17
4 David Volk	60	OHIO	1:20.44
5 David Brown	60	CONN	1:24.33
6 Cliff Croome	60	SD	1:24.91
7 Dave Malbrough	64	IM	1:28.47
8 Charles H. Dumworth	61	SMS	1:36.69
<b>200 YARD BACKSTROKE</b>			
1 John Merrill	60	CONN	2:50.97
2 Dave Rowan	63	MAM	2:51.52
3 Matt Sielski	62	IM	3:00.24
4 David Volk	60	OHIO	3:00.89
5 George Trawicki	61	WM	3:08.08
6 David Brown	60	CONN	3:10.77
7 Dave Malbrough	64	IM	3:23.91
8 Frank Tillotson	62	SPRD	3:27.15
<b>100 YARD BREASTSTROKE</b>			
1 John Higgins	61	USNA	1:18.30
2 George Trawicki	61	WM	1:19.12
3 Ed Blackledge	61	RIN	1:20.32
4 Matt Sielski	62	IM	1:26.60
5 JoPaul Steiner	60	CM	1:28.39
6 David Volk	60	OHIO	1:31.60
<b>200 YARD BREASTSTROKE</b>			
1 John Higgins	61	USNA	2:56.68
2 George Trawicki	61	WM	3:00.73
3 Ed Blackledge	61	RIN	3:01.76
4 JoPaul Steiner	60	CM	3:25.97
5 Hamilton Anderson	63	TGM	3:44.26
6 Frank Tillotson	62	SPRD	4:01.81
<b>50 YARD BUTTERFLY</b>			
1 Bill Grant	63	SLM	32.09
2 Eugene Jennings Jr	62	SPRD	33.28
3 Dave Rowan	63	MAM	33.28
4 Ed Blackledge	61	RIN	34.78
5 JoPaul Steiner	60	CM	35.61
6 Cliff Croome	60	SD	36.77
7 Charles H. Dumworth	61	SMS	37.46
8 George Trawicki	61	WM	37.95
<b>100 YARD BUTTERFLY</b>			
1 Chuck Wilson	62	WM	1:15.98
2 Bill Grant	63	SLM	1:19.98
3 Matt Sielski	62	IM	1:24.00
4 George Trawicki	61	WM	1:28.26
5 Ed Blackledge	61	RIN	1:28.74
6 Cliff Croome	60	SD	1:31.00
<b>100 YARD INDIVIDUAL MEDLEY</b>			
1 Chuck Wilson	62	WM	1:11.56
2 John Higgins	61	USNA	1:14.62
3 Dave Rowan	63	MAM	1:17.07
4 David Volk	60	OHIO	1:18.61
5 David Brown	60	CONN	1:23.36
6 JoPaul Steiner	60	CM	1:23.81
7 John Sautter	62	CONN	1:25.24
8 Eugene Jennings Jr	62	SPRD	1:25.69
9 Charles H. Dumworth	61	SMS	1:28.98
10 Frank Tillotson	62	SPRD	1:33.39
<b>200 YARD INDIVIDUAL MEDLEY</b>			
1 John Higgins	61	USNA	2:44.22
2 Chuck Wilson	62	WM	2:47.09
3 Matt Sielski			

**200 YARD BREASTSTROKE**

1	Winston W. Kratz	71	SBS	3:40.65
2	Henry Strothmann	71	JM	3:49.53
3	T. W. Johnson	72	USNA	3:59.02
4	G. Harold Langner	73	CONN	4:18.17
5	Sig Loeffler	71	NHST	4:30.50

**50 YARD BUTTERFLY**

1	Stanton Craigie	70	UNA	39.15
2	T. W. Johnson	72	USNA	46.68

**100 YARD BUTTERFLY**

1	Stanton Craigie	70	UNA	1:43.14
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**100 YARD INDIVIDUAL MEDLEY**

1	Stanton Craigie	70	UNA	1:31.14
2	Henry Strothmann	71	JM	1:41.35
3	T. W. Johnson	72	USNA	1:43.35
4	Peter Jurczyk	71	IR	1:55.52

**200 YARD INDIVIDUAL MEDLEY**

1	Stanton Craigie	70	UNA	3:30.74
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**50 YARD FREESTYLE**

1	Clarence Ross	77	JM	33.49
2	Sig Langner	75	ROC	43.63
3	Frederick W. Allen	78	NEM	44.77
4	Joseph C. Hackney	78	NAM	46.68

**100 YARD FREESTYLE**

1	Clarence Ross	77	JM	1:17.05
2	Frederick W. Allen	78	NEM	1:46.18
3	Sig Langner	78	ROC	1:46.41
4	Joseph C. Hackney	78	NAM	1:48.77
5	Leroy K. Webster	76	MAC	2:06.60

**200 YARD FREESTYLE**

1	Clarence Ross	77	JM	3:01.28
2	Frederick W. Allen	78	NEM	3:52.32
3	Joseph C. Hackney	78	NAM	4:03.91
4	Sig Langner	75	ROC	4:18.69
5	Leroy K. Webster	76	MAC	4:44.09

**500 YARD FREESTYLE**

1	Clarence Ross	77	JM	8:03.59
2	Frederick W. Allen	78	NEM	10:27.65

**1650 YARD FREESTYLE**

1	Clarence Ross	77	JM	27:38.01
2	Frederick W. Allen	78	NEM	35:49.35
3	Leroy K. Webster	76	MAC	47:31.66

**100 YARD BACKSTROKE**

1	Sig Langner	75	ROC	3:10.62
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**200 YARD BACKSTROKE**

1	Sig Langner	75	ROC	6:13.44
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**100 YARD BREASTSTROKE**

1	Alfred Baffle	75	RHM	2:04.31
2	Joseph C. Hackney	78	NAM	2:23.25
3	Leroy K. Webster	76	MAC	2:26.68

**200 YARD BREASTSTROKE**

1	Alfred Baffle	75	RHM	3:52.26
2	Joseph C. Hackney	78	NAM	5:21.43

**50 YARD BUTTERFLY**

1	Alfred Baffle	75	RHM	1:04.32
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**WOMEN'S TEAM SCORES**

1	GOLD COAST MASTERS SWIM CLUB	486
2	DC MASTERS	461
3	ROCKY MOUNTAIN MASTERS	369
4	RINCONADA MASTERS	259
5	PACIFIC NORTHWEST ASSN. MASTERS	212
6	METRO MASTERS OF NEW YORK	198
7	SUNCOAST MASTERS OF SARASOTA	181.5
8	ILLINOIS MASTERS	167
9	ONTARIO MASTERS	163
10	NEW ENGLAND MASTERS	163
11	MICHIGAN MASTERS SWIMMING ASSN.	140
12	CONN. MASTERS SWIM TEAM	129.5
13	ST. PETERSBURG REC. DEPT.	122
14	OHIO MASTERS	113
15	AMBERJAX	105
16	ST. LOUIS MASTERS	75
17	ARIZONA MASTERS	75
18	TAMALPAIS SWIM CLUB	67
19	JERSEY MASTERS	63
20	COLUMBIA AQUATICS ASSOCIATION	62
21	LONG BEACH MASTERS	58
22	MIDDLE ATLANTIC MASTERS	58
23	OK RIDGE MASTERS	57
24	CAL TECH MASTERS	50
25	MASTERS OF SOUTH TEXAS	50
26	TEXAS GULF MASTERS	48
27	HUMUHUMUNUKUNUAPUA'A	45
28	NEW MEXICO MASTERS	44
29	WESTERN YMCA	43
30	OTTER/BRITISH LONG DISTANCE S.A.	35
31	ST. CHARLES MASTERS SWIM CLUB	34
32	ALLEGHENY MOUNTAIN MASTERS	33
33	SAN MATEO MARLINS	30
34	INDIAN BOUNDARY YMCA	24
35	CAMP DUNCAN YMCA	23
36	VIRGINIA MASTERS	21
37	BLAKSBURG SUN FISH	18
38	TULANE GREEN WAVE MASTERS	18
39	KANSAS CITY MASTERS	17
40	SANTA BARBARA SWIM CLUB	15
41	SILVER SPRING YMCA	15
42	SANTA CRUZ AQUAJOCKS	14
43	SOUTHERN OHIO MASTERS	14
44	INLAND EMPIRE ASSOCIATION MASTERS	14
45	SAN DIEGO COUNTY SWIM MASTERS	14
46	ALFRED CORNING CLARK GYMNASIUM	12
47	MISSION VIEJO MASTERS	11
48	NORTH MIAMI SWIM TEAM	11
49	GEORGIA MASTERS	10
50	SHABBONA SHARKS	9
51	DAD'S CLUB	6
52	WISCONSIN MASTERS	5
53	NORTH FLORIDA MASTERS	4

**MEN'S TEAM SCORES**

1	DC MASTERS	707.5
2	GOLD COAST MASTERS SWIM CLUB	460.5
3	ILLINOIS MASTERS	354
4	NEW ENGLAND MASTERS	259
5	CONN. MASTERS SWIM TEAM	223
6	MIDDLE ATLANTIC MASTERS	222
7	ROCKY MOUNTAIN MASTERS	219
8	JERSEY MASTERS	185
9	MICHIGAN MASTERS SWIMMING ASSN.	174
10	LONG BEACH MASTERS	153
11	WISCONSIN MASTERS	127.5
12	THE OLYMPIC CLUB	115
13	OHIO MASTERS	113.5

**RINCONADA MASTERS**

15	ST. PETERSBURG REC. DEPT.	102
16	GEORGIA MASTERS	101
17	AMBERJAX	98.5
18	ONTARIO MASTERS	94
19	HUMUHUMUNUKUNUAPUA'A	91
20	NORTH FLORIDA MASTERS	91
21	SUNCOAST MASTERS OF SARASOTA	87
22	OK RIDGE MASTERS	78
23	SANTA BARBARA SWIM CLUB	77
24	MONTCLAIR HILLS MASTERS	66
25	TEXAS GULF MASTERS	66
26	UNITED STATES NAVAL ACADEMY MASTERS	63
27	ST. LOUIS MASTERS	62
28	METRO MASTERS OF NEW YORK	58
29	NEW YORK ATHLETIC CLUB	51
30	DEANZA SWIM CLUB	46
31	ALLEGHENY MOUNTAIN MASTERS	41
32	HAWAII MASTERS SWIM CLUB	39
33	PACIFIC NORTH WEST ASSN. MASTERS	37
34	SAN DIEGO COUNTY SWIM MASTERS	37
35	CORONADO MASTERS	35
36	SAN FRANCISCO DOLPHIN CLUB	34
37	TAMALPAIS SWIM CLUB	33
38	NORTH MIAMI SWIM TEAM	31
39	U.S. ARMY	31
40	SOUTHERN OHIO MASTERS	30
41	SOUTHERN CALIFORNIA AQUATIC CLUB	30
42	TAR HEELS MASTERS	30
43	NEW MEXICO MASTERS	29
44	UNIVERSITY OF TORONTO MASTERS	28
45	LIVERMORE VALLEY MASTERS	28
46	ROCOA	27
47	DAD'S CLUB	26
48	MASTERS OF SOUTH TEXAS	24
49	MULTNOMAH ATHLETIC CLUB	20
50	INDIAN RIVER SWIM TEAM	19
51	HIALEAH SEAHORSES	18
52	ARIZONA MASTERS	15.5
53	MISSION VIEJO MASTERS	15
54	COLUMBIA AQUATIC S ASSOCIATION	13
55	HURRICANE SWIM CLUB	13
56	CUDELL RECREATION CENTER	11
57	KANSAS CITY MASTERS	11
58	YMHA - MONTREAL CANADA	9
59	SANTA CLARA SWIM CLUB	11
60	EXPRESSWAY YMCA MASTERS	8
61	ZWICKER AQUATIC CLUB	8
62	NORTH SUBURBAN YMCA	7
63	RESTON-TOK	7
64	SAN MATEO MARLINS	7
65	SILVER SPRING YMCA	6
66	INLAND EMPIRE ASSOCIATION	5
67	CARLOUEL YACHT CLUB	5
68	SANTIAGO DE LEON DE CARACAS	4
69	ALLENTOWN ROAD AQUATIC CLUB	4
70	SINGING RIVER SWIM ASSOCIATION	3
71	LOS ANGELES MASTERS	3
72	PENN STATE MASTERS	2
73	SHABBONA SHARKS	2

**CONNECTICUT MASTERS MEET**

AT YALE UNIVERSITY  
APRIL 2, 1977 25 YARDS

**Women 25-29**

50 Free	S. Byrne, 26	27.113
C. Slimak, 29	27.919	
R. LaCoste, 25	30.016	
S. Rague, 26	31.274	
J. Anderson, 25	31.758	
P. Gioia, 26	33.123	
C. Olmsted, 29	33.222	
S. Silva, 26	35.065	
L. Broker, 29	36.368	
A. Becker, 29	37.563	
P. Perlo, 26	38.123	
L. Bailey, 27	42.319	

**Women 30-34**

50 Free	S. Byrne, 26	59.783
C. Slimak, 29	1:01.253	
J. Anderson, 25	1:08.3	
R. LaCoste, 25	1:09.312	
S. Silva, 26	1:22.519	
L. Broker, 29	1:23.742	
P. Perlo, 26	1:30.57	
L. Bailey, 27	1:31.724	

**Women 35-39**

50 Free	J. Fiorentino, 38	34.416
A. Mezey, 36	36.530	
S. Scott, 37	39.112	
M. Castaneda, 38	43.733	
S. Scott, 37	1:27.800	
M. Castaneda, 38	1:44.246	
S. Scott, 37	3:13.757	
M. Castaneda, 38	3:53.926	

**Women 40-44**

50 Free	S. Kearney, 42	29.088
R. Kamphausen, 43	29.696	
J. Parker, 40	33.695	
J. Moeller, 42	34.790	
S. Kearney, 42	1:05.702	
R. Kamphausen, 43	1:08.961	
J. Nicholson, 42	1:15.519	
S. Kearney, 42	2:29.360	
J. Parker, 40	2:48.34	
J. Nicholson, 42	2:51.00	

**Women 45-49**

50 Free	R. Kamphausen, 43	36.512
A. Quinn, 42	1:29.906	
J. Nicholson, 42	1:31.740	
A. Quinn, 42	3:11.070	
J. Parker, 40	1:36.667	
J. Moeller, 42	1:36.834	
J. Nicholson, 42	1:39.483	
A. Quinn, 42	1:40.122	
J. Moeller, 42	3:31.666	
J. Moeller, 42	3:31.666	
J. Moeller, 42	39.445	

**Women 50-54**

50 Free	J. Moeller, 42	1:36.524
J. Moeller, 42	1:36.524	
E. Crownberry, 45	1:41.138	
J. Parker, 40	1:27.142	
J. Parker, 40	1:27.142	
J. Parker, 40	1:27.142	

**Women 55-59**

50 Free	S. Byrne, 26	1:07.524
K. Curley, 27	1:19.282	
C. Maloney, 26	1:23.835	
P. Gioia, 26	1:24.030	
J. McIntyre, 48	1:19.363	
J. McIntyre, 48	1:19.363	
J. Soulier, 45	3:08.004	
J. Soulier, 45	40.7	
J. McIntyre, 48	41.229	

**Women 60-64**

50 Free	J. McIntyre, 48	1:29.429
J. Soulier, 45	1:32.350	
J. McIntyre, 48	3:13.007	
B. Pitts, 45	3:40.554	
J. Reilly, 46	40.304	
D. Connolly, 45	46.222	

**Women 65-69**

50 Free	J. Reilly, 46	1:31.2
J. Reilly, 46	1:31.2	
J. Reilly, 46	3:23.792	
E. Crownberry, 45	45.531	
J. Reilly, 46	1:33.715	
D. Connolly, 45	1:33.927	
J. Soulier, 45	1:38.251	

**Women 70-74**

50 Free	J. Reilly, 46	1:33.715
D. Connolly, 45	1:33.927	
J. Soulier, 45	1:38.251	
E. Crownberry, 45	1:06.697	
J. McIntyre, 48	7:06.795	

**Women 75-79**

50 Free	J. Korowitz, 50	39.281
S. Neuteboom, 50	42.604	
J. Korowitz, 50	1:32.978	
S. Neuteboom, 50	1:36.117	
D. Katz, 54	56.661	
D. Katz, 54	2:06.540	
D. Katz, 54	4:46.824	

**Women 80-84**

50 Free	C. Costello, 54	42.301
C. Costello, 54	42.301	
S. Neuteboom, 50	48.515	
S. Neuteboom, 50	1:46.0	
C. Costello, 54	36.747	
C. Costello, 54	1:22.804	
D. Katz, 54	2:27.178	

**Women 85-89**

50 Free	D. Donnelly, 55	31.800
D. Donnelly, 55	31.800	
D. Donnelly, 55	1:16.749	
D. Donnelly, 55	2:49.609	
N. Phillips, 55	3:00.993	
N. Phillips, 55	43.316	

**Women 90-94**

50 Free	D. Donnelly, 55	58.407
N. Phillips, 55	59.504	
S. Broker, 29	59.862	
D. Schaeberle, 28	1:01.152	
E. Bettendorf, 28	1:03.455	
B. Kolonkowski, 29	1:05.417	
R. Rokisky, 27	1:15.799	
D. Schaeberle, 28	2:15.156	
B. Kolonkowski, 29	5:00.232	

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# Master swimmer just keeps rolling

BY MARC A. MATURO

Jack Geoghegan, a 35-year-old attorney who lives in Rye, just keeps on swimming.

Geoghegan once wanted to be a wide receiver in football. But instead he made his mark, and continues to do so, in competitive swimming.

Geoghegan started with the Badgers AAU team in 1960 under Jack Collins, graduated to Iona Prep and then won All American honors at Villanova. He will be competing today and tomorrow in the Masters Swimming Championships at Princeton University as a prelude to the nationals May 13-15 in Fort Lauderdale, Fla.

"There's nothing that compares with the feeling of being in shape," contends Geoghegan, explaining his return to swimming. "Swimming laps isn't fun, just a necessary evil, but anything that is physically beneficial is not totally enjoyable. This beats most exercises."

"He still has the interest after all these years, that's what amazes me," notes John Collins, son of Jack and himself a former All American swimmer at Indiana who helps coach Geoghegan, runs the Badgers AAU swim program and coaches the Manhattanville College team. "He gets in the pool with my kids and does the same workout."

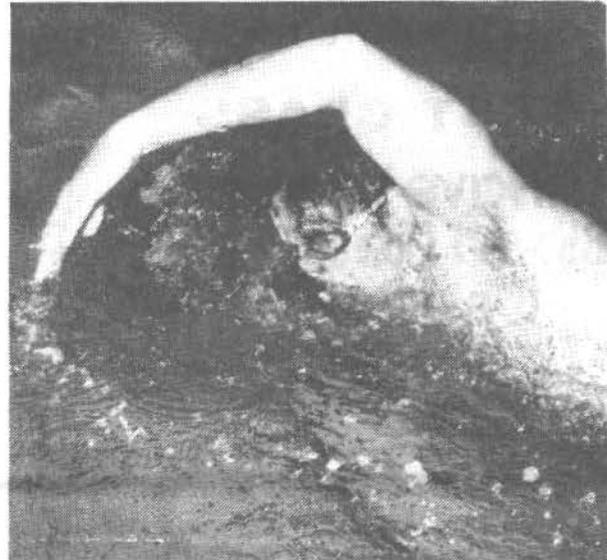
"He still beats me in the short distances," noted Badger Mike LaMonica of New Rochelle and Iona Prep. "He's not bad; he's okay," added another Badger, Matt Rafferty of Iona Prep.

The point Geoghegan continually attempts to drive home is that the Masters program is geared for participation.

"The purpose of the masters program is to keep you swimming," Geoghegan says. "The competition's there, sure, but most of us could care less in the sense of individual achievement."

Geoghegan's introduction into the masters program followed a seven-year coaching career at the Rye YMCA, through the recommendation of Mike Laux, an attorney friend from Westport, Conn.

"I got back, and boy it was murder at first," recalls Geoghegan. "I stayed with



Staff photo by Doris B. Kirchoff

Jack Geoghegan confers with coach John Collins prior to workout at Manhattanville

it because I enjoy it. For me, it was essentially a way of getting back to and staying in shape. From what I can see, it seems to combat the aging process; we've got some remarkable individuals involved."

Geoghegan, a father of three, contends that most people who stick with the program enjoy not only swimming and its benefits, but the social aspects as well. "You'll find that the people in the program are alive, aware."

Geoghegan, who received his law degree from Fordham in 1968 and is presently a partner in the Westchester firm of Taylor and McCullough, is a member of the Villanova Alumni Swim Committee that each year sponsors a banquet in Larchmont, and also honors local outstanding swimmers.

During Geoghegan's coaching tenure, the Rye YMCA captured the state title

several times and won the first National YMCA championship in 1972. While attending law school he coached at Larchmont Yacht Club for one season, and also met his future wife, Pat. "She's a loyal wife who puts up with my interest in swimming; she indulges me," Geoghegan says.

The Geoghegans play a lot of tennis, now, and Jack is hoping to play a lot more. "That's my sport of preference right now, but tennis is not enough, as far as I'm concerned, in the aspect of a long-time health framework."

Jack says he's not afraid of growing old, and that his father, Arthur, still going strong as a septuagenarian, has set a tremendous example. "His thing was rowing, but now he rides a horse daily and ice skates almost every night," Jack said. "My dad (vice chairman of the board at

Barclays Bank) looks 10 to 15 years younger than most of his confreres."

In the 1960s, Jack Geoghegan and John Collins were teammates on the Badgers. They never competed against each other.

Geoghegan achieved All American status in the 100-yard freestyle and freestyle relay at Villanova.

Geoghegan's best Masters time was the 50.1 clocking he did three weeks ago in the 100 freestyle. The record for the 35-39 age group is 51.4. "I'd make All County now," laughs Geoghegan.

But the medals are not what keeps Geoghegan going as he battles that implacable enemy, time. "What am I going to do with all the medals?" he asks. "It sounds trite, but true—masters swimmers are not looking for medals. They're looking for ways to live longer and in better health."

## Even if you're 80, you're eligible

The AAU-sanctioned Masters swimming program holds both long course (50 meters) and short course (25 yards) championships. The short course national championship is scheduled May 13-15 at the Hall of Fame pool in Fort Lauderdale, Fla.

The Masters program uses 25 as its base year. Each division thereafter increases at five-year increments up to an 80-and-over division.

The first national championships in 1970 in Amarillo, Tex. attracted 49 contestants. There were 639 entries at the indoor championships five years later at Fort Lauderdale, Fla.

"Making a good guess," says Jack Ge-

oghegan, "I'd say there are between 5,000 and 10,000 truly dedicated in the program, and twice that many who participate part-time."

Ken Uhl of Pelham, in the 40-44 division, once competed at Georgetown University and explains his participation in the Masters program:

"Every so often I feel terrible and I got to get back in shape; that's what keeps me going," says Uhl, whose 12-year-old daughter Rebecca swims for the Badgers swim team in Larchmont.

Uhl took part in his first Masters meet three years ago when he took Rebecca to competition in Richmond, Va. "They had a Masters meet there too, and that's when

I decided to get back in shape to the point where I could handle myself."

Uhl had stayed away from competitive swimming for 15 years and was soon asking himself, "What am I doing, am I crazy?" but lived to tell the tale.

"They got guys swimming at 80," says Uhl, somewhat in awe.

Another local national champion in the Masters program, also helped by John Collins, is Harrison High coach Jerry Curran, who has won the backstroke in the 40-44 division.

Anyone interested in the Masters program can contact Jack Geoghegan at 967-8167.

# SWIM-MASTER

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## SWIM CALENDAR

HAWAII ASSOCIATION - Dave Drum, 99-1440 Aiea Hts. Dr., Aiea, HI 96701  
JUN 5, JUN 19, JUL 10, JUL 24, AUG 14

JUN 3-4 PA SC Champ - Davis Aquatic Masters, P.O. Box 921, Davis, CA 95616

JUN 4-5 Oakville Inv. - Ken Allen, 132 Cross St., Oakville, Ontario, Canada

JUN 4-5 PNA - Steve Engel, 2005 S. 308th, Federal Way, WA 98002

JUN 5 Santa Ana - Don Rankin, 11731 Heathcliff Dr., Santa Ana, CA 92705

JUN 7 NEM - Joy Miller, 401 Essex St., Hamilton, MA 01936

JUN 17-19 NATIONAL YMCA MASTERS - Lollie Keller, 25 Park St., Montclair, NJ 07042

JUN 18 Mont San Antonio College - Don Rankin (above)

JUN 18-19 Wichita LC - Dianne Compton, 308 S. Belmont, Wichita, KS 67218

JUN 18-19 Oregon - Connie Wilson, 10315 S.E. 82nd, Portland, OR 97266

JUN 26 South County Y - Nat Johnson, 520 Givens St., Sarasota, FL 33581

JUN 26 U of GA - Lou Gado, 156 Grove St. #9, Athens, GA 30605

JUL 2 Rough Water - Huntington Beach SC, P.O. Box 123, Huntington Bch, CA 92648

JUL 10 Coronado Masters - 1019 7th Street, Coronado, CA 92118

JUL 15 NMBSC LC - Larry Holley, 607 S.W. 4 Court, Hallandale, FL 33009

JUL 16-17 PNA - Steve Engel (above)

JUL 23 NATIONAL LONG DISTANCE CHAMP - Clifford S. Brown, N76W22300 Cherry Hill Rd.,  
Sussex, WI 53089

AUG 13-14 SMS LC - Nat Johnson (above)

AUG 25-28 NATIONAL LC CHAMP - Jack Zappone, N 1311 Superior, Spokane, WA 99202

SEP 3 Maui Channel Swim - Jim Caldwell, 275 Makaweli Pl, Honolulu, HI 96825

SEP 5 Waikiki Rough Water Swim - Dept of P&R, 650 S. King St, Honolulu, HI 96813

SEP 10-11 Fayetteville Y - Jean Smith, 2717 Ft. Bragg Rd, Fayetteville, NC 28303

SEP 24-25 MUTS SC - John & DeeDee Owens, 3501 Sheffield, Arlington, TX 76013

OCT 14-15 Glastonbury - Bob Gerstung, P.O. Box 261, Glastonbury, CT 06033

### DIVING CALENDAR

JUN 11-12 Senior Olympics - Warren Blaney, 5225 Wilshire Blvd., #302, Los Angeles, CA

JUL 10 Felix Grossman, 17960 Rancho Ave., Encino, CA 91316

AUG 13 John Samuelson, 230 Dolphin Cove Ct., Del Mar, CA 92014

SEP 10 Lyle Draves, 5732 Geyser Ave., Tarzana, CA 91356

OCT 8 Fred Fox, 30162 Branding Iron Rd., San Juan Capistrano, CA 92675

NOV 6 Tom Crosby, 1261 Nacion Ave., Chula Vista, CA 92011