



SWIM-MASTER

VOL VI - No 9

USA NATIONAL PUBLICATION FOR MASTERS SWIMMERS

NOVEMBER - DECEMBER 1977

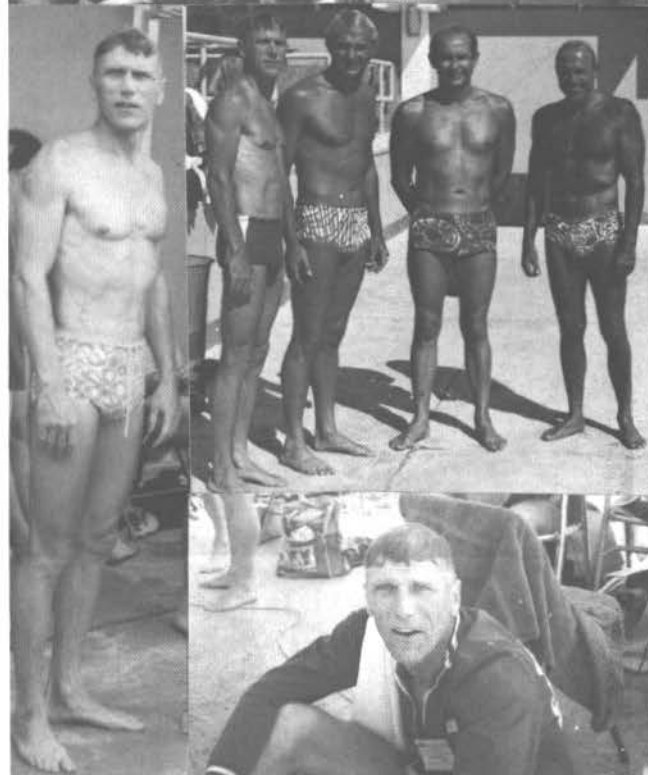
90th ANNUAL CONVENTION

Significant steps were taken at the AAU National Convention, Columbus, Ohio, October 9-15, to make each of the Olympic sports autonomous and independent. A plan of action was adopted which will give each sport the right to govern its own affairs at both the local and the national levels. What remains to be worked out is the relationship between each Olympic sport and the AAU. For the present all is status quo, the AAU will continue to function much as it does now in servicing the various AAU sports in such matters as collecting fees, etc. As far as Masters Swimming is concerned, nothing has changed much.

COMMITTEE REPORT

Meetings were held on both Monday and Tuesday evenings with Roy Stickney hosting a nice reception on Tuesday before our meeting. Some of the committee's actions are as follows:

1. A surcharge of up to \$2.00 per swimmer may be charged to help defray costs when automatic timing is being used.
2. In a National Championship meet, the competitor may enter seven events and swim in 5 in a 3-day meet and 6 in a 4-day meet.
3. In National Championship meets, all heats will be swum with the fastest heat first within each age group.
4. The 400 meter IM was added to the Long Course National Championships.
5. There will be no division or splitting of age groups in National Championships.
6. A Certificate (with individual name) and a patch will be made available for the All-Americans.
7. We are going to have three sets of records - 1) National Championship Meet Records; 2) American Records - made by any AAU registered athlete in an AAU sanctioned meet; and 3) Open Records - made by anyone swimming in an AAU sanctioned meet.
8. Ted Haartz was elected Chairman for a two year term. Don Rankin was named Vice-Chairman and Enid Uhrich Secretary.



PROFILE OF TED HAARTZ

1950 graduate of Tufts Univ., Medford, MA. Best events were 200 yd breast 2:45.6 and 100 yd free 1:00.7. Started training for Masters competition in 1970 after reading about the first meet held in Texas. Best current events include the 100 and 200 breaststrokes. Selected the 1976 recipient of the Ransom J. Arthur Award (top with Bob Beach, Chair.). Middle rt: Ted, Gay Rosser, Bump Jones and Reed Ringel.



HUMUHUMU "B" TEAM, MIXED FREESTYLE RELAY AT THE L.C. NATIONALS IN SPOKANE. ENTRY IN THE 25-34 AGE GROUP CONSISTED OF GARY NIEMEYER 30, PEARL MILLER 79, JAMIE CAMERON, 77, AND DENNY BUNN 28. THEY SWAM WELL AND EARNED MUCH APPLAUSE.



WINNING 200 M. MEDLEY RELAY TEAM, WOMEN 65-74, AT L.C. NATIONAL CHAMPIONSHIP MEET IN SPOKANE, AUGUST 1977. HUMUHUMUNUKUNUKU-APUA'A S.C. OF HAWAII. GRATIA MCCONKEY 67, JERRY BENNETT 68, JAMIE CAMERON 77, HAZEL MONTGOMERY 70.



DAVE ROWAN, NATIONAL AAU MASTERS 100-METER AND 200-METER BACKSTROKE CHAMPION IS SHOWN WITH VILLANOVA UNIVERSITY'S COACH ED GEISZ HOLDING THE COLLIER PENTATHLON TROPHY. (FIVE EVENTS: 100 YD FREE, 100 YD BACK, 100 YD BREAST, 75 YD IM AND 500 YD FREE. ROWAN WON PERMANENT POSSESSION OF THE CUP BY WINNING IT FOR THREE CONSECUTIVE YEARS. IT IS ONE OF THIRTY TROPHIES EARNED BY DAVE IN OVER TWENTY-TWO YEARS OF HIGH SCHOOL, COLLEGE, AND AAU COMPETITION. HANDMADE OF STERLING SILVER, IT IS THE LARGEST AND MOST EXPENSIVE TROPHY EVER PUT IN AAU SWIMMING COMPETITION. THE FORTY-FIVE YEAR OLD CUP, VALUED AT \$8,000, IS BEING DONATED BY ROWAN TO THE SWIMMING HALL OF FAME, FT. LAUDERDALE, FL, WHERE IT WILL BE ON PERMANENT DISPLAY. ROWAN, A RETIRED ARMY LIEUTENANT COLONEL AND A LIFELONG SUPPORTER OF VILLANOVA SWIMMING, WORKS OUT EVERY DAY AT VILLANOVA UNDER THE SKILLFUL EYE OF COACH ED GEISZ. DAVE COMPETES IN THE 60-64 AGE GROUP. (Photo by David Scarpa)



RITA-AL AND BUMPY JONES, REPRESENTING THE SUNCOAST MASTERS OF SARASOTA, RECEIVING THE TROPHY FOR WINNING THE FIRST ANNUAL HAWAIIAN RELAYS, PRESENTED BY RICHARD MERRITT OF THE HUMUHUMUNUKUNUKUAPUA'A SWIM CLUB OF HAWAII. THE TROPHY WAS PRESENTED AT THE 1977 LONG COURSE NATIONAL CHAMPIONSHIP IN SPOKANE, WA.

(Photos by Lloyd B. Osborne)

PACIFIC ASSOCIATION

Ridout named top swimmer

Novatan Nancy Ridout of the Tamalpais Swim Club has been named the outstanding Pacific Association master woman swimmer of the year.

She received the award at the Amateur Athletic Union masters North-South dual swim meet held Saturday at Atascadero.

Ridout was chosen for the honor from approximately 500 swimmers on 30 teams in the Pacific Association, which covers Northern California from Salinas to the Oregon border.

She is the current women's 35-39 national record holder in the 200 and 500-yard freestyles and still holds the 200-yard free national record for women 30-34.

She holds 35-39 Pacific Association records in 100, 200, 500-yard frees, 50-yard breast, 200-yard fly, 50-meter free and 200-meter fly.

As a 30-34 age group swimmer she held PA records in 50, 100, 200, 500 and 1650-yard frees, 50 and 200-yard flies, 100-yard individual medley, 50, 100, 200, 400 and 1500-meter freestyles and 400-meter individual medley.

At the national AAU masters short course championships at Fort Lauderdale, Florida, last May, she placed first in the women's 35-39 50, 100, 200 and 500-yard free and second in the 50-yard fly.

At the national AAU



NANCY RIDOUT
Top Master
(Advance photo)

masters long course championships at Spokane, Wash., last month, she placed first in the 50 and 100-meter frees and second in the 100 and 400-meter frees and 50-meter fly.

From 1962 to 1964 she swam on the national champion AAU Ann Arbor (Michigan) Swim Club women's water polo team and was chosen as an all-American water polo player in 1962 and 1963.

Only Wealthy Swim Topless—Vatican

ROME (AP) — This summer saw more topless sunbathing than ever before on Italy's beaches, but the Vatican maintained yesterday that "nudity remains a phenomenon more or less of the wealthy class."

"The great majority of our people even today think differently from ... this deafening invitation to the striptease," the Vatican daily L'Osservatore Romano said in a front-page editorial.

When leftists urged a massive strip on public beaches on Aug. 15 to show that working-class people had the same rights to "integral tans" as those who can afford private beaches, there was almost no response.

The Sacramento Union

Sports

Section F

Tv, Bridge

Wednesday, June 29, 1977—F1 ★★



Mrs. Dot Werry



Mrs. Vicki Begert

RECORDS FOR BOURNEMOUTH SWIMMER

LONG distance swimmer Willy van Ryssel of Bournemouth has elapsed just over 22 minutes off three cross-Solent records she set up her self last year.

She swam from Southsea to Ryde in 2 hours 42 minutes 55 seconds, creating records for swimmers in the over-40, over-50 and over-60 age groups.

Miss van Ryssel (61), of West Cliff Road, had held the over-40 and over-50 records for 11 years before breaking those and establishing the over-60 record last year.

Dutch-born, she is also the holder of the same records for the Solent swim in the opposite direction—a record in itself.

She thinks that her medal-winning successes in two Masters Championships in America this year helped her in achieving this week's record-breaking swim.

"The water was very cold," she admitted today. A lot of swimmers have had to give up but it was calm and the hardest bit was crossing the main channel.

Solent SC members Keith Richards and Roy Neeve following by boat, acting as official observers and time-keepers.

Don Bloom



Lake Tahoe awaits challenge of fund-raisers

WHY WOULD two happily married Sacramento women even consider entering Lake Tahoe's bone-chilling water at 4:30 a.m. and "give it all we have" to swim 13 miles from Glenbrook to Sugar Pine Point?

Mrs. Dot Werry and Mrs. Vicki Bergert have several reasons and all of them have to do with the "gift of life" available through the Heifer Project International. They know what well-directed funds can do for impoverished people, specifically:

For \$500, a flock of chickens can be sent to the Philippines. Each chicken lays approximately 400 eggs. Half of the chickens in Korea are project stock.

For \$500, a pregnant heifer can be transported to Africa or given to the American Indian self-help program. One dairy heifer and its offspring produce about one million cups of milk in 10 years. During that same span, a beef heifer and its progeny make 25 tons of steak and hamburger.

DOT AND VICKI believe in the project's motto: "Give a man a fish and he will eat for a day, but teach him how to fish and he will eat for the rest of his life." That's why the wives of Bill Werry, a McClatchy High product who caught in the Brooklyn Dodgers' farm system, and Robert Begert, the nation's ninth-ranked racquetball player, are dedicated to daily workouts in preparation for their July 30 swim.

They already have nearly \$200 in pledges—beginning at 50 cents per mile—and are looking for additional funds. Dot, a mother of two, said: "Anyone interested in donating money for a wonderful cause can call 452-2416 or 456-3815 or mail it to 2855 58th St., Sacramento, 95817, or 3720 Folsom Blvd., 95816. Vicki and I have the chance to raise funds for hungry people and we'll try our best to swim the entire distance."

LAST YEAR more than \$6,000 was raised by swimmers. "In the first swimathon there were nine people," Dot explained, "and Sally Jo Antonchuk of Redwood City was the only one who reached the finish. She swam the 13 miles in six hours and 59 minutes. One person was in the water for about nine hours."

"To all of us, it's a personal challenge to help others, those in America and in foreign countries. We're Heifer Project enthusiasts who have a strong belief in our cause."

DOT HAS been swimming "for 35 years," as she puts it. For the past decade she's been a prominent member of the Sacramento YMCA's "senior" team. In last year's national championships at Mission Viejo she placed seventh in three events and ninth in two more.

Among her 1976 feats were national top 10 ranking in three events—a 1:14.83 100 freestyle, 7:25.40 500 freestyle and 1:34.10 100 butterfly. Also adept at synchronized swimming, Dot will be well prepared for her long distance swim.

SHE HAS completed the Aquatic Park Cove and Alcatraz swims and placed ninth among 51 woman entries in the 1 1/4-mile swim from Marin to Forth Point in 34:46. Vicki and another Sacramentan, Jackie Schetter, followed Dot under the Golden Gate Bridge and coasted in tied for 10th place.

Asked if she believes she can negotiate the 13-miler, Dot smiled and said firmly: "I'll try the best I can."

"OF COURSE I'm going to make it all the way," said Vicki. "It's 90 per cent mental. If you say you can, you will. If you say you can't, you won't. I've been on that whole swimming trip and I'm glad I'm finally doing it for fun instead of for my parents."

"My parents pushed me into swimming when I was growing up in Walnut Creek. I swam 1:06 when I was 13 and placed ninth in the National AAU 100-meter butterfly. I like to win, but it's nice to know I'm doing something for me—and needy people."

"I used to be under pressure of the clock. Now I swim for relaxation and have a choice to help others. Sure, it's nice to expose children to everything, but they shouldn't be placed into a position that's a drag. Then all hell breaks loose."

VICKI, WHO hums to herself for entertainment while swimming and averages five miles daily, also runs four miles, rides a bicycle and plays racquetball nearly every day with Robert. She tried the role of a physical education instructor in the Grant School district, but said: "I wasn't cut out for it. So I decided to go to Sacramento State."

She is a straight A student. Next year Vicki will apply for a medical school. "It will take until 1985," she said, "but I want to be a gynecologist."

Of such merits are Heifer Project fund-raisers made.

Virginia State Championships

by LES FINNEGAN



The D.C. Masters Swim Team, the Virginia Masters Swim Club and the Nautilus Aquatic Club, of the Washington Central YMCA, swam off with most of the top honors-- including team and individual championships-- in the First Annual Virginia State AAU Masters Short Course Championships, on Oct. 8th. Eighteen teams, including one from California, participated in the successful meet organized by Virginia Masters leader Karen Stronach in the beautiful University of Virginia pool at Charlottesville, VA.

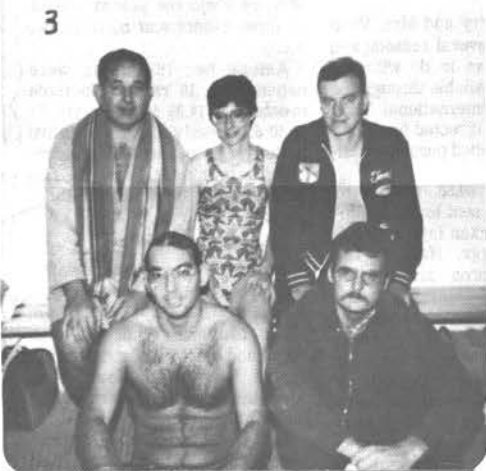
(1) THREE TEAM CHAMPIONSHIPS, THREE TEAM TROPHIES, AND THREE BIG SMILES: Accepting the three glistening team championship trophies at the conclusion of the meet are at left, Karen Stronach.

Her Virginia Masters team captured second place with 266 team points. The D.C. Masters, led by John Flanagan (center) won the first place team trophy with 313 points. (right) Les Finnegan accepted the third place trophy for NAC's 102 points. Stronach, a nationally-ranked swimmer, did not compete so she could give full attention to directing the smoothly-running events. The Virginia Masters shared individual high point honors with D.C. Masters. Each had swimmers winning six first places and Virginia state titles.

(2) Bob Hanson, versatile Tri-City Tridents swimmer (50-54) easily outscored all other competitors in the race for highest individual point totals. Hanson swam off with an almost incredible nine first places. Bob qualifies as a one-man Masters swim team! Other High Point winners were Arthur Young, ARAC (25-29); Chris Ruppert, UNA and Patty Morrison, UNA (25-29); John Flanagan, DCM (30-34); Bonnie Mosbrook, VM (30-34); Charles Bechtel, DCM (35-39); Lucille Griffin, VM (35-39); Tom O'Keefe, DCM (40-44); Nancy Brown, WYMCA (40-44); Nick Berenyi, UNA and Mark Coughlin, DCM (45-49); Roxanne Motter, Tri-City (45-49); Bob Hansen, Tri-City (50-54); Babs Carter, VM (50-54); Larry Dodge, DCM (55-59); Dorothy Resseguie, FM (55-59); Les Finnegan, N (60-64); Marie Heikkinen, FM (65-69); Stanton Craigie, UNA (70-74).

(3) The Third Place Team Trophy was especially welcome to the Nautilus A.C. because only one woman was able to accompany the team. Back row: Ted Wood, Shari Danch and Tony Vertuno; seated: Milton Babirak and Tom Wingate.

(4) Team trophies for the top-scoring squads and special individual High Point awards intensified the competition. Proud of their Nautilus Aquatic Club's third place are Les Finnegan, who scored 35 points; Ted Wood, who doesn't want to let go of that trophy for a second and who scored 18 points; and Tony Vertuno, who chalked up 20 points. (5) The gleaming new University of Virginia short course pool provided not only a beautiful but also a fast setting for the First Annual Virginia Masters Meet. Most swimmers agreed it was one of the fastest pools in which they'd ever competed, and the large number of "personal best" times tended to prove it. Meet Director Karen Stronach said it was her hope that the success of the meet would encourage other Masters groups to organize State Masters Championships.



MASTERS SWIMMING EXECUTIVE COMMITTEE

- CHAIRMAN - RECORDS - Ted Haartz, 155 Pantry Rd., Sudbury, MA 01776
- VICE-CHAIRMAN - Donald Rankin, 11731 Heathcliff Dr., Santa Ana, CA 92705
- SECRETARY - TOP TEN WOMEN - Enid Uhrich, 25 Lafayette Rd., Newton, MA 02162
- AQUATICS LIAISON - Dale Petranech, 615 North St., Asaph St., Alexandria, VA 22314
- AWARD - Robert E. Beach, Judicial Bldg. #402, St. Petersburg, FL 33704
- GOALS & MEDICAL - Dr. Ransom J. Arthur, 11361 Isleta, Los Angeles, CA 90049
- HISTORIAN - Hamilton Anderson, 506 Bolivar, Bellaire, TX 77401
- LAW & LEGISLATION - Mike Laux, P.O. Box 5, 38 Valley Rd., Westport, CT 06880
- NATIONAL CHAMP. RECORDS - Cindy Baxter, 940 Clara Dr., Palo Alto, CA 94303
- RULES - June F. Krauser, 2308 N.E. 19 Ave., Ft. Lauderdale, FL 33305
- TOP TEN MEN - Ed Reed Sr., 63 Greenwood Lane, Waltham, MA 02154
- AT-LARGE - Jill Oberweis, 1131 Felten Rd., Aurora, IL 60504
- AT LARGE - Jennifer Parks, 4485 Janice Lee Dr., Okemos, MI 48864

DEEP WATER HIGH DIVE

By J.C. CALHOUN

It happened during my lunch break on Wednesday.

The National AAU Championships were scheduled for the following Saturday and Sunday, in Fort Lauderdale. I was doing an inward 1½ somersault in the pike position when a groin muscle tore in my left leg. I could feel it stretch, tear and vibrate from 15 feet over the pool clear to the bottom — 14 feet deep. The pain hit simultaneously, like a bread knife being driven through the upper thigh, from the inside.

Mark Hileman, the Boca Raton municipal pool manager, came over to poolside where I was limply hanging from the gutter, still in the water. "What's the matter, John — are you all right?"

Still hurting, both mad and sad, I answered: "I just blew the meet! Pulled a muscle. Son-of-a-bitch!"

"Oh no, John! After how many months practice, about three?"

"More like four," I said, and limped out of the pool. I had 15 minutes to get back to my ocean lifeguard post.

The patrol captain had for several weeks arranged my schedule for a 1:30 to 2:30 lunch and allowed me to combine it with the 30-minute afternoon break. That allowed me to get in some good workouts.

I am among thousands of Americans who are getting into, or back into, competition such as swimming, diving, track, cycling, and other sports, in their middle years. At this age level, the competition is called "Masters."

The Masters swimming program has been going on since about 1971, originally designed by a Dr. Ransom Arthur, a Navy captain stationed at San Diego, Calif. Diving had been added to it a few years later. The competitions were set up to promote health and to provide motivation for people to engage in regular, healthful exercise. It is for men and women 25 years old and upward; no one is barred from participating, including professionals and coaches.

During my prime years of springboard and platform diving competition on the national and international levels, some 10 years during the late 1940s and early '50s, I was always around the periphery. In that era Bruce Harlan, Miller Anderson, and Bobby Clotworthy of Ohio State University, Sammy Lee of California and Skip Browning of Texas were winning all the championships.

I was never quite able to win a major championship whenever one or more of them were entered, but came close many times. I was named to the All-American Intercollegiate Diving Team four times, had been Alternate Diver on the 1948 U.S. Olympic Team, and a member of the 1952 Olympic Team in platform diving. A friendly coach once kindly classified me as "near great."

Those years had been fun but frustrating. My efforts had provided me with \$50,000 worth of free travel. They had assisted, by way of a partial scholarship, in getting me through undergraduate school. After the amateur years, two summer tours with the Aqua Follies as a fea-

tured and comedy diver had helped me get through graduate school at the University of Florida.

Before the new programs were introduced, the careers, both amateur and professional, of most athletes were relatively short. During the years of involvement, though, one does not seem to look ahead. Looking back to the dedicated years, when sports were practically a religion, I can see where almost every move and decision was based upon furthering my specialty. It was a good motivation; I studied to remain eligible to compete.

When it was over, I had good memories, some trophies, a few scrapbooks. The years move along; nothing seems as interesting as the sports years; the excitement, the recognition, the applause and the exhilaration of success. In Olympic sports, the former Gold Medal winners will usually list their triumph as the high point of their lives.

A decade passed. Occasionally I read or heard sad things. In 1956 Skip Browning, then a U.S. Navy jet fighter pilot, was killed in a crash. Two years later I picked up a morning paper and read that Bruce Harlan had been killed in Connecticut. He was only 33 when he fell from a diving scaffold he had been dismantling after a professional water show engagement. About 1966, Miller Anderson died of a heart attack at 44.

Now, by three in the afternoon, I was back on the beach, giving the guard on lifeguard tower No. 303 his afternoon break. Two hours to quitting time, I thought. The leg still hurt but there were few beach patrons around, so no emergencies were likely.

I picked up the telephone and dialed our headquarters office. "I thought I'd better let you know," I told Bill Terry, our supervisor, "I just pulled a muscle working out at the pool. There's nobody in the water here so I can make it two more hours."

"You're not getting chicken, are you?" Bill asked.

"Hell no, I was ready!"

"That's really too bad, John. Maybe you can get a cortisone shot. I played a few football games like that with an injury."

"Thanks for the tip. Maybe I'll try that,"

I said.

I tried but could not dive on Thursday or Friday. Early Saturday morning I got a doctor to inject the muscle with cortisone. "I think you have a muscle tear, but not a complete separation," he said. "This stuff doesn't act too fast. It may not help you today, but it should for tomorrow's events."

At the pool in Fort Lauderdale I started warming up. I carefully tried a few easy dives on the one-meter board. It hurt mostly on the take offs from the end of the board. Otherwise I could execute pretty well considering the lay off. I even hit the more difficult optional dives I had selected, including a reverse 1½ somersault tuck, which is not easy on the low board.

I had to do six dives. Just before the final one, I discovered that I had been averaging 7.5 scores from the judges, much better than I had anticipated. I blew my last dive all over the pool — the reverse 1½ somersault. However, I had such a lead by then, I still won.

The 50-to-54 age group three-meter and the 45-and-up Senior Grand Master events were scheduled for Sunday. The leg was now so sore I could hardly walk, but I felt it was worth it to win a national championship — any kind of national championship.

At home that night I phoned the doctor again about another

shot. The first one didn't seem to be working. He refused, saying he had already given me the limit.

The next day, before the competition, I took a warm-up on the three-meter board. I tried out every dive I planned to use except the front 2½ somersault pike. There was hardly any pain, so at last the cortisone seemed to be working. Now I was just worried about a re-injury. The pike position (flexed at the hips, knees locked straight, and nose down on the legs) spinning dives were the ones I had been doing when the muscle tears occurred.

I got my dive sheet back for the 50-to-54 age group three-meter event from Ted Keller, the meet director. "I'm scratching this one! I think I can only get through one more list, so I'll try the Grand Masters," I told him.

Months before, I had pondered over the possible competition. Bob Clotworthy had been swimming coach at Princeton, had been in the Peace Corps in South America, and was now coaching at the University of Texas. Sammy Lee was practicing medicine in Santa Ana, Calif., and was busy coaching young Greg Louganis for the '76 Summer Olympics. I had thought either or both might show up, so I tried to work on some difficult dives.

In diving you try to pick the most difficult dives you can do consistently. If a competitor's total is even one-tenth of a point higher than yours, he has a psychological advantage. By mostly scaring hell out of myself, I got back my old list that I had used 20 years before.

I did one required dive and six optionals. I again averaged 7.5s, and was gratified I had just been "off" a little on a couple of take-offs, and more importantly, that I won! For three days it had been much in doubt whether I could even compete. My daughter Kathryn was eight years old that day, May 16, 1976. I was 51 three days later.

As one of the prizes of becoming the Senior Grand Master NAAU Diving Champion I got a big kiss from my wife, Sally, a mere whippersnapper of 42. Also one from our birthday daughter, Kathy, who some mistake for my granddaughter.

This is happiness, for a retreat, and a good way to close out half a century!

J. C. CALHOUN is a freelance writer who lives in Pompano Beach.

Reprint from Miami Herald's TROPIC

MASTER AGE GROUP SWIMMING

Swimming has long been recognised as one of the most habit forming sports that people just do not want to give up. Until the Masters Tournament was instituted in 1973 most competitive swimmers gave up with varying degrees of good grace in their early twenties, whilst for women the time often came in the mid-teens. In that year the Otter Club organised a 'pilot' gala for older swimmers under the aegis of the Sport for All Campaign. It was an instant success, and the event has continued to grow in popularity each year. In 1976 over 150 swimmers averaged three swims apiece during a very hectic day of competition, and from the level of preliminary enquiries it looks as if 1977 will be another record year.

The Tournament consists of a series of age group competitions organised in five year bands for swimmers from 25 to over 60 years old. Each group includes races on all four strokes, and the programme is arranged to allow competitors to swim in all the five or six events in their group during the day.

Top Internationals Star

Entrants come from all over the country, with Scotland and the North well represented. Brixham Ladies from the West in fact won the Ladies' 1976 team trophy. There is always a good turnout by ex-internationals, and Jack Hale, Ron Roberts, Roy Romain, Graham Symonds,

THE SWIMMING TIMES September 1977

Di Harris and Linda Ludgrove have entered in the past. A new FINA ruling in 1976 now allows professionals to compete in overseas Masters events, and although the ASA will not have ratified it in time for this year's Tournament, it is hoped to obtain a dispensation for professionals to compete in this country as well.

Masters swimming was originated in the USA by an Otter, Ransom J. Arthur, and this country was the first to follow. Our gala has always had an international flavour, with swimmers from the USA, Germany and Eire competing at Marshall Street. Attempts were made to organise a party to compete in the US Short Course Masters Championships at Fort Lauderdale in May. Willy Van Rysel's achievement in winning five silver medals shows that the Americans do not have it all their own way. This must represent one of the best ever achievements by a British swimmer in a US championship. The other British entrant, Tony Jarvis of Otter, was also in the medals, with a second, two fourths, a fifth, and a sixth in the final classification. The stars have their place of course, but the success of Masters swimming depends primarily on the support of club standard swimmers. The Tournament is above all a very sociable day of sport, a chance to meet old friends, and an opportunity to re-fight old battles.

RESULTS AT A GLANCE

NEW ENGLAND MASTERS, BROWN UNIV. LONG COURSE 4/13,14/77		50 mtr butterfly D.Edelbaum,44 46.29 100 mtr butterfly D.Edelbaum,44 1:48.31 200 mtr butterfly D.Edelbaum,44 4:18.19 400 mtr individual medley D.Edelbaum,44 8:10.03 WOMEN 45-49 50 mtr freestyle C.Chittum,25 34.31 D.Gaspbell,28 41.83 100 mtr freestyle C.Chittum,25 1:17.53 D.Gaspbell,28 1:38.97 200 mtr freestyle F.Watson,29 3:17.24 D.Gaspbell,28 3:38.92 400 mtr freestyle K.Watson,29 6:44.80 50 mtr butterfly K.Watson,29 56.11 100 mtr butterfly K.Watson,29 1:57.96 200 mtr individual medley K.Watson,29 3:50.53 WOMEN 30-34 50 mtr freestyle L.McGonigal,34(C) 37.38 100 mtr freestyle J.Katz,34 1:11.97 J.Murphy,33 1:24.93 L.Klock,33 1:27.72 1500 mtr freestyle J.Hardy,33 27:56.99 50 mtr backstroke J.Hardy,33 41.68 100 mtr backstroke J.Katz,34 1:26.55 J.Hardy,33 1:31.05 L.McGonigal,34(C) 1:35.66 200 mtr backstroke L.McGonigal,34(C) 3:24.28 50 mtr breaststroke J.Murphy,33 41.82 L.Klock,33 45.25 100 mtr breaststroke J.Murphy,33 1:29.45 L.Klock,33 1:38.56 J.Katz,34 1:38.88 200 mtr breaststroke J.Murphy,33 3:16.21 50 mtr butterfly L.McGonigal,34(C) 41.79 100 mtr butterfly J.Katz,34 1:19.17 200 mtr butterfly J.Katz,34 2:51.31 300 mtr individual medley J.Murphy,33 3:07.70 400 mtr individual medley J.Katz,34 6:05.86 WOMEN 35-39 50 mtr freestyle E.Adams,38 37.39 100 mtr freestyle E.Adams,38 1:29.14 M.Higbie,38 1:29.63 200 mtr freestyle J.McCraw,38 3:34.05 400 mtr freestyle J.McCraw,38 7:29.96 M.Higbie,38 7:29.96 50 mtr backstroke E.Adams,38 50.79 100 mtr backstroke E.Adams,38 1:52.97 200 mtr backstroke E.Adams,38 4:02.34 50 mtr breaststroke M.Higbie,38 54.90 100 mtr breaststroke M.Higbie,38 1:58.81 200 mtr breaststroke M.Higbie,38 4:09.99 50 mtr butterfly E.Adams,38 49.16 200 mtr individual medley E.Adams,38 4:02.79 WOMEN 40-44 50 mtr freestyle J.Parker,41 38.59 J.Puleston,42 45.23 C.Gauthier,43 1:03.54 E.Lyman,44 1:05.49 100 mtr freestyle J.Parker,41 1:31.22 J.Puleston,42 1:39.81 E.Lyman,44 2:28.14 C.Gauthier,43 2:33.54 200 mtr freestyle J.Puleston,42 3:39.31 C.Gauthier,43 5:33.04 400 mtr freestyle J.Parker,41 7:01.87 J.Puleston,42 7:30.02 1500 mtr freestyle J.Puleston,42 29:04.18 E.Lyman,44 41:59.92 100 mtr backstroke E.Lyman,44 2:15.24 200 mtr backstroke E.Lyman,44 4:51.15 50 mtr breaststroke J.Parker,41 5:11.3 D.Edelbaum,44 5:28.38 J.Puleston,42 1:06.25 100 mtr breaststroke D.Edelbaum,44 1:51.37 J.Parker,41 1:54.15 E.Lyman,44 2:17.14 200 mtr breaststroke D.Edelbaum,44 3:55.93 E.Lyman,44 4:56.33		100 mtr breaststroke F.Whitten,34 1:22.92 R.Braver,34 1:26.52 B.Childrens,33 2:01.83 100 mtr butterfly F.Schlicher,29 1:01.12 200 mtr butterfly F.Schlicher,29 2:17.14 MEN 30-34 50 mtr freestyle R.Boder,34 27.28 R.Hahn,34 31.21 P.Alexander,34 31.72 B.Childrens,33 41.73 K.Johnson,30 38.46 100 mtr freestyle R.Boder,34 1:04.35 M.Paeeler,31 1:06.40 R.Braver,34 1:10.56 R.Hahn,34 1:11.60 P.Alexander,34 1:15.35 200 mtr freestyle M.Paeeler,31 2:32.76 R.Boder,34 2:31.07 W.Stoddard,32 2:34.17 R.Braver,34 2:40.37 R.Hahn,34 2:46.24 P.Alexander,34 3:01.89 400 mtr freestyle M.Paeeler,31 5:27.91 W.Stoddard,32 5:41.22 R.Braver,34 5:55.42 R.Hahn,34 6:03.51 P.Alexander,34 6:129.65 1500 mtr freestyle M.Paeeler,31 21:54.66 R.Braver,34 22:47.36 W.Stoddard,32 23:19.28 R.Hahn,34 24:27.84 50 mtr backstroke M.Paeeler,31 21:54.66 R.Braver,34 22:47.36 W.Stoddard,32 23:19.28 R.Hahn,34 24:27.84 100 mtr backstroke M.Paeeler,31 44.28 R.Boder,34 44.83 for breaststroke 24-29 50 mtr butterfly D.Walther,30 33.55 H.Williams,32 35.93 B.Childrens,30 47.28 100 mtr butterfly A.Melamed,33 1:02.53 D.Walther,30 1:06.92 H.Williams,32 1:30.00 J.Coplon,31 1:10.12 200 mtr butterfly A.Melamed,33 2:18.50 J.Coplon,31 2:40.86 200 mtr individual medley D.Walther,30 2:40.00 H.Williams,32 3:28.51 400 mtr individual medley M.Paeeler,31 6:11.09 R.Boder,34 6:23.13 R.Braver,34 6:58.27 MEN 35-39 50 mtr freestyle D.Davis,35 28.04 100 mtr freestyle B.Williams,35 1:01.61 D.Davis,35 1:02.95 200 mtr freestyle B.Williams,35 2:22.91 D.Davis,35 2:25.46 D.Clarke,35 2:43.39 400 mtr freestyle D.Clarke,35 5:59.04 1800 mtr freestyle D.Clarke,35 24:55.76 50 mtr backstroke B.Williams,35 29.57 M.Iaux,35 30.24 D.Clarke,35 37.68 100 mtr backstroke B.Williams,35 1:09.72 M.Iaux,35 1:09.96 200 mtr backstroke M.Iaux,35 2:45.45 D.Davis,35 2:59.77 400 mtr individual medley B.Williams,35 5:46.61 MEN 40-44 50 mtr freestyle D.Read,43 28.26 E.Webster,44 30.57 D.Cook,42 31.91 H.Schein,43 38.24 D.Read,43 1:05.43 E.Webster,44 1:07.80 200 mtr freestyle E.Webster,44 2:37.51 E.Webster,44 5:52.78 E.Webster,44 5:54.48 1500 mtr freestyle E.Haber,44 22:35.72 R.Murray,40 23:08.82 50 mtr backstroke D.Claryson,42 33.61 D.Cook,42 36.55 E.Murray,40 38.36 100 mtr backstroke D.Claryson,42 1:14.20 R.Murray,40 1:25.87 200 mtr backstroke D.Claryson,42 2:47.32 H.Schein,43 44.41 D.Cook,42 45.12		100 vi breaststroke H.Schein,42 1:38.90 50 mtr butterfly B.Murray,40 30.10 B.Read,42 32.62 100 mtr butterfly B.Murray,40 1:19.44 B.Read,42 1:23.57 H.Schein,42 1:36.79 200 mtr butterfly B.Read,42 3:33.77 400 mtr individual medley B.Murray,40 6:42.97 MEN 45-49 50 mtr freestyle Tom Lyndon,45 28.88 B.Christian,46 32.42 B.Graham,47 44.31 100 mtr freestyle T.Lyndon,45 1:05.12 M.Allen,47 1:14.06 B.Graham,47 1:44.64 200 mtr freestyle T.Lyndon,45 2:35.64 B.Christian,46 3:21.21 M.Allen,47 3:00.38 B.Graham,47 4:09.65 400 mtr freestyle T.Lyndon,45 5:40.29 B.Graham,47 8:54.90 1500 mtr freestyle T.Lyndon,45 23:13.53 B.Christian,46 27:11.96 B.Graham,47 34:37.59 50 mtr backstroke B.Christian,46 39.74 B.Graham,47 48.01 100 mtr backstroke F.Bartlett,47 1:27.17 B.Christian,46 1:27.97 E.Sikes,45 1:46.76 200 mtr backstroke F.Bartlett,47 3:13.94 E.Sikes,45 3:59.78 50 mtr breaststroke T.Haartz,49 39.27 B.Graham,47 57.26 100 mtr breaststroke E.Sikes,45 1:59.05 B.Graham,47 2:07.62 200 mtr breaststroke T.Haartz,49 3:17.73 50 mtr butterfly E.Sikes,45 40.11 100 mtr butterfly E.Sikes,45 1:50.13 200 mtr individual medley F.Bartlett,47 3:09.22 E.Sikes,45 3:46.58 400 mtr individual medley T.Haartz,49 6:42.90 F.Bartlett,47 6:51.52 E.Sikes,45 8:13.67 MEN 50-54 50 mtr freestyle Win Wilson,50 30.55 Chuck McCarthy,52 35.62 Jack Tyler,54 39.58 100 mtr freestyle W.Wilson,50 1:07.80 J.Tyler,54 1:29.43 200 mtr freestyle W.Wilson,50 2:41.29 J.Edwards,54 2:47.00 J.Tyler,54 3:10.13 400 mtr freestyle W.Wilson,50 5:44.75 J.Edwards,54 5:58.40 1500 mtr freestyle W.Wilson,50 22:59.54 J.Edwards,54 23:49.11 50 mtr backstroke C.McCarthy,52 48.73 100 mtr backstroke J.Edwards,54 1:28.39 200 mtr backstroke J.Edwards,54 3:10.38 C.McCarthy,52 46.87 100 mtr breaststroke C.McCarthy,52 1:43.04 200 mtr breaststroke C.McCarthy,51 3:48.29 50 mtr butterfly W.Wilson,50 35.74 MEN 55-59 50 mtr freestyle Bud Erich,58 32.64 Bill Ulrich,57 33.67 B.Wright,59 36.68 100 mtr freestyle B.Wright,59 1:24.56 200 mtr freestyle Bud Erich,58 2:46.76 Bill McCarthy,59 3:54.33 400 mtr freestyle Bud Erich,58 6:05.86 B.McCarthy,59 8:07.34 1500 mtr freestyle Bud Erich,58 23:48.02 B.McCarthy,59 32:07.85 50 mtr backstroke B.Urich,57 41.28 E.Wright,59 48.13 100 mtr backstroke B.Urich,57 1:38.81 200 mtr backstroke E.Urich,57 3:40.45 50 mtr butterfly B.Urich,57 35.76 100 mtr butterfly E.Cronin,56 1:34.80 B.Urich,57 1:37.40		200 mtr butterfly E.Cronin,56 3:32.46 200 mtr individual medley B.Urich,57 3:35.35 MEN 60-64 100 mtr freestyle A.Harper,60 1:19.16 200 mtr freestyle A.Harper,60 3:04.83 400 mtr freestyle A.Harper,60 6:21.59 1500 mtr freestyle A.Harper,60 25:10.46 J.Merrill,60 26:25.55 50 mtr backstroke J.Merrill,60 40.91 100 mtr backstroke J.Merrill,60 1:31.20 200 mtr backstroke J.Merrill,60 3:20.56 A.Harper,60 3:54.74 400 mtr backstroke A.Harper,60 4:02.25 MEN 65-69 Nick Kaschak,66 47.70 100 mtr free 1:47.36 200 mtr free 3:52.92 400 mtr free 8:14.63 1500 mtr free 32:13.93 MEN 70-74 Abe Olansoff,71 49.70 100 mtr free 1:47.00 400 mtr free 8:35.02 100 mtr back 1:20.10 50 mtr breast 2:09.41 100 mtr breast 2:09.41 200 mtr breast 4:31.97 200 mtr i.n. 4:34.40 H.Stanton Smith,78 50 mtr free 1:11.94 100 mtr free 2:52.12 Fred Allen,78 200 mtr free 4:27.01 400 mtr free 9:29.38 1500 mtr free 37:00.69 ERRATA: 200 back, women, 3-34 J.Hardy,33 3:25.88 50 back, women 70-74 S.Scott,70 1:14.37 50 back, women 55-59 D.Donnelly,55 46.08 1500 mtr free women 65-69 E.Beln,67 37:10.39 200 mtr free, men 55-59 B.McCarthy,59 3:54.33 100 mtr free, men 55-59 B.McCarthy,59 1:46.40		MT SAN ANTONIO COLLEGE MASTERS MEET, CALIFORNIA 6/18/77 50 meter pool WOMEN 25-29 50 meter freestyle Barbara Dunbar 28* 29.88 Lynn Skrifvars 26* 29.97 Janet Buchanan 25 35.64 Marsha Beilly Borden 26 43.90 100 meter freestyle Lynn Skrifvars 26* 1:05.55 Janet Buchanan 25 1:19.48 Barbara Hougard 25 1:26.42 Marsha B. Borden 26 1:33.76 400 meter freestyle Kathie Duncan 29 5:27.54 Janet Buchanan 25 6:03.53 200 meter backstroke Lynn Skrifvars 26* 2:41.40 50 meter breaststroke Barbara Dunbar 28* 39.30 Marsha B. Borden 26 56.48 200 meter butterfly Barbara Dunbar 28* 2:41.59 Kathie Duncan 29 2:49.89 200 meter individual medley Kathie Duncan 29 3:01.75 Marsha B. Borden 26 4:04.41 WOMEN 30-34 100 meter freestyle Sally Ann Peterson 30 1:09.00 Mimi Clark 34 1:25.32 400 meter freestyle Lucy Johnson 30 5:38.71 Mimi Clark 34 6:27.73 50 meter breaststroke Sally Ann Peterson 30 41.54 100 meter breaststroke Sally Ann Peterson 30 1:33.70 200 meter butterfly Lucy Johnson 30 3:03.46 200 meter individual medley Lucy Johnson 30 2:56.65 WOMEN 35-39 50 meter freestyle Janet E. Royer 35 34.36 Sallie Humberger 35 36.26 Christine Martin 35 39.69 100 meter freestyle Janet E. Royer 35 1:16.33 Martha L. Childs 37 1:20.97 Sallie Humberger 35 1:27.49 Christine Martin 35 1:29.72 400 meter freestyle Christine Martin 35 7:11.42 200 meter backstroke Martha L. Childs 37 3:37.86 50 meter breaststroke Martha L. Childs 37 44.81	
---	--	--	--	---	--	---	--	---	--	---	--

Janet E. Royer 35	46.23	200 meter Butterfly	4:44.81	Art Welch 44	3:08.29	200 meter Individual Medley	100 M FREESTYLE
Sallie Humberger 35	47.11	Margaret George 60	4:18.89	Curt Miller 44	3:13.85	Alfred Guth 68	Edith Gruender 48
100 meter Breaststroke		200 meter Individual Medley		Ron Richter 43	3:29.38	Rufus Clark 66	Elizabeth Ditsworth 48
Martha L. Childs 37	1:38.26	Margaret George 60	4:18.89	MEN 45-49		50 meter Freestyle	400 M FREESTYLE
Sallie Humberger 35	1:46.54	WOMEN 65-69		50 meter Freestyle		James McPherson 71	Edith Gruender 48
200 meter Butterfly		50 meter Freestyle		Neal R. Palmer 46	30.13	44.86	Jean Cletcher 45
Janet E. Royer 35	3:20.99	Dorothea E. Cole 67	1:01.32	Rudolf Graef 45	30.97		50 M BACKSTROKE
Christine Martin 35	4:01.32	100 meter Freestyle		Clyde Garwood 49	41.73		Edith Gruender 48
200 meter Individual Medley		Johnnie Belshe 68	2:27.72	100 meter Freestyle			Elizabeth Ditsworth 48
Janet E. Royer 35	3:14.70	200 meter Backstroke		Frank E. Reynolds 45	1:05.27		100 M BACKSTROKE
Martha L. Childs 37	3:21.21	Dorothea E. Cole 67	4:54.51	Neal R. Palmer 46	1:06.60		Edith Gruender 48
Sallie Humberger 35	3:41.52	WOMEN 70-74		Rudolf Graef 45	1:09.54		50 M BREASTSTROKE
Christine Martin 35	3:56.26	50 meter Freestyle		Stan McConnell 45	1:13.66		Edith Gruender 48
WOMEN 40-44		Elizabeth C. Mauric 73	1:10.52	400 meter Freestyle			Elizabeth Ditsworth 48
50 meter Freestyle		Elizabeth C. Mauric 73	2:27.63	Neal R. Palmer 46	5:48.02		100 M BREASTSTROKE
Adrienne Pipes 43*	39.37	100 meter Freestyle		Rudolf Graef 45	6:03.15		Edith Gruender 48
Victi McVeigh 41	48.38	400 meter Freestyle		200 meter Backstroke			Elizabeth Ditsworth 48
100 meter Freestyle		Elizabeth C. Mauric 73	10:33.64	Stan McConnell 45	2:57.23		Edith Gruender 48
Betsy Jordan 40*	1:22.68	100 meter Backstroke		Frank E. Reynolds 45	2:58.34		Elizabeth Ditsworth 48
Adrienne Pipes 43*	1:28.41	Elizabeth C. Mauric 73	3:04.39	Rudolf Graef 45	3:03.97		Jean Cletcher 45
400 meter Freestyle		WOMEN 75-79		Neal R. Palmer 46	3:12.34		Edith Gruender 48
Betsy Jordan 40*	6:12.12	50 meter Freestyle		400 meter Backstroke			Elizabeth Ditsworth 48
Evelyn Debas 41	7:00.75	Pearl M. Miller 79	1:28.40	Larry Larimore 49	4:08.18		Edith Gruender 48
200 meter Backstroke		100 meter Freestyle		Herb Nakama 47	40.21		100 M BUTTERFLY
Betsy Jordan 40*	3:01.75	Pearl M. Miller 79	3:05.95	Clyde Garwood 49	55.96		Edith Gruender 48
50 meter Breaststroke		200 meter Backstroke		100 meter Breaststroke			100 M BUTTERFLY
Victi McVeigh 41	1:25.87	Pearl M. Miller 79	6:27.25	Larry Larimore 49	1:31.16		Edith Gruender 48
100 meter Breaststroke		MEN 25-29		Herb Nakama 47	1:32.56		
Victi McVeigh 41	2:55.76	50 meter Freestyle		Frank E. Reynolds 45	1:37.10		
200 meter Butterfly		David Dunbar 27*	30.04	Clyde Garwood 49	2:11.26		
Adrienne Pipes 43*	4:05.29	Donald Dunbar 28*	31.76	200 meter Individual Medley			
Evelyn Debas 41	4:17.72	Edward S. Marrone 27	32.39	Stan McConnell 45	3:03.14		
200 meter Individual Medley		Gary M. Cook 27	36.21	Larry Larimore 49	3:14.70		
Adrienne Pipes 43*	3:47.35	100 meter Freestyle		Herb Nakama 47	3:15.57		
Evelyn Debas 41	3:50.82	John P. Lorentz 27	1:06.36	MEN 50-54			
WOMEN 45-49		David Dunbar 27*	1:09.12	50 meter Freestyle			
50 meter Freestyle		Edward S. Marrone 27	1:11.17	Duane L. Draves 51	31.07		
Helga Linnea Palmer 47	34.96	Donald Dunbar 28	1:12.11	J.P. Williamson 53	32.73		
Jaqueline D. Smith 46	35.30	Gary M. Cook 27	1:27.33	C. Fred Schmidt 51	39.38		
Anne Adams 49	36.44	400 meter Freestyle		100 meter Freestyle			
Betty Garwood 49	50.53	Mike McLain 27	5:03.72	Duane L. Draves 51	1:09.09		
100 meter Freestyle		Rick Ellis 28	5:48.47	J.P. Williamson 53	1:12.75		
Helga Linnea Palmer 47	1:18.41	Edward S. Marrone 27	6:02.65	C. Fred Schmidt 51	1:25.74		
Jaqueline D. Smith 46	1:18.79	200 meter Backstroke		200 meter Freestyle			
Anne Adams 49	1:19.49	Corey Stanbury 25	2:33.33	Duane L. Draves 51	5:41.61		
Rita B. Mills 46	1:51.33	50 meter Breaststroke		200 meter Backstroke			
400 meter Freestyle		Rick Ellis 28	42.30	Duane L. Draves 51	3:00.69		
Helga Linnea Palmer 47	6:12.65	Gery M. Cook 27	45.37	50 meter Breaststroke			
Anne Adams 49	6:18.66	100 meter Breaststroke		J.P. Williamson 53	43.81		
Margrit Graef 45	7:08.61	Rick Ellis 28	1:32.80	G.E. Simmers 50	44.74		
Betty Garwood 49	8:56.46	Gery M. Cook 27	1:52.65	C. Fred Schmidt 51	49.34		
200 meter Backstroke		200 meter Butterfly		100 meter Breaststroke			
Jaqueline D. Smith 46	3:34.06	Corey Stanbury 25	2:36.96	J.P. Williamson 53	1:41.35		
50 meter Breaststroke		200 meter Individual Medley		G.E. Simmers 50	1:44.01		
Jaqueline D. Smith 46	3:44.15	Corey Stanbury 25	2:34.28	C. Fred Schmidt 51	1:56.88		
Jaqueline D. Smith 46	46.49	Mike McLain 27	2:40.53	200 meter Individual Medley			
Rita B. Mills 46	52.80	MEN 30-34		C. Fred Schmidt 51	3:56.97		
Betty Garwood 49	1:00.34	50 meter Freestyle		MEN 55-59			
100 meter Breaststroke		Jon Bales 32	28.83	50 meter Freestyle			
Jacqueline D. Smith 46	1:40.65	George Wright 34	29.70	Bob Merrick 57	31.83		
Rita B. Mills 46	1:59.54	Craig McElheny 33	30.44	Robert H. Cowan 56	32.15		
Betty Garwood 49	2:10.35	Mike Greenberg 31	36.76	100 meter Freestyle			
200 meter Individual Medley		Ed Duncan 32	1:03.23	Robert H. Cowan 56	1:11.77		
Helga Linnea Palmer 47	3:38.32	Jon Bales 32	1:03.85	Bob Merrick 57	1:12.17		
Rita B. Mills 46	4:18.83	George Wright 34	1:05.72	Robert H. Cowan 56	6:21.21		
WOMEN 50-54		400 meter Freestyle		Paul W. Herron 57	2:56.55		
50 meter Freestyle		Ed Duncan 32	5:00.48	Robert H. Cowan 56	3:13.23		
Shirley Erickson 53	37.31	George Wright 34	5:28.92	50 meter Breaststroke			
Betty Talbot 51	49.28	Mike Greenberg 31	7:29.92	Tom Lind 59	40.92		
Peggy Wise 52	50.49	Ed Duncan 32	3:18.45	Bob Merrick 57	43.06		
100 meter Freestyle		Jon Bales 32	3:39.21	Ernie Neben 56	43.89		
Shirley Erickson 53	1:26.21	200 meter Individual Medley		400 meter Breaststroke			
Betty Talbot 51	1:49.25	Ed Duncan 32	2:42.43	Tom Lind 59	1:34.41		
Peggy Wise 52	1:52.16	Jon Bales 32	2:52.04	Bob Merrick 57	1:35.94		
400 meter Freestyle		George Wright 34	2:55.02	Ernie Neben 56	1:36.90		
Shirley Erickson 53	6:40.00	Mike Greenberg 31	3:57.88	200 meter Butterfly			
Betty Talbot 51	8:00.61	MEN 35-39		Ernie Neben 56	3:48.22		
200 meter Backstroke		Scotty Roberts 38	27.88	200 meter Individual Medley			
Shirley Erickson 53	3:40.99	Curtis Mosso 35	29.41	Ernie Neben 56	3:30.62		
Betty Talbot 51	4:21.17	Arthur Hale 35	30.49	MEN 50-54			
Peggy Wise 52	4:43.00	400 meter Freestyle		Cliff Croome 60*	33.29		
50 meter Breaststroke		Curtis Mosso 35	5:23.45	100 meter Freestyle			
Ingeburg Hanika 51	1:04.53	Arthur Hale 35	39.23	Don Rankin 60	1:16.65		
WOMEN 55-59		100 meter Breaststroke		Cliff Croome 60*	1:24.31		
50 meter Freestyle		Don Rankin 60	1:38.57	400 meter Freestyle			
Jean McPherson 55	45.25	Curtis Mosso 35	2:55.38	Don Rankin 60	5:59.02		
100 meter Freestyle		Arthur Hale 35	3:36.38	200 meter Backstroke			
Jean McPherson 55	1:35.67	Ed Duncan 32	4:08.12	Cliff Croome 60*	3:41.18		
Rita Simonton 55	1:36.79	Ed Duncan 32	4:12.78	100 meter Breaststroke			
Viola Thompson 59	1:49.31	Curt Miller 44	4:54.51	Cliff Croome 60*	1:53.53		
Lorraine Peterson 59	2:02.58	Keith Martin 40	1:13.15	200 meter Butterfly			
400 meter Freestyle		Dick Campbell 44	1:20.08	Don Rankin 60	3:47.67		
Lorraine Peterson 59	2:02.68	400 meter Freestyle		Cliff Croome 60*	4:21.73		
Rita Simonton 55	7:21.10	Buddy G. Belshe 43	1:08.12	200 meter Individual Medley			
Jean McPherson 55	7:47.22	Curt Miller 44	1:12.78	Don Rankin 60	3:24.86		
Lorraine Peterson 59	9:01.79	Keith Martin 40	1:13.15	MEN 65-69			
200 meter Backstroke		Dick Campbell 44	1:20.08	50 meter Freestyle			
Lorraine Peterson 59	4:53.28	400 meter Freestyle		Reg Richardson 65	33.25		
50 meter Breaststroke		Buddy G. Belshe 43	30.40	Ernie Hale 66	43.16		
Lorraine Peterson 59	1:14.92	Keith Martin 40	5:25.75	100 meter Freestyle			
Viola Thompson 59	2:02.68	Curt Miller 44	5:48.68	Reg Richardson 65	1:14.68		
Lorraine Peterson 59	2:32.07	Art Welch 44	5:55.30	100 meter Backstroke			
200 meter Individual Medley		Dick Campbell 44	1:20.08	Reg Richardson 65	6:19.77		
Viola Thompson 59	4:06.58	400 meter Freestyle		Rufus Clark 66	7:51.49		
Rita Simonton 59	4:12.80	Buddy G. Belshe 43	3:01.50	Ernie Hale 66	9:05.28		
WOMEN 60-64		200 meter Butterfly		200 meter Freestyle			
50 meter Freestyle		Don Rankin 60	3:47.67	Louis McCreery 66	3:28.99		
Evelyn McKeon 63	39.00	Cliff Croome 60*	4:21.73	Ernie Hale 66	4:35.65		
Gracy W. Deal 64	58.30	100 meter Individual Medley		100 meter Breaststroke			
Ruth Ridenour 62	1:00.49	Don Rankin 60	3:24.86	Louis McCreery 66	4:53.32		
100 meter Freestyle		MEN 65-69		Ernie Hale 66	48.90		
Margaret George 60	1:42.13	50 meter Freestyle		Louis McCreery 66	55.93		
Ruth Ridenour 62	2:15.02	Reg Richardson 65	33.25	100 meter Backstroke			
Grace W. Deal 64	9:01.43	Ernie Hale 66	43.16	Reg Richardson 65	1:42.75		
Ruth Ridenour 62	10:16.90	100 meter Freestyle		100 meter Butterfly			
200 meter Backstroke		Don Rankin 60	3:24.86	Alfred Guth 68	4:22.12		
Grace W. Deal 64	4:59.03	50 meter Breaststroke		Ernie Hale 66	5:15.73		
200 meter Breaststroke		Louis McCreery 66	5:55.30	WOMEN 75-79			
Margaret George 60	1:01.21	Ernie Hale 66	5:55.30	50 M FREESTYLE			
Ruth Ridenour 62	1:38.15	100 meter Freestyle		Janet Gettling 29	32.00		
100 meter Breaststroke		200 meter Individual Medley		Joanne Menard 29	34.10		
Margaret George 60	2:08.97	Alfred Guth 68	3:01.55	Barbara Durning 26	35.80		
Ruth Ridenour 62	3:04.56	Buddy G. Belshe 43	2:58.98	Carol Tammé 25	36.20		
				Robin Miller 29	44.90		
				100 M FREESTYLE			
				Janet Gettling 29	1:09.99		
				Joanne Menard 29	1:14.20		
				Barbara Durning 26	1:17.20		
				Carol Tammé 25	1:25.00		
				Robin Miller 29	1:46.00		
				400 M FREESTYLE			
				Joanne Menard 29	5:47.70		
				Barbara Durning 26	6:41.70		
				50 M BACKSTROKE			
				Janet Gettling 29	39.00		
				Barbara Durning 26	39.70		
				Carol Tammé 25	42.10		
				Robin Miller 29	1:12.20		
				100 M BACKSTROKE			
				Janet Gettling 29	1:37.50		
				Carol Tammé 25	38.70		
				Janet Gettling 29	45.30		
				Joanne Menard 29	50.60		
				Barbara Durning 26	51.60		
				Robin Miller 29	1:16.80		
				100 M BUTTERFLY			
				Janet Gettling 29	1:25.00		
				Joanne Menard 29	1:38.70		
				Barbara Durning 26	2:51.50		
				50 M FREESTYLE			
				Phil Keller 38	34.10		
				100			

<u>100 M Butterfly</u> Alice Zabusky 32	1:32.62	<u>100 M Breaststroke</u> Jack Miller 34	1:30.78	<u>100 M Freestyle</u> Don Stevenson 65	1:27.95	<u>50 Meters Fly</u> 1. John Wagner 29.57	<u>200 meter backstroke</u> Jeanne Herryman 54	4:02.7
<u>200 M IM</u> Alice Zabusky 32	3:19.98	<u>200 M Breaststroke</u> Steve Engel 33	3:06.04	<u>200 M Freestyle</u> Don Stevenson 65	3:29.85	2. Lacy Shaw 35.76	<u>50 meter breaststroke</u> Charlotte Costello 54	41.6
<u>WOMEN 35-39</u>		<u>300 M Breaststroke</u> Doug Erichton 30	3:22.37	<u>400 M Freestyle</u> Don Stevenson 65	7:37.71	3. Wally Fall 36.46	<u>100 meter backstroke</u> Charlotte Costello 54	1:28.6
<u>50 M Freestyle</u> Linda Jones 35	1:40.71	<u>200 M Butterfly</u> Steve Engel 33	2:41.16	<u>1500 M Freestyle</u> John Hoey 67	37:33.33	<u>200 Meters IM</u> 1. John Wagner 2:52.70	<u>200 meter breaststroke</u> Charlotte Costello 54	3:55.6
<u>100 M Freestyle</u> Janice Holly 35	4:05.85	<u>200 M IM</u> Earl Showerman 33	2:58.47	<u>100 M Backstroke</u> Bob Hunter 66	2:24.02	<u>Men 40-44</u>	<u>50 meter fly</u> Charlotte Costello 54	44.5
<u>200 M Freestyle</u> Janice Holly 35	3:56.92	<u>50 M Freestyle</u> Cecil Krabis 35	1:31.40	<u>50 M Butterfly</u> Don Stevenson 65	1:47.77	<u>50 Meters Free</u> 1. Jerry Jackson 31.02	<u>200 meter Individual Medley</u> Jeanne Herryman 54	4:01.4
<u>400 M Freestyle</u> Janice Holly 35	7:47.65	<u>Joe Santry 36</u>	1:34.57	<u>Men 70-74</u>		2. Charles LeBourgeois 31.41	<u>Women 55-59</u>	
<u>1500 M Freestyle</u> Janice Holly 35	8:38.21	<u>Eldon Rose 35</u>	1:42.90	<u>50 M Freestyle</u> Bana Thomas 70	1:46.77	3. Elvin Choong 32.11	<u>50 meter freestyle</u> Dorothy Donnelly 55	35.0
<u>50 M Backstroke</u> Carol Friedley 37	1:45.75	<u>Dave Friedley 37</u>	1:13.15	<u>50 M Backstroke</u> Bana Thomas 70	1:57.38	<u>100 Meters Free</u> 1. Charles LeBourgeois 1:08.91	<u>Nancy Phillips 56</u>	38.6
<u>100 M Backstroke</u> Linda Jones 35	1:44.99	<u>100 M Freestyle</u> Joe Santry 36	1:36.76	<u>MEN 25+</u>		2. Jerry Jackson 1:10.46	<u>100 meter freestyle</u> Anne Farrell 58	2:29.3
<u>50 M Backstroke</u> Carol Friedley 37	1:45.23	<u>200 M Freestyle</u> Joe Santry 36	2:47.38	<u>200 M Medley relay</u> Multnomah Ath. C.	2:35.45	<u>50 Meters Back</u> 1. Elvin Choong 36.58	<u>200 meter freestyle</u> Dorothy Donnelly 55	3:17.7
<u>100 M Backstroke</u> Linda Jones 35	1:44.99	<u>300 M Breaststroke</u> Cecil Krabis 35	2:57.13	<u>(H.Clarke,J.Santry, T.Gilbert,L.Mieson)</u>		2. Jerry Jackson 45.46	<u>Nancy Phillips 56</u>	3:26.4
<u>50 M Backstroke</u> Carol Friedley 37	1:47.08	<u>400 M Freestyle</u> Joe Santry 36	6:20.98	<u>MIXED RELAYS</u>		<u>50 Meters Fly</u> 1. Charles LeBourgeois 31.96	<u>50 meter backstroke</u> Anne Farrell 58	1:16.9
<u>100 M Backstroke</u> Linda Jones 35	1:45.10	<u>200 M Freestyle</u> Dave Friedley 37	3:11.03	<u>200 M Freestyle Relay 35+</u> Multnomah Ath. C.	2:30.27	2. Jerry Jackson 40.58	<u>100 meter backstroke</u> Wancy Phillips 56	1:45.8
<u>50 M Backstroke</u> Carol Friedley 37	1:40.23	<u>300 M Breaststroke</u> Cecil Krabis 35	3:04.72	<u>(J.Santry,C.Wilson, L.Jones,D.Eng)</u>		<u>200 Meters IM</u> 1. Charles LeBourgeois 3:04.30	<u>50 meter breaststroke</u> Dorothy Donnelly 55	53.6
<u>WOMEN 40-44</u>		<u>100 M Backstroke</u> Cecil Krabis 35	1:39.26	<u>Mountain Park</u>	2:44.27	2. Jerry Jackson 3:26.97	<u>50 meter fly</u> Anne Farrell 58	1:11.9
<u>50 M Freestyle</u> Susan Dearborn 40	1:39.79	<u>200 M Backstroke</u> Cecil Krabis 35	1:27.07	<u>(D.Friedley,B.Jones, C.Friedley,J.Collins)</u>		<u>Men 45-49</u>	<u>200 meter Individual Medley</u> Anne Farrell 58	6:23.3
<u>100 M Freestyle</u> Susan Dearborn 40	1:33.61	<u>50 M Breaststroke</u> Mark Gates 37	1:40.60	<u>Alexandria Aquatic</u>		<u>50 Meters Free</u> 1. Jack Jordan 41.01	<u>Women 65-69</u>	
<u>200 M Freestyle</u> Susan Dearborn 40	3:11.78	<u>Eldon Rose 35</u>	1:43.14	<u>And Racquet Club</u>			<u>50 meter freestyle</u> Kathleen Bachman 69	47.1
<u>400 M Freestyle</u> Susan Dearborn 40	8:16.60	<u>100 M Breaststroke</u> Mark Gates 37	1:32.47	<u>Invitational June 18, 19, 1977</u>			<u>100 meter freestyle</u> Kathleen Bachman 69	1:55.5
<u>50 M Backstroke</u> Connie Wilson 42	1:36.39	<u>Eldon Rose 35</u>	1:39.98	<u>Alexandria, Louisiana</u>			<u>200 meter freestyle</u> Helen Offenhausser 65	4:03.5
<u>100 M Backstroke</u> Connie Wilson 42	1:36.39	<u>50 M Butterfly</u> Mark Gates 37	1:33.76	<u>50 Meter Pool</u>			<u>1500 meter freestyle</u> Eva Bein 67	36:08.9
<u>WOMEN 50-54</u>		<u>100 M Butterfly</u> David Eng 39	1:41.38	<u>Women 25-29</u>			<u>50 meter backstroke</u> Helen Offenhausser 65	59.2
<u>50 M Freestyle</u> Mary Anne Wolfe 51	1:39.03	<u>200 M IM</u> Mark Gates 37	3:09.31	<u>50 Meters Free</u>			<u>100 meter backstroke</u> Kathleen Bachman 69	1:04.9
<u>100 M Freestyle</u> Mary Anne Wolfe 51	3:17.64	<u>Men 40-44</u>		1. Susan Epps 36.46			<u>200 meter backstroke</u> Helen Offenhausser 65	2:15.6
<u>200 M Freestyle</u> Mary Anne Wolfe 51	6:22.03	<u>100 M Freestyle</u> Kirk Adams 43	1:13.38	2. Margaret Jordan 39.74			<u>Kathleen Bachman 69</u>	2:30.5
<u>WOMEN 55-59</u>		<u>200 M Freestyle</u> Kirk Adams 43	2:43.56	3. Mattie Fall 43.09			<u>200 meter backstroke</u> Helen Offenhausser 65	4:47.0
<u>50 M Freestyle</u> Eileen Biglin 59	1:55.82	<u>400 M Freestyle</u> Kirk Adams 43	5:55.86	<u>100 Meters Free</u> 1. Ruthie Conen 1:23.74			<u>50 meter breaststroke</u> Helen Offenhausser 65	1:23.0
<u>100 M Freestyle</u> Eileen Biglin 59	2:13.80	<u>Ben Jensen 40</u>	7:20.50	2. Margaret Jordan 1:35.70			<u>200 meter breaststroke</u> Helen Offenhausser 65	6:27.4
<u>400 M Freestyle</u> Maxine Carlson 57	9:15.91	<u>Men 45-49</u>		3. Mattie Fall 1:36.99			<u>50 meter fly</u> Helen Offenhausser 65	1:19.5
<u>1500 M Freestyle</u> Elfie Stevenin 55	52:22.03	<u>100 M Freestyle</u> Fred Sprenger 46	1:13.93	<u>50 Meters Back</u>			<u>200 meter Individual Medley</u> Helen Offenhausser 65	5:12.5
<u>50 M Backstroke</u> Eileen Biglin 59	1:20.69	<u>200 M Freestyle</u> Fred Sprenger 46	2:42.82	1. Susan Epps 41.38			<u>Women 70 and older</u>	
<u>100 M Backstroke</u> Elfie Stevenin 55	2:46.37	<u>400 M Freestyle</u> Fred Sprenger 46	5:39.74	2. Ruthie Conen 42.99			<u>Mary Rodekop 71</u>	1:46.4
<u>200 M Backstroke</u> Elfie Stevenin 55	6:22.00	<u>50 M Breaststroke</u> Donlan Jones 47	1:33.06	<u>300 Meters IM</u>			<u>Evelyn Somers 70</u>	5:12.0
<u>50 M Breaststroke</u> Eileen Biglin 59	1:04.69	<u>John Jones 45</u>	1:55.59	1. Ruthie Conen 3:29.38			<u>Sally Scott 70</u>	63:50.0
<u>100 M Breaststroke</u> Maxine Carlson 57	2:12.56	<u>100 M Backstroke</u> Donlan Jones 47	1:30.61	2. Susan Epps 3:45.12			<u>20 meter backstroke</u> Sally Scott 70	1:20.5
<u>200 M Breaststroke</u> Maxine Carlson 57	4:40.71	<u>200 M Backstroke</u> John Jones 45	4:45.00	<u>Women 30-34</u>			<u>100 meter backstroke</u> Sally Scott 70	2:56.6
<u>50 M Butterfly</u> Elfie Stevenin 55	1:37.36	<u>50 M Breaststroke</u> Don Van Rossen 47	1:39.63	<u>50 Meters Breast</u>			<u>200 meter backstroke</u> Sally Scott 70	3:10.8
<u>200 M Butterfly</u> Elfie Stevenin 55	8:25.69	<u>Emmanuel Sang 46</u>	1:51.37	1. Cristy Wilkerson 1:01.16			<u>50 meter breaststroke</u> Sally Scott 70	6:25.0
<u>WOMEN 60-64</u>		<u>100 M Breaststroke</u> Don Van Rossen 47	1:26.52	<u>Women 40-44</u>			<u>Evelyn Somers 70</u>	1:24.4
<u>50 M Freestyle</u> Dawn Musselman 64	1:39.98	<u>200 M Breaststroke</u> Don Van Rossen 47	3:10.97	<u>100 Meters Free</u>			<u>Sally Scott 70</u>	1:29.5
<u>100 M Freestyle</u> Dawn Musselman 64	3:30.68	<u>Emmanuel Sang 46</u>	4:18.32	1. Mercedes Callier 1:45.93			<u>100 meter backstroke</u> Sally Scott 70	3:22.5
<u>200 M Freestyle</u> Dawn Musselman 64	8:04.43	<u>200 M IM</u> John Jones 45	5:16.25	<u>50 Meters Fly</u>			<u>200 meter breaststroke</u> Sally Scott 70	6:39.7
<u>50 M Backstroke</u> Dawn Musselman 64	1:48.03	<u>Men 50-54</u>		1. Mercedes Callier 50.48			<u>50 meter fly</u> Sally Scott 70	7:10.7
<u>100 M Backstroke</u> Dawn Musselman 64	3:53.23	<u>400 M Freestyle</u> Lee Mieson 50	9:07.88	<u>Men 25-29</u>			<u>200 meter Individual Medley</u> Sally Scott 70	7:47.2
<u>WOMEN 25-29</u>		<u>50 M Breaststroke</u> Lee Mieson 50	1:45.25	<u>50 Meters Free</u>			<u>Men 55-59</u>	
<u>50 M Freestyle</u> Ernie Glass 27	1:28.32	<u>100 M Breaststroke</u> Lee Mieson 50	1:41.53	1. George Newport 27.65			<u>50 meter freestyle</u> James Brennan 26	27.1
<u>100 M Freestyle</u> Ernie Glass 27	1:03.93	<u>200 M Breaststroke</u> Lee Mieson 50	3:48.78	2. Steve Heck 27.69			<u>John Secunda 27</u>	27.2
<u>200 M Freestyle</u> Ted Gilbert 25	3:07.38	<u>Men 55-59</u>		3. Butch Jordan 28.74			<u>John Secunda 27</u>	27.3
<u>1500 M Freestyle</u> Eugene Kitts 29	24:17.64	<u>50 M Freestyle</u> Earl Walter 56	1:34.06	<u>100 Meters Free</u>			<u>Bill Brennan Jr. 29</u>	29.5
<u>Ed Woods 29</u>	27:49.54	<u>50 M Breaststroke</u> Earl Walter 56	1:45.36	1. George Newport 1:01.88			<u>Randy Rokszy 27</u>	30.5
<u>200 M Backstroke</u> Ken Eagon	2:49.25	<u>100 M Butterfly</u> Earl Walter 56	1:41.47	2. Steve Heck 1:03.50			<u>100 meter freestyle</u> James Brennan 26	1:00.5
<u>100 M Breaststroke</u> Steven Behlmer 27	1:53.94	<u>200 M Butterfly</u> Earl Walter 56	1:40.86	3. Steve Heck 1:03.61			<u>John Secunda 27</u>	1:00.5
<u>Men 30-34</u>		<u>400 M IM</u> Earl Walter 56	3:46.77	<u>50 Meters Back</u>			<u>Walter Lee 25</u>	1:08.6
<u>100 M Freestyle</u> Steve Barret 30	1:03.33	<u>50 M Freestyle</u> Earl Walter 56	1:25.82	1. Butch Jordan 37.08			<u>Bill Brennan Jr. 29</u>	1:10.5
<u>Steve Engel 33</u>	1:06.77	<u>Bob Schmidt 62</u>	1:44.22	2. Steve Heck 32.33			<u>John Secunda 27</u>	2:19.3
<u>200 M Freestyle</u> Steve Barret 30	2:24.86	<u>1500 M Freestyle</u> John Downey 62	30:28.34	3. George Newport 33.02			<u>Jim Brennan 26</u>	2:21.5
<u>400 M Freestyle</u> Steve Barret 30	5:05.03	<u>50 M Backstroke</u> Syd Hendsy 64	1:45.99	<u>50 Meters Breast</u>			<u>Ralph Kaplan 25</u>	2:27.8
<u>1500 M Freestyle</u> Steve Engel 33	19:57.90	<u>100 M Backstroke</u> Earl Walter 56	1:42.30	1. George Newport 29.39			<u>Bill Brennan Jr. 29</u>	2:51.9
<u>Steve Barret 30</u>	22:07.49	<u>50 M Butterfly</u> Earl Walter 56	1:40.86	2. Steve Heck 39.48			<u>James Brennan 26</u>	21:26.0
<u>50 M Backstroke</u> Hap Clarke 33	1:36.87	<u>200 M Butterfly</u> Earl Walter 56	3:46.77	3. Butch Jordan 30.63			<u>John Secunda 27</u>	32.1
<u>100 M Backstroke</u> Earl Showerman 33	1:19.02	<u>400 M IM</u> Earl Walter 56	7:25.82	<u>200 Meter IM</u>			<u>Stu Schlackman 25</u>	37.7
<u>Hap Clarke 33</u>	1:23.85	<u>Men 65-69</u>		1. Steve Heck 2:35.53			<u>100 meter backstroke</u> John Secunda 27	39.5
<u>200 M Backstroke</u> Hap Clarke 33	3:03.02	<u>50 M Freestyle</u> Don Stevenson 65	1:37.64	2. Butch Jordan 2:44.54			<u>200 meter breaststroke</u> John Secunda 27	1:12.6
<u>50 M Breaststroke</u> Jack Miller 34	1:40.10	<u>Men 30-34</u>		<u>Men 30-34</u>			<u>Walter Lee 28</u>	1:20.4
		<u>50 Meters Free</u>		1. Lacy Shaw 29.21			<u>Randy Rokszy 27</u>	1:29.1
		2. Wally Fall 29.62		<u>100 Meters Free</u>			<u>200 meter backstroke</u> Randy Rokszy 27	3:22.2
		<u>100 Meters Free</u>		1. John Wagner 1:07.04			<u>50 meter breaststroke</u> Walter Lee 28	40.9
		2. Wally Fall 1:10.19		2. John Wagner 1:10.19			<u>50 meter fly</u> Daniel Ketcham	33.6
		3. Lacy Shaw 1:10.68		3. Lacy Shaw 1:10.68			<u>Bill Brennan, Jr. 29</u>	35.1
		<u>50 Meters Back</u>		<u>50 Meters Back</u>			<u>100 meter fly</u> Walter Lee 25	1:09.0
		1. John Wagner 37.57		1. John Wagner 37.57			<u>Ralph Kaplan 25</u>	1:11.1
		<u>50 Meters Breast</u>		<u>50 Meters Breast</u>			<u>Randy Rokszy 27</u>	1:50.2
		1. Wally Fall 40.30		1. Wally Fall 40.30			<u>200 meter Individual Medley</u> Jim Brennan 26	2:40.8
		<u>200 Meters Back</u>		<u>200 Meters Back</u>			<u>John Secunda 27</u>	2:51.5
		1. Charles LeBourgeois 1:08.91		<u>50 Meters Fly</u>			<u>Walter Lee 25</u>	2:56.9
		2. Jerry Jackson 1:10.46		1. John Wagner 29.57			<u>Bill Brennan, Jr. 29</u>	3:25.7
		<u>50 Meters Fly</u>		2. Lacy Shaw 35.76				
		1. John Wagner 29.57		3. Wally Fall 36.46				
		<u>200 Meters IM</u>		<u>200 Meters IM</u>				
		1. John Wagner 2:52.70		1. John Wagner 2:52.70				
		<u>Men 40-44</u>		<u>Men 40-44</u>				
		<u>50 Meters Free</u>		<u>50 Meters Free</u>				
		1. Jerry Jackson 31.02		1. Jerry Jackson 31.02				
		2. Charles LeBourgeois 31.41		2. Charles LeBourgeois 31.41				
		3. Elvin Choong 32.11		3. Elvin Choong 32.11				
		<u>100 Meters Free</u>		<u>100 Meters Free</u>				
		1. Charles LeBourgeois 1:08.91		1. Charles LeBourgeois 1:08.91				
		2. Jerry Jackson 1:10.46		2. Jerry Jackson 1:10.46				
		<u>50 Meters Back</u>		<u>50 Meters Back</u>				
		1. Elvin Choong 36.58		1. Elvin Choong 36.58				
		2. Jerry Jackson 45.46		2. Jerry Jackson 45.46				
		<u>50 Meters Fly</u>		<u>50 Meters Fly</u>				
		1. Charles LeBourgeois 31.96		1. Charles LeBourgeois 31.96				
		2. Jerry Jackson 40.58		2. Jerry Jackson 40.58				
		<u>200 Meters IM</u>		<u>200 Meters IM</u>				
		1. Charles LeBourgeois 3:04.30		1. Charles LeBourgeois 3:04.30				
		2. Jerry Jackson 3:26.97		2. Jerry Jackson 3:26.97				
		<u>Men 45-49</u>		<u>Men 45-49</u>				
		<u>50 Meters Free</u>		<u>50 Meters Free</u> </				

HARTNELL COLLEGE MASTERS LONG COURSE SWIM MEET

156 Homestead Avenue
Salinas, California 93901

July 30-31, 1977

Men 30-34

50 meter freestyle
Eric Snyder 34 29.0
Peter Periconi 34 29.8
Frank Sharpe 31 32.7

100 meter freestyle
Eric Snyder 34 1:08.4
Ron Braver 34 1:12.0
Sandy Thatcher 33 1:14.9
Peter Periconi 34 1:16.6

200 meter freestyle
Eric Snyder 34 2:37.4
Ron Braver 34 2:39.3
Sandy Thatcher 33 2:50.0

1500 meter freestyle
Ron Braver 34 22:34.7

50 meter backstroke
Paul Smith 33 33.7
Peter Periconi 34 42.4

100 meter backstroke
Eric Snyder 34 1:19.1
Sandy Thatcher 33 1:28.0
Peter Periconi 34 1:38.6

200 meter backstroke
Paul Smith 33 2:47.6
Sandy Thatcher 33 3:18.1
Peter Periconi 34 4:07.8

50 meter breaststroke
Steven Semryck 36.9
Ron Braver 34 42.5
Peter Periconi 34 41.0
Sandy Thatcher 33 44.9

100 meter breaststroke
Ron Braver 34 1:36.9
200 meter breaststroke
Ron Braver 34 3:23.1

50 meter fly
Eric Snyder 34 31.9
Sandy Thatcher 33 35.6

200 meter Individual Medley
Paul Smith 33 2:53.3
Eric Snyder 34 2:54.5
Sandy Thatcher 33 3:06.1
Ron Braver 34 3:10.2

Men 35-39

50 meter freestyle
Jack Geoghegan 35 27.1
Charles Bechtel 39 27.4
Robert Williams 35 28.5
Carl Christensen 39 30.1
Steve Alexander 36 32.3
Arnie Norman 36 32.4

100 meter freestyle
Jack Geoghegan 35 1:01.4
Charles Bechtel 39 1:02.5
Robert Williams 35 1:03.9
John deGardillo 35 1:07.4
Carl Christensen 39 1:07.8
Steve Alexander 36 1:19.0
Arnie Norman 36 1:22.1

200 meter freestyle
Jack Geoghegan 35 2:21.0
Charles Bechtel 39 2:27.4
Drury Gallagher 38 2:27.6
Robert Williams 35 2:27.9
Bob Walden 38 2:30.3
Carl Christensen 39 2:37.9

1500 meter freestyle
Harry Hamilton 36 20:44.4
Bob Walden 38 22:19.1
Arnold Daly 35 27:21.3
Frank Rubin 35 28:28.6
Ben Simon 39 33:59.7

50 meter backstroke
Jack Geoghegan 35 33.5
Charles Bechtel 39 35.6
Ken Larson 36 40.5
Ben Simon 39 43.5

100 meter backstroke
Jack Geoghegan 35 1:16.2
Drury Gallagher 38 1:20.6
Charles Bechtel 39 1:22.6
Ken Larson 36 1:29.5

200 meter backstroke
Drury Gallagher 38 2:56.3
Charles Bechtel 39 3:13.5
Ken Larson 36 3:29.8
Ben Simon 39 3:34.7

50 meter breaststroke
Steve Alexander 36 37.9
Drury Gallagher 38 38.5
Arnie Norman 36 50.1

100 meter breaststroke
Drury Gallagher 38 1:27.0
Steve Alexander 36 1:28.6
John de Barbaddillo 35 1:35.7

200 meter breaststroke
Drury Gallagher 38 3:14.9
Steve Alexander 36 3:28.6

50 meter fly
Jack Geoghegan 35 29.2
Robert Williams 35 30.6
Charles Bechtel 39 31.0
Drury Gallagher 38 32.1
John de Barbaddillo 35 32.3
Carl Christensen 39 36.6
Arnie Norman 36 37.0
Ben Simon 39 37.3
Len Handel 39 39.8

100 meter fly
Jack Geoghegan 35 1:06.8
Robert Williams 35 1:15.8
Charles Bechtel 39 1:22.1

1500 meter freestyle
Jim Johnson 42 24:16.2
Gerry Zwirn 44 25:05.5
Jim Rice 40 25:14.6
Richard Neagle 40 25:29.6
Nick Berenyi 44 26:34.6
Len Silverstein 43 27:16.5

50 meter backstroke
Amar Lathi 41 36.5
George Brunstad 42 41.3

100 meter backstroke
Amar Lathi 41 1:22.4
Jim Johnson 42 1:26.3

50 meter breaststroke
Len Silverstein 43 41.3
Nick Berenyi 44 41.6
Peter Spagnuolo 40 45.4

100 meter breaststroke
Nick Berenyi 44 1:32.5
Len Silverstein 43 1:36.0

200 meter breaststroke
Nick Berenyi 44 3:23.4
George Brunstad 42 3:28.1
Rich Neagle 40 4:04.6

50 meter fly
Amar Lathi 41 32.7
Jim Johnson 42 34.5
Len Silverstein 43 37.3
Jim Rice 40 38.0

100 meter fly
Amar Lathi 41 1:22.0
Len Silverstein 43 1:24.1
Jim Johnson 42 1:25.1
Tom Alderson 40 1:30.5

200 meter Individual Medley
Jim Johnson 42 3:00.5
George Brunstad 42 3:11.5
Amar Lathi 41 3:11.5
Len Silverstein 43 3:23.7
Nick Berenyi 44 3:27.2

Men 45-49

50 meter freestyle
Michael Doyle 45 31.1
Ken Rooney 45 31.8
Rich Ellis 45 31.8
William Young 47 32.5

100 meter freestyle
Rich Ellis 45 1:15.8
John Stahl 45 1:19.8
Ken Rooney 45 1:21.8

200 meter freestyle
William Young 47 2:56.8
Rich Ellis 45 3:10.5

1500 meter freestyle
John Stahl 45 24:12.0
Ron Golden 47 26:02.7
Vincent Michaelis 46 29:49.4
Joe Wengler 48 32:47.0

50 meter backstroke
Rich Ellis 45 40.0
Ken Rooney 45 42.0
Eugene Sikes 45 48.3

100 meter backstroke
Ken Rooney 45 1:36.9
Rich Ellis 45 1:32.6

200 meter backstroke
Rich Ellis 45 4:11.5
Eugene Sikes 45 4:14.6

50 meter breaststroke
Michael Doyle 45 41.8
Dan Herbst 48 52.5
Ken Rooney 45 52.5

100 meter breaststroke
John Stahl 45 1:38.8
Mike Doyle 45 1:44.4

200 meter breaststroke
Dan Herbst 48 4:33.6

50 meter fly
Rich Ellis 45 37.7
Eugene Sikes 45 42.6
William Young 47 44.3

100 meter fly
Rich Ellis 45 2:09.0

200 meter Individual Medley
John Stahl 45 3:19.0
Eugene Sikes 45 3:53.0

Men 50-54

50 meter freestyle
Edward Struckus 52 34.1
Bill Brennan, Sr. 54 35.5
Harold Fisher 52 38.0

100 meter freestyle
Dick Sanborn 54 1:15.0
Bill Brennan 54 1:23.4
Harold Fisher 52 1:37.6

200 meter freestyle
Bill Brennan 54 3:16.4

1500 meter freestyle
Paul Milko 54 29:38.6

50 meter backstroke
Dick Sanborn 54 38.7
Edward Struckus 52 45.4

100 meter backstroke
Edward Struckus 52 1:46.3
Paul Milko 54 2:04.6

200 meter backstroke
Dick Sanborn 54 3:33.0

50 meter breaststroke
Jim Forbes 51 39.5
Edward Struckus 52 45.6
Bill Brennan 54 50.0

100 meter breaststroke
Jim Forbes 51 1:34.4
Henry Lensch 1:42.9
Edward Struckus 1:43.1

200 meter breaststroke
Jim Forbes 51 3:32.6
Ed Struckus 52 3:53.9

50 meter fly
Jim Forbes 51 42.2
Edward Struckus 52 43.5
Henry Lensch 44.0
Bill Brennan Sr. 54 46.2

100 meter fly
Jim Forbes 51 1:51.6

200 meter Individual Medley
Edward Struckus 52 3:50.5
Bill Brennan Sr. 54 3:52.9

Men 55-59

50 meter freestyle
Ernie Stadler 55 35.0

100 meter freestyle
Ernie Stadler 55 1:32.4

1500 meter freestyle
William Struthers 59 29:27.93

50 meter breaststroke
Edward Cronin 56 44.1

200 meter breaststroke
Edward Cronin 56 3:34.3

100 meter fly
Edward Cronin 56 1:38.5

Men 60-64

50 meter freestyle
Dick Guido 60 36.5
Ed Neilson 60 38.0
William Yankiver 62 40.0
W. H. Oglesby 62 40.8

100 meter freestyle
Dick Guido 60 1:22.8
Ed Neilson 60 1:31.5
W. H. Oglesby 62 1:44.4
Jack Rinde 64 1:58.8

200 meter freestyle
Dave Rowan 63 3:05.3
Dick Guido 60 3:13.0
Ed Neilson 60 3:23.4

1500 meter freestyle
Dick Guido 60 27:45.9
Ed Neilson 60 29:00.0
William Yankiver 62 29:51.0

50 meter backstroke
Dave Rowan 63 42.6
Dick Guido 60 43.6
W. H. Oglesby 62 1:01.3

100 meter backstroke
Dave Rowan 63 1:33.2
Dick Guido 60 1:37.0

200 meter backstroke
Dave Rowan 63 3:25.3
Dick Guido 60 3:38.6

50 meter breaststroke
Dave Rowan 63 53.2
W. H. Oglesby 62 1:04.2

100 meter breaststroke
Ed Neilson 60 1:50.3
Ed Neilson 60 3:51.8

50 meter fly
Dave Rowan 63 41.3

200 meter Individual Medley
Dave Rowan 63 3:39.0
Ed Neilson 60 4:04.0

Men 65-69

50 meter freestyle
Allan Cruickshank 66 36.7
John Preuss 66 39.0
Joseph Hughes 66 40.6
Nick Kaschak 66 45.5

100 meter freestyle
Allan Cruickshank 66 1:31.5
John Preuss 66 1:34.4
Harry Barr 67 1:39.1
Nick Kaschak 66 1:41.6

200 meter freestyle
Nick Kaschak 66 3:47.3
Allan Cruickshank 66 3:47.5

1500 meter freestyle
Bill Warner 67 36:22.5

50 meter backstroke
John Preuss 66 2:11.5

50 meter breaststroke
Harry Barr 67 51.0

100 meter breaststroke
Oscar Sigrist 69 1:56.0
Harry Barr 67 1:59.8

200 meter breaststroke
Harry Barr 67 4:39.2

50 meter fly
Allan Cruickshank 66 57.0
Oscar Sigrist 69 1:03.7

Men 70 and older

50 meter freestyle
Stanton Craigie 70 35.6
G. Harold Langner 74 42.3
William Voelker 82 1:32.8

200 meter freestyle
G. Harold Langner 74 3:32.0

1500 meter freestyle
G. Harold Langner 74 29:30.0
Stanton Craigie 70 33:15.3

50 meter backstroke
G. Harold Langner 74 1:13.1

100 meter backstroke
G. Harold Langner 74 2:56.1

50 meter breaststroke
G. Harold Langner 74 1:02.8

100 meter breaststroke
August Danielson 74 2:12.6
G. Harold Langner 74 2:24.5

50 meter fly
Stanton Craigie 70 45.6
G. Harold Langner 74 1:24.0

100 meter fly
Stanton Craigie 70 2:03.2

200 meter Individual Medley
Stanton Craigie 70 4:09.8

200 Meter Medley Relay
Women 25+ Metro N.Y. Masters 2:30.5

200 meter freestyle relay
25+ Metro NY Masters 2:13.3
35+ Metro NY Masters 2:08.0
45+ Metro NY Masters 2:20.2
65+ Metro NY Masters 2:44.0

One Meter Diving
Women
30-34 Bette Pipes 137.55
35-44 Phyllis Cinco 90.55

Men
30-34 Duane Green 202.50
35-44 Tom Forbes 131.40
Alex Adamowicz 127.55
45-64 Frank Korowitz 138.20
Eugene Sikes 106.50

65 and older
Oscar Sigrist 104.85
Sal Josepher 68.20

WOMEN --25-29

50 M FREE
1. Marianne Brems 1:30.29
2. Brook Camner :31.87
3. Susan Roy :32.86
4. Ingrid Olsen :35.47

100 M FREE
1. Marianne Brems 1:06.760
2. Susanna Horner 1:08.311
3. Michele Morey 1:13.988
4. Brook Camner 1:12.746
5. Bonnie Reinhold 1:17.499
6. Ingrid Olsen 1:21.549
7. Gail Dummer 1:26.920
8. G. Watson 1:28.915
9. Cyndee Thomas 1:33.890
10. Patty Moffat 1:35.803
11. Darlene Ruble 1:39.154

200 M FREE
1. Marianne Brems 2:22.867
2. Patty Moffat 2:27.439
3. Gail Dummer 3:13.120
4. Ingrid Olsen 3:17.768
5. Darlene Ruble 3:39.967

400 M FREE
1. Marianne Brems 4:59.186
2. Susanne Horner 5:39.688
3. Patty Moffat 5:59.310
4. Susan Geller 7:04.363

50 M BACK
1. Brook Camner :35.82
2. Patty Moffat :37.81
3. Ingrid Olsen :44.31

100 M BACK
1. Brook Camner 1:17.018
2. Marianne Brems 1:20.971
3. Patty Moffat 1:26.178
4. Bonnie Reinhold 1:27.145
5. Ingrid Olsen 1:35.594
6. Cyndee Thomas 1:43.437
7. Darlene Ruble 1:53.926

200 M BACK
1. Marianne Brems 2:47.649
2. Brook Camner 2:50.828
3. Patty Moffat 3:08.683

50 M BREAST
1. Susanna Horner :39.582
2. Gail Dummer :43.116
3. Michele Morey :43.185
4. Brook Camner :44.695
5. Patty Moffat :44.731
6. Kim Peterman :47.247
7. Bonnie Reinhold :48.696
8. Susan Geller :50.470
9. Ingrid Olsen :51.168
10. Darlene Ruble :54.465

100 M BREAST
1. Susan Roy 1:26.649
2. Gail Dummer 1:44.670
3. Darlene Ruble 2:04.083

200 M BREAST
1. Susanna Horner 3:09.721
2. Michele Morey 3:35.385
3. Gail Dummer 3:39.848
4. Susan Geller 4:12.657
5. Darlene Ruble 4:18.801

50 M FLY
1. Marianne Brems :33.170
2. Michele Morey :35.189
3. Brook Camner :35.376
4. Patty Moffat :39.942
5. Gail Dummer :42.031
6. Ingrid Olsen :42.132

100 M FLY
1. Patty Moffat 1:29.41
2. Ingrid Olsen 1:45.267
3. Gail Dummer 1:47.626

200 M IM
1. Marianne Brems 2:43.776
2. Patty Moffat 3:13.586

WOMEN -- 30-34

50 M FREE
1. Bonnie Edwards :31.48
2. Rebecca Kay :33.12
3. Liz Anderson :35.34
4. Brynn Cuvelier :37.82
5. Mary Horton :43.45

100 M FREE
1. Bonnie Edwards 1:11.840
2. Rebecca Kay 1:19.134
3. Liz Anderson 1:21.050
4. Bano Rogers 1:26.132
5. Brynn Cuvelier 1:26.545
6. Robin Gorman 1:38.279
7. Helen Roumasset 2:04.731

200 M FREE
1. Bonnie Edwards 2:46.688
2. Sally Antonchuk 2:52.408
3. Rebecca Kay 3:03.395
4. Mary Horton 3:25.100
5. Marie Siddons 4:06.594

400 M FREE
1. Sally Antonchuk 6:00.121
2. Bano Rogers 6:36.507
3. Mary Horton 7:01.418
4. Brynn Cuvelier 7:09.617
5. Robin Gorman 7:42.408
6. Marie Siddons 8:31.920

50 M BACK
1. Bonnie Edwards :42.67
2. Suzanne Riedinger :44.07
3. Rebecca Kay :45.32
4. Brynn Cuvelier :46.84

100 M BACK
1. Bonnie Edwards 1:30.949
2. Sally Antonchuk 1:31.797
3. Suzanne Riedinger 1:36.764
4. Brynn Cuvelier 1:40.469
5. Rebecca Kay 1:56.505
6. Marie Siddons 2:14.281

200 M BACK
1. Suz. Riedinger 3:29.211
2. Brynn Cuvelier 3:39.775
3. Marie Siddons 4:58.130

50 M BREAST
1. Liz Anderson :44.835
2. Suz. Riedinger :45.183
3. Rebecca Kay :45.312

100 M BREAST
1. Rebecca Kay 1:43.513
2. Suz. Riedinger 1:44.648
3. Brynn Cuvelier 1:50.025

200 M BREAST
1. Suz. Riedinger 3:41.681
2. Marie Siddons 4:39.178

50 M FLY
1. Bonnie Edwards :35.315
2. Liz Anderson :39.423
3. Suz. Riedinger :41.485
4. Mary Horton :55.344
5. Brynn Cuvelier 1:02.693
6. 1:14.927

100 M FLY
1. Bonnie Edwards 1:36.70

200 M IM
1. Sally Antonchuk 3:14.363
2. Brynn Cuvelier 3:38.000
3. Mary Horton 4:09.590

WOMEN -- 35-39

50 M FREE
1. Nancy Ridout :31.23
2. Patty Cullum :33.77
3. Elizabeth Roepke :34.98
4. Lorna Stark :39.21
5. Lani Lira :39.90
6. Barbara Arrighi :39.91
7. Marilyn Turville :48.32

100 M FREE
1. Nancy Ridout 1:09.864
2. Elizabeth Roepke 1:16.169
3. Lani Lira 1:27.425
4. Lorna Stark 1:29.513
5. Marilyn Turville 1:48.341

200 M FREE
1. Nancy Ridout 2:39.651
2. Barbara Arrighi 3:08.839
3. Lani Lira 3:13.111
4. Lorna Stark 3:22.795

400 M FREE
1. Nancy Ridout 5:38.600
2. Gerda Pau 6:14.344
3. Patty Cullum 6:31.750
4. Lorna Stark 7:05.736
5. Lani Lira 7:06.385

50 M BACK
1. Nancy Ridout :41.32
2. Patty Cullum :42.49
3. Lani Lira :45.97
4. Marilyn Turville :54.39

100 M BACK
1. Lani Lira 1:39.875

200 M BACK
1. Lani Lira 3:44.803
2. Marilyn Turville 4:19.366

50 M BREAST

1. Nancy Ridout	:45.025
2. Gerda Paul	:45.885
3. Elizabeth Roepke	:47.202
4. Lani Lira	:57.923
5. Marilyn Turville	:55.592

100 M BREAST

1. Gerda Paul	1:41.020
2. Patty Cullum	1:42.738
3. Elizabeth Roepke	1:43.178
4. Marilyn Turville	2:04.135

200 M BREAST

1. Gerda Paul	3:33.323
2. Patty Cullum	3:34.883
3. Elizabeth Roepke	3:45.980

50 M FLY

1. Nancy Ridout	:35.021
2. Gerda Paul	:36.880
3. Elizabeth Roepke	:37.901
4. Patty Cullum	:38.143
5. Lani Lira	:51.049
6. Lorna Stark	:56.628

100 M FLY

1. Nancy Ridout	1:22.56
2. Gerda Paul	1:27.908
3. Elizabeth Roepke	1:38.639

200 M IM

1. Gerda Paul	3:14.07
2. Elizabeth Roepke	3:18.48
3. Patty Cullum	3:23.54
4. Lani Lira	3:53.62
5. Lorna Stark	4:01.70

WOMEN -- 40-44

<u>50 M FREE</u>	
1. Laurie Hoy	:35.49
2. Susan Garratt	:35.97
3. Carol Morton	:39.17
4. Mary Aker	:40.22
5. Bobbie Callison	:42.23

100 M FREE

1. Laurie Hoy	1:23.174
2. Mary Ann Hemphill	1:24.415
3. Susan Garratt	1:25.135
4. Carol Morton	1:28.923
5. Mary Aker	1:33.335

200 M FREE

1. Laurie Hoy	3:07.017
2. Susan Garratt	3:07.317
3. Carol Morton	3:13.480
4. Mary Ann Hemphill	3:19.971
5. Mary Aker	3:30.105
6. Bobbie Callison	3:37.607

400 M FREE

1. Susan Garratt	6:35.639
2. Carol Morton	6:37.304
3. Laurie Hoy	6:41.915
4. Mary Ann Hemphill	6:47.732
5. Mary Aker	7:40.153

50 M BACK

1. Mary Aker	:44.88
2. Laurie Hoy	:47.76
3. Judith Amesbury	:51.30

100 M BACK

1. Mary Aker	1:40.394
2. Mary Hemphill	1:41.048
3. Susan Garratt	1:44.212
4. Judith Amesbury	1:54.193

200 M BACK

1. Mary Aker	3:41.567
--------------	----------

50 M BREAST

1. Laurie Hoy	:46.956
2. Nancy McGee	:51.317

100 M BREAST

1. Laurie Hoy	1:45.036
2. Bobbie Callison	1:50.707
3. Nancy McGee	1:57.759

200 M BREAST

1. Laurie Hoy	3:43.636
2. Nancy McGee	4:13.727

50 M FLY

1. Susan Garratt	:43.451
2. Carol Morton	:56.735
3. Mary Hemphill	1:02.571

100 M FLY

1. Bobbie Callison	1:52.034
--------------------	----------

200 M IM

1. Susan Garratt	3:38.91
2. Bobbie Callison	3:45.13

WOMEN -- 45-49

<u>50 M FREE</u>	
1. Ann Stanfel	:39.28
2. Pat Kemeny	:40.70

100 M FREE

1. Jacqueline Smith	1:21.475
---------------------	----------

2. Ann Stanfel	1:26.443
3. Pat Kemeny	1:33.601
4. Betty McMillan	1:40.619

200 M FREE

1. Jacqueline Smith	3:08.842
2. Ann Stanfel	3:08.968
3. Pat Kemeny	3:36.876

400 M FREE

1. Elfriede Rogers	7:29.488
2. Pat Kemeny	7:57.730
3. Betty McMillan	8:30.548

50 M BACK

1. Ann Stanfel	:46.09
2. Nancy Meserve	:49.00
3. Elfriede Rogers	:50.73
4. Pat Kemeny	:51.06

100 M BACK

1. Nancy Meserve	1:45.982
2. Elfriede Rogers	1:47.464
3. Dorothy Osborn	2:05.975
4. Betty McMillan	2:08.832

200 M BACK

1. Elfriede Rogers	3:43.174
2. Nancy Meserve	3:48.480

50 M BREAST

1. Ann Stanfel	:45.133
2. Jacqueline Smith	:46.439
3. Ann Adams	:47.716
4. Elfriede Rogers	:51.069
5. Pat Kemeny	:52.289
6. Dorothy Osborn	:58.604

100 M BREAST

1. Ann Stanfel	1:39.893
2. Elfriede Rogers	1:49.613
3. Pat Kemeny	1:56.380

200 M BREAST

1. Ann Stanfel	3:32.364
2. Jacqueline Smith	3:48.320
3. Ann Adams	3:50.391
4. Elfriede Rogers	3:58.671
5. Dorothy Osborn	4:26.107

50 M FLY

1. Ann Adams	:39.791
2. Ann Stanfel	:43.734
3. Jacqueline Smith	:43.638
4. Elfriede Rogers	:50.077

100 M FLY

1. Ann Adams	1:42.506
2. Elfriede Rogers	2:01.626

200 M IM

1. Ann Adams	3:21.01
2. Elfriede Rogers	3:47.45
3. Nancy Meserve	4:02.75
4. Isabel Moll	:55.83

WOMEN -- 50-54

<u>50 M FREE</u>	
1. Ruthanne Dickerson	:39.11
2. Virginia Royden	:49.44
3. Peggy Littell	:50.78

100 M FREE

1. Ruthanne Dickerson	1:29.571
2. Peggy Littell	1:50.355
3. Dorothy Scott	2:12.522

200 M FREE

1. Ruthanne Dickerson	3:15.475
2. Peggy Littell	4:16.142
3. Dorothy Scott	4:36.891

400 M FREE

1. Ruthanne Dickerson	6:56.680
2. Nan Limbaugh	7:50.740
3. Dorothy Scott	9:22.226

50 M BACK

1. Flo Carr	:47.06
2. V. Royden	1:02.61
3. Peggy Littell	1:04.53

100 M BACK

1. Flo Carr	1:44.073
2. Nan Limbaugh	1:55.107
3. V. Royden	2:25.971

200 M BACK

1. Flo Carr	3:55.082
-------------	----------

50 M BREAST

1. Flo Carr	:50.265
2. Ruthanne Dickerson	:56.100
3. Peggy Littell	:57.770
4. Virginia Royden	:58.971
5. Dorothy Scott	1:10.010

100 M BREAST

1. Ruthanne Dickerson	2:01.471
2. Virginia Royden	2:11.314
3. Peggy Littell	2:13.999

200 M BREAST

1. Virginia Royden	4:44.965
2. Peggy Littell	4:50.471

50 M FLY

1. Flo Carr	1:00.712
2. Nan Limbaugh	:55.745
3. Peggy Littell	1:03.503
4. Virginia Royden	1:06.628

100 M FLY

1. Flo Carr	1:53.852
2. Peggy Littell	2:32.493

200 M IM

1. Flo Carr	3:49.56
2. Virginia Royden	5:01.11

WOMEN -- 55-59

<u>50 M FREE</u>	
1. Jane McCollister	:42.01
2. Esther Reilly	:50.85

100 M FREE

1. Sue Durran	2:00.392
---------------	----------

200 M FREE

1. Jane McCollister	3:33.804
2. Zada Taft	3:50.592

50 M BACK

1. Jane McCollister	:51.47
2. Esther Reilly	1:02.00

100 M BACK

1. Zada Taft	1:49.648
2. Sue Durran	2:00.097

200 M BACK

1. Zada Taft	4:01.532
--------------	----------

50 M BREAST

1. Zada Taft	:59.313
--------------	---------

100 M BREAST

1. Jane McCollister	2:03.376
2. Zada Taft	2:16.658

200 M BREAST

1. Zada Taft	4:47.391
--------------	----------

50 M FLY

1. Zada Taft	:57.458
--------------	---------

200 M IM

1. Zada Taft	4:10.75
--------------	---------

WOMEN -- 60-64

<u>50 M FREE</u>	
1. Jean Durston	:46.64
2. Mary Jane Reeves	:50.60
3. Elna Sandeman	:51.88
4. Isabel Moll	:55.83

100 M FREE

1. Jean Durston	1:48.517
2. Mary Jane Reeves	1:56.450
3. Isabel Moll	2:04.445

200 M FREE

1. Jean Durston	3:48.837
2. Margaret George	3:53.307
3. Mary Jane Reeves	4:12.707
4. Isabel Moll	4:40.220

400 M FREE

1. Jean Durston	8:04.244
2. Margaret George	8:06.351
3. Mary Jane Reeves	8:38.712
4. Isabel Moll	9:33.315

50 M BACK

1. Mary Jane Reeves	1:02.02
2. Jean Durston	1:04.99

100 M BACK

1. Margaret George	2:02.271
2. Mary Jane Reeves	2:20.123
3. Helen Roumasset	2:22.024
4. Jean Durston	2:31.717

200 M BACK

1. Margaret George	4:21.88
--------------------	---------

50 M BREAST

1. Elna Sandeman	:55.462
2. Jean Durston	1:04.883
3. Helen Roumasset	1:09.773

100 M BREAST

1. Elna Sandeman	2:05.447
2. Jean Durston	2:24.106

200 M BREAST

1. Elna Sandeman	4:29.677
------------------	----------

WOMEN -- 65-69

<u>50 M BACK</u>	
1. Bernice Wayne	1:05.05

100 M BREAST

1. Bernice Wayne	2:36.763
------------------	----------

200 M BREAST

1. Bernice Wayne	5:40.587
------------------	----------

WOMEN -- 70-74

<u>50 M FREE</u>	
1. Sylvia Bailey	:57.89

100 M FREE

1. Sylvia Bailey	2:11.204
------------------	----------

200 M FREE

1. Sylvia Bailey	4:54.323
------------------	----------

400 M FREE

1. Sylvia Bailey	10:14.795
------------------	-----------

100 M BACK

1. Sylvia Bailey	2:34.158
------------------	----------

50 M FLY

1. Sylvia Bailey	1:29.861
------------------	----------

200 M FLY

1. Sylvia Bailey	5:34.60
------------------	---------

MEN -- 25-29

<u>50 M Free</u>	
1. Larry Phippen	:26.02
2. John Foote	:26.80
3. Rich De Jauregui	:27.25
4. Greg Jacobs	:27.34
5. Rick Trapp	:28.26
6. Dennis Erickson	:28.67
7. Wayne Riddle	:28.95
8. Mark Turrin	:28.99
9. James Amann	:30.48
10. Bob Brenner	:31.47
11. Michael Magee</	

50 BREAST

1. Mike Fitzmaurice	:33.209
2. Gary Knox	:42.576
3. Bill Kampe	:42.872
4. Mike Dower	:44.182

100 BREAST

1. Harry DeVictoria	1:26.819
2. David Doyle	1:31.80

200 BREAST

1. Alan Davis	3:10.582
2. Dick Reitman	3:11.058
3. Art Lange	3:35.667

50 M FLY

1. M. Fitzmaurice	:27.047
2. James Beglinger	:29.865
3. Leroy Craig	:32.239
4. Darryl Swenson	:33.948
5. Gary Knox	:36.574
6. Mike Dower	:36.907

100 M FLY

1. Mike Gitzmaurice	1:02.53
2. Harry DeVictoria	1:09.88
3. David Doyle	1:10.07
4. James Beglinger	1:11.23
5. Leroy Craig	1:15.48
6. Alan Brown	1:18.96

200 M IM

1. Harry DeVictoria	2:42.297
2. David Doyle	2:48.677
3. Michael McCully	2:50.576
4. James Beglinger	2:52.473
5. Mike Dower	3:14.250

MEN -- 35-39

50 M FREE

1. Ward Marquardt	:30.95
2. Dick Peitman	:31.30
3. Art Lange	:34.18

100 M FREE

1. Chuck Rogers	1:03.259
2. Dick Reitman	1:08.000
3. Alan Davis	1:09.412
4. Ward Marquardt	1:15.100
5. Ken Schopp	1:20.417

200 FREE

1. Ward Marquardt	3:02.226
2. Art Lange	3:12.322
3. Kan Schopp	3:15.376

400 M FREE

1. Chuck Rogers	5:01.948
2. Kent Price	5:21.150
3. Ward Marquardt	6:39.422
4. Art Lange	7:01.943

50 M BACK

1. Steve Robinson	:41.24
2. Art Lange	:44.60
3. Ward Marquardt	:46.79

100 M BACK

1. Kent Price	1:19.079
2. Steve Robinson	1:31.118
3. Art Lange	1:44.556

200 M BACK

1. Steve Robinson	3:18.113
2. Art Lange	3:44.130

50 M BREAST

1. Alan Davis	:37.323
2. Dick Reitman	:38.087
3. Art Lange	:41.051
4. Ward Marquardt	:48.355
5. Steve Robinson	:52.464

100 M BREAST

1. Dick Reitman	1:24.270
2. Alan Davis	1:25.440
3. Art Lange	1:36.665

50 M FLY

1. Alan Davis	:32.951
2. Steve Robinson	:35.411
3. Ward Marquardt	:37.221
4. Art Lange	:44.281

100 M FLY

1. Tony Silvestri	1:13.370
2. Steve Robinson	1:25.990
3. Ward Marquardt	1:52.390

200 M IM

1. Dick Reitman	2:58.215
2. Steve Robinson	3:16.477
3. Ken Schopp	4:06.366

MEN -- 40-44

50 M FREE

1. Phillip Gay	:27.78
2. Edward Hinshaw	:28.07
3. Peter Van Dyke	:33.60
4. Hans Fallant	:38.56

100 M FREE

1. Edward Hinshaw	1:00.112
2. George Lyons	1:11.003
3. Peter Van Dyke	1:18.137
4. Don McMordie	1:29.337

200 M FREE

1. Edward Hinshaw	2:09.689
2. Barry Fasbender	2:42.203
3. Peter Van Dyke	3:02.031

400 M FREE

1. Edward Hinshaw	4:42.441
2. Barry Fasbender	5:40.868
3. Peter Van Dyke	6:25.904
4. Don McMordie	7:54.754

50 M BACK

1. George Lyons	:35.25
2. Peter Van Dyke	:44.22

100 BACK

1. George Lyons	1:17.870
2. Barry Fasbender	1:25.720
3. Don McMordie	2:14.333

200 BACK

1. George Lyons	2:57.994
2. Barry Fasbender	3:08.819

50 M BREAST

1. Hans Fallant	:37.906
2. George Lyons	:40.477
3. Peter Van Dyke	:42.302
4. Don McMordie	:50.114

100 M BREAST

1. Hans Fallant	1:26.734
2. Peter Van Dyke	1:38.929

200 M BREAST

1. Hans Fallant	3:14.332
2. Peter Van Dyke	3:36.177
3. Barry Fasbender	3:38.317

50 M FLY

1. Barry Fasbender	:34.550
2. Peter Van Dyke	:40.256

100 M FLY

1. Barry Fasbender	1:24.29
2. Peter Van Dyke	1:42.44

200 M IM

1. George Lyons	3:02.090
2. Barry Fasbender	3:07.190

MEN -- 45-49

50 FREE

1. Carl Yates	:30.76
2. Denis Rice	:31.12
3. R. Cunningham	:31.32
4. Bill Schardt	:31.57
5. L. Larimore	:31.71
6. E. Schaner	:32.60

100 M FREE

1. Don Hill	1:03.192
2. Denis Rice	1:07.896
3. Bill Schardt	1:13.137
4. E. Schaner	1:15.664
5. Frank Pisciotta	1:36.066

200 M FREE

1. Carl Yates	2:33.608
2. Denis Rice	2:36.956
3. Robt. Cunningham	2:39.201
4. Bill Schardt	2:55.644
5. Ed Schaner	2:55.755
6. Dick Frenzel	3:07.518
7. Frank Pisciotta	3:39.568
8. Grant Duvall	3:52.669

400 M FREE

1. Carl Yates	5:24.189
2. Denis Rice	5:41.603
3. Ed Schaner	6:22.169

50 M BACK

1. Denis Rice	:40.81
2. Dick Frenzel	:42.21
3. Bill Schardt	:42.82
4. Ed Schaner	:43.05
5. Grant Duvall	:59.18

100 M BACK

1. Bill Schardt	1:37.258
2. Denis Rice	1:37.974

* See next column - 200 M BACK

50 M BREAST

1. Larry Larimore	:40.266
2. Bill Schardt	:43.273

100 M BREAST

1. Robt. Cunningham	1:30.18
2. Larry Larimore	1:33.29
3. Bill Schardt	1:41.219

200 M BREAST

1. Larry Larimore	3:23.817
-------------------	----------

50 M FLY

1. Larry Larimore	:38.778
-------------------	---------

200 M IM

1. Carl Yates	3:09.900
2. Robt. Cunningham	3:11.155

MEN -- 50-54

50 M FREE

1. Ted Willson	:28.75
2. John Killen	:36.98

100 M FREE

1. Ted Willson	1:05.472
2. Ed Kerswill	1:08.015
3. Frank Blair	1:15.262
4. John Killen	1:32.521
5. Glynn Jones	1:33.989
6. Verne Scott	1:46.867

200 M FREE

1. Ted Willson	2:34.469
2. Frank Blair	2:43.925
3. Glynn Jones	3:22.448
4. John Killen	3:31.307
5. Verne Scott	3:51.993

400 M FREE

1. Ed Kerswill	5:31.549
2. Ted Willson	5:39.177
3. Glynn Jones	7:04.047
4. John Killen	7:50.304
5. Vern Scott	8:10.761

50 M BACK

1. Ted Willson	:35.63
2. John Killen	:50.02
3. Glynn Jones	:50.77

100 M BACK

1. Ted Willson	1:21.847
2. Frank Blair	1:43.013
3. John Killen	1:54.569
4. Glynn Jones	1:58.277
5. Vern Scott	2:52.011

200 M BACK

1. Frank Blair	3:25.943
2. Glynn Jones	4:03.879
3. John Killen	4:16.165

50 M BREAST

1. Geo. Cunningham	:43.175
--------------------	---------

100 M BREAST

1. Geo. Cunningham	1:37.40
2. Carl Laslovich	1:42.939
3. Glynn Jones	2:16.711
4. Hans Kiessling	2:19.306

200 M BACK

1. Carl Yates	3:06.953
2. Dick Frenzel	3:29.126

200 M BREAST

1. Ed Kerswill	3:32.733
2. Geo. Cunningham	3:38.346
3. Glynn Jones	4:38.682

50 M FLY

1. Ted Willson	:35.080
2. Geo. Cunningham	:39.209

100 M FLY

1. Geo. Cunningham	1:38.71
--------------------	---------

200 M IM

1. Glynn Jones	4:05.109
2. John Killen	4:07.931

MEN -- 55-59

50 M FREE

1. Dore Schwab	:31.01
2. Edward Moran	:32.74
3. John Richards	:32.97
4. D. Erlenkotter	:36.42

100 M FREE

1. Dore Schwab	1:13.835
2. Fred Taloff	1:17.367
3. John Richards	1:17.448
4. Edward Moran	1:18.403
5. Ernie Smith	1:23.279
6. D. Erlenkotter	1:23.591

200 M FREE

1. Dore Schwab	2:56.211
2. Fred Taloff	2:59.589
3. Edward Moran	3:00.630
4. D. Erlenkotter	3:13.821
5. Ernie Smith	3:21.400

400 M FREE

1. Frank Blair	5:45.051
2. Fred Taloff	6:22.109
3. Edward Moran	6:25.562
4. Dore Schwab	7:06.660
5. Ernie Smith	7:18.626

50 M BACK

1. Ray Taft	:37.93
2. Edward Moran	:41.58
3. John Richards	:42.11
4. Ed Barnes	:43.78
5. D. Erlenkotter	:53.81

100 M BACK

1. Edward Moran	1:33.127
-----------------	----------

200 M BACK

1. Edward Moran	3:26.297
-----------------	----------

50 M BREAST

1. Ray Taft	:41.971
2. John Richards	:44.632
3. Ernie Smith	:52.216

100 M BREAST

1. Ray Taft	1:34.515
2. John Richards	1:40.621
3. Ed Barnes	1:40.880

200 M BREAST

1. Ray Taft	3:31.984
-------------	----------

50 M FLY

1. Ray Taft	:34.643
2. Dore Schwab	:36.821

100 M FLY

1. Ray Taft	1:33.50
2. Ed Barnes	1:35.76

200 M IM

1. Ray Taft	3:06.254
2. Ed Barnes	3:27.163
3. Dore Schwab	3:28.222

MEN -- 60-64

50 M FREE

1. J. Reilly	:31.49
2. Harold Connors	:41.59
3. Roy Erlandson	:43.16

100 M FREE

1. Harold Connors	1:37.945
2. Roy Erlandson	1:45.655

200 M FREE

MASTERS SWIMMING NOTES

QUESTIONS AND ANSWERS (reprint from LANE 4)

Q. What should I do for a warmup in an outdoor meet in cold weather and cold water?

A. The combination of cold water and air causes hypothermia (lowering of the temperature). This occurs very rapidly in water due to the conduction of heat from the body when it is surrounded or submersed by/in water. Many of the performances in Spokane, after the first day, were slower than usual because of the cold conditions. Research has demonstrated that muscles are not as efficient, nerve conduction is altered and disorientation occurs. My personal experience: 1st day, 200 back without a water warmup but used flexibility exercises, won event easily with good time; 2nd day, 200 IM with a 15 min water warm up 15 min before event and was 10 sec slow; 50 fly one hour later no warmup and did one of my best times; 3rd day, took water warmup for 100 fly and was 7 sec slow; an hour later the 100 back with no water warmup and won with a good time. In conclusion, I would recommend a hot bath or shower and flexibility exercises when conditions are similar to those at Spokane. In addition, blankets, heavy warmups, warm socks, and stocking caps.....

Q. Someday- please write an article on the technique of climbing out of a pool more easily -- and gracefully, either after a competitive swim when you are pooped - or - in our new diving pool here at Mission Viejo which is a joy to work out in - but there is no shallow end - and no ladder.

A. Your technique of bobbing up and down for the big try is a good one. Throwing a leg over the ledge and rolling out is another, but is not too graceful. I think the best approach would be to buy a portable ladder for the diving pool. Buy one used for backyard pools which would fit the edge of your pool, have one made by a plumbing shop, or have one of the Masters swimmers make one out of wood. Or, you could keep up the struggle out of the pool and consider it your strength development work and eventually get better at it.....

SWIMMERS WHOSE TIMES WERE NOT IN THE TOP TEN BUT SHOULD HAVE BEEN from Enid Uhrich - Many have written asking what they can do to see that meet directors send in the results of meets so that their times may be considered for Top Ten.

1) GET YOUR MEET DIRECTOR TO SEND ME (Enid Uhrich, 25 Lafayette Rd., Newton, MA 02162) THREE COPIES THAT ARE LEGIBLE. One I keep, one goes to the Records Chairman and one to the Men's Top Ten Times chairman.

2) Save a legible copy of every meet you swim in.

3) The week that the National Championship meet is held, send me a list of those meets including the place and date where each was held. Include a self-addressed, stamped envelope.

4) I will check your list against the list we have received. If we have any missing, I will send your list back noting which one(s) are missing and have you send me 3 copies. I should then have received them before the deadline (35 days after the end of the championship for that course).

The deadline is passed for '77 so I cannot accept any meet results for meets held before Spokane. Clerical corrections for the SC Top Ten Times are:

30-34	200 free	#8	J. MacFarlane, 33	2:22.37
30-34	200 brst	#10	J. Katz, 33	2:59.80
30-34	200 fly	#1	J. Katz, 33	* 2:33.30
55-59	50 back	#6	V. Gest, 58	42.80
			#10 P. Pickens, 55	46.76
			delete B. Dendy	
55-59	50 free	#7	B. Dendy, 56	35.40
			#6 B. Crowell, 56	34.56
35-39	50 back	#10	A. Hale, 35	31.17
35-39	200 I.M.	#8	M. Laux, 35	2:22.92
50-54	200 I.M.	#10	W. Adams, 51	2:47.79

Here's to BETTER SWIMMING, MORE ACCURACY, MORE RESPONSIVE MEET MANAGERS!.....
40-44 400 I.M. #9 A. Champ, 40 6:50.54

DUBLIN MASTERS SWIMMING TOURNAMENT - The Dublin Swimming Club held a Masters Tournament on Saturday, 24th September, 1977 in Iveagh Baths with a reception afterwards in The Tailors Guild Hall. "While the Masters Tournament is intended primarily as a serious swimming competition, it is also hoped that it will become an annual get-together of former swimmers and aficionados where past swimming exploits can be retold and the really greats of Irish swimming given due recognition." The longest event held was 60 m, and the age groupings combined as we did in the beginning. How nice to have another country added to our growing list of those with Masters Swimming Competition!...

LONG COURSE TOP TEN - Ted, Enid and Ed are busy putting together the LC Top Ten Times. We had hoped to have them ready for this issue, but time flies by, especially for us volunteers! So, look for them in the January issue.....

ALL AMERICAN - In the February issue we will list the All-Americans and tell you

how to get your certificate and patch. It won't be easy, as we do not have addresses for everyone. Hopefully, the patches and certificates will be ready by that time....

RECORDS - We will make up a new chart of records and publish them next spring -after all of the corrections are in from the Top Ten Times. Hopefully, we will also have our National Championship Records by then..

PACIFIC ASSOCIATION'S MASTERS SWIMMERS OF THE YEAR - Nancy Ridout and Dore Schwab, both of the Tamalpais Swim Club, were named the PA Master Swimmers of the Year. Nancy lives in Novato while Dore lives in Ross...

SUPER MASTERS TEAMS - The question arises around National Championship time - Do they really belong to the same club? And our Records Chairman get the name of a swimmer swimming on two different relay teams. You cannot swim for one club one week and another club the next week - without a lot of paperwork inbetween! When you swim in any meet, you must swim for the club or organization that is on your AAU card. That club or organization must be a member club of the AAU Association in which it is located. (there are some special rules for Y's) i.e. The Pacific Northwest Association of Masters Swimmers must be a registered club. All swimmers representing PNA MUST be registered with them and represent them in every competition. i.e. The Gold Coast Masters Swim Club is only one of six clubs in the Florida Gold Coast Association that have masters swimmers registered.....

RIDE THE BUS - The Suncoast Masters took a busload of people to the meet in Jacksonville. After the meet, grilled hamburgs and hot dogs, and finishing off the keg, they crawled back to the bus. That's when the real fun started!!! Shades of "The Silver Streat!" St. Pete's John McGuire denied the fact that he was caught grabbing girls less than half his age! "It must have been a wee leprechaun!" he said. Other comments heard in the darkness of the bus: "You have a nice round body." "Where's the God damn 7-up, George?" "Nancy..this is the 'bus'not the 'Hilton'!" "I'll be right back." "This is the last straw! I popped the button on my shorts!" "Don't ~~xxxx~~bad..Joe Biondi just shoved a ~~xxxx~~boiled egg

"Why are you sleeping?"
 "If I wasn't married!"
 "What do you think about that girl in the obscene bikini?"
 "Susie Yum Ymns!!".....

JOE NAMATH - Remember that picture of Joe swimming? Namath is said to be in the best condition since he first was required to



SWIM-MASTER

SUBSCRIPTION FORM

One Year (9 issues)....\$ 6.00 USA
 Canada, Mexico, P.R....\$ 7.00
 \$10.00 Foreign

NAME _____

ADDRESS _____

Send to:
 2308 NE 19 Ave., Ft. Lauderdale, FL 33305

wear knee braces. Because he obviously was unable to fun himself into shape, Namath's cardiovascular system was revitalized by swimming. His legs were locked by a plastic deviceso that they could not be bent in the water, so as to prevent irritation from kicking or jerking them. To build up his wind and strengthen his arms and upper torso the quarterback had to stay afloat without the use of his legs.....

NEW TOUR OF DUTY FOR THE HUSON'S - The Huson's left on October 20th for a two years in London. Bob is going to be a computer site representative for the U.S. Navy. You may write them at (Robert J. Husson) NARDACWASH DETEUR Box 12 FPO New York, 09510

WANT TO SWIM FOR HEALTH? - Count on 75 laps of the pool! There are two kinds of exercises 1) calisthenics and 2) aerobic exercises. Calisthenics may give you better body tone and flex your muscles, but they don't do much for you physical fitness. Sufficient intensity and duration means that you must exercise at least three times a week for 35 to 45 minutes at a time, or perhaps longer. Dr. Alfred S. Ayella Jr., recommends swimming. Why? Because it's the most fun and the most relaxing. Also, in swimming you use all your muscles - not mainly your lower body, as you do in jogging. Ayella is chairman of the division of surgery at West Park Hospital, senior surgeon at St. Agnes Hospital and clinical associate professor of surgery at Hahnemann Medical College and Hospital, all in Philadelphia. "You need to swim 1,000 yards without stopping to rest - at least three times a week. You do that three times a week and do calisthenics for five to 10 minutes a day and stay generally active and you'll be in good shape.".....

2308 N.E. 19th Avenue
Ft. Lauderdale, FL 33305



FIRST CLASS

Have Your
Blood Pressure
Checked

LIFETIME VIGOROUS SWIMMING FOR FUN, SPORT AND HEALTH

VOL VI - No 9

SWIM CALENDAR

CORONADO MASTERS TEAM - Alicia Horst, 571 Marina Ave., Coronado, CA 92118	
DEC 4, MAR 19, MAY 28, JUL 30	
NEW ENGLAND ASSOCIATION - Judy Puleston, 95 Mathewson Rd., Barrington, RI 02806	
NOV 13, DEC 4, DEC 11, JAN 7 JAN 29, APR 22-23	
SOUTHERN PACIFIC ASSOCIATION - Don Rankin, 11731 Heathcliff Dr., Santa Ana, CA 92705	
NOV 13, DEC 10, JAN 22, FEB 5	
PACIFIC NORTHWEST ASSOCIATION - Tom Foley, 10011 - 40th S.W., Seattle, WA 98146	
DEC 10, JAN 28, FEB 4-5, APR 8-9, JUN 3-4, JUL 15-16, AUG 12-13	
INLAND EMPIRE ASSOCIATION - Harry Lewis, 944 E. 39th, Spokane, WA 99203	
NOV 19-20, Mid-Feb	
MICHIGAN ASSOCIATION - Henrietta Kryskalla, 3065 Bendelow Rd., Rochester, MI 48063	
NOV 13, JAN 28, MAR 12, APR 16, APR 22-23	
WISCONSIN ASSOCIATION - John Bauman, 9717 Saratoga Dr., Caledonia, WI 53108	
DEC 10, JAN 14, FEB 25, MAR 18-19, APR 8	
OZARK ASSOCIATION - David McIntyre, 517 Elizabeth Dr., St. Louis, MO 63119	
DEC 3-4, FEB 11-12, MAR 11-12	
NOV 12	Cranford, NJ - Bill Reichle #728, 230 Sumner Ave., Roselle Park, NJ 07204
NOV 12	Powel Crosley Y - Ed Hunter, 423 Flemridge Ct., Cincinnati, OH 45231
NOV 13	Cornell U - Jim Perkins, Cornell U Ath Dept, Box 729, Ithaca, NY 14853
NOV 19	Swim Meet Dr. AOR Phillips Petroleum Co. B-66, Adams Bldg., Bartlesville, OK 74004
NOV 19-20	WIU Clinic - Paul Hutinger, 815 N. Charles, Macomb, IL 61455
NOV 20	Pentathlon - Harry Rawstrom, Swim Coach, U of Delaware, Newark, DE 19711
NOV 20	Corry Y - Chuck Kimball, Franklin YMCA, Otter at W. Park, Franklin, PA 16323
NOV 20	Biathlon - Van - Connie Wilson, 8383 SE Battin Rd. #1, Portland, OR 97266
NOV 26-27	GCM-SHOF - June Krauser, 2308 N.E. 19th Ave., Ft. Lauderdale, FL 33308
DEC 3-4	O*H*I*O Masters, P.O. Box 962, Massillon, OH 44646
DEC 4	Aqua-Terra Biathlon - Dan Sullivan, 495 Watchung Ave., Bloomfield, NJ 07003
DEC 4	University of GA - Lou Gadol, 156 Grove St. #9, Athens, GA 30605
FEB 11	Cranford, NJ - Bill Reichle (above)
FEB 11-12	Sun Belt Regionals - Kirk Canterbury, 6616 Rocky Falls Rd., Charlotte, NC 28211
FEB 17-18	Mel Siebol, Manchester Rec. Dept., 41 Center St., Manchester, CT 06040
MAR 4-5	Oklahoma SC - John H. George, 913 E. 10th, Edmond, OK 73034
MAR 12	St. Charles - Meredith Scanlon, 71 McKinley St., St. Charles, IL 60174
MAR 12	Midland Masters - Charles Moss, 2206 Cranbrook Dr., Midland, MI 48640
MAR 18	Powel Crosley YMCA - Ed Hunter (above)
APR 5-22	Far East Tour - Crenes World Travel, 8311 Louise Ave., Northridge, CA 91325
APR 28-30	Region XII SC Regionals - Seattle area
MAY	NATIONAL YMCA CHAMP. - Lou Falk, YMCA, 1000 N. Market St., Frederick, MD 21701
MAY 19-22	NATIONAL SC CHAMP. - Bud Dallmann, 435 Kerlick Ln., New Braunfels, TX 78130
JUL 22	NATIONAL LONG DISTANCE CHAMP. - Cliff Brown, N76W-22300 Cherry Hill Rd., Sussex, WI 53089
AUG 11-13	Region XII LC Regionals - Portland Area
AUG 31	NATIONAL LC CHAMPIONSHIPS - Enid Uhrich, 25 Lafayette Rd., Newton, MA 02162
SEP 1-3	
JANUARY	NATIONAL ONE HOUR SWIM CHAMPIONSHIPS - Dale Petranec, 2059 Huntington Ave., # 1112, Alexandria, VA 22303