

Results for “Go the Distance” April, 2008

A hearty welcome to Karen, Robert, Kirstie, Cliff, Greg, Marie, Lisa and Jackie who decided to join the fun of “Go the Distance”! Please continue to spread the word to your swimming pals that we’re swimming lots of miles and having a great time along the way!

We now have 64 more participants who have crossed the first major distance milestone of “50 miles”. Hats off to all of you who have achieved this goal!

There were also 85 swimmers who zoomed past the “100 miles” mark, 35 made the “150 miles” threshold and 23 have now swum over “200 miles”. We also have 13 participants that have tracked “250 miles” or more, 2 have made it to “300 miles” and 2 more have swum more than the “average a mile a day” milestone of 365.25 miles. The “500 miles” goal has been achieved by 2 swimmers and unbelievably our GTD Xtreme leader has swum more than “750 miles” so far this year.

WOW - It sure looks like all of our participants are really “going the distance”!

Our group total is now at 53,037.56 miles with an average of 98.58 miles. I find it somewhat amazing that our GTD Group average is nearly 100 miles after only 4 months! Any one care to guess what we can do by the end of the year!?!?

The April results are posted at <http://www.usms.org/fitness/content/gothedistance08> for your review. There is also a complete list of participants that have achieved a GTD Distance Milestone this month as well as a complete list of all distance milestone achievements for 2008.

The April GTD highlights include a story and picture of how one of our participants is celebrating her first “50 miles” distance milestone achievement. I think she will be quite an inspiration for us as well as some youngsters. There is also a description of a new GTD feature that will start next month – I need your input!

Happy swimming in May!

*Your GTD Pal,
Mary Sweat*