



# SWIM-MASTER

VOL II - No 1 THE OFFICIAL PUBLICATION OF THE AAU MASTERS SWIMMING COMMITTEE FEBRUARY 1973

## CONFESSIONS OF A 44-YEAR-OLD BEGINNER

By RICHARD O. PETERSON

The bottom of the pool dipped away from me, and I wondered why I had started at the shallow end instead of swimming toward it. I kept digging in, watching for the "T" at the end of the lane. It came sooner than I expected. One more breath and another stroke and I was there. I had just finished my first 25 yards of front crawl! And with the "right kind" of breathing!

Totally unremarkable to anyone who has been swimming for years -- nothing short of miraculous to me, a 44-year-old man with three months of good instruction and pleasant experience finally overriding years of uncertainty, clumsiness, and anxiety.

I was raised "inland" without much access to water by parents without much interest in swimming. I tried to learn in college, but that effort stopped after I tried to inhale the pool several times with disastrous results. I became quite satisfied with my sculling, an elementary backstroke, and a surface kind of breaststroke for short distances. No face in the water for me. Besides, most of my "swimming" was done with our children in the shallow water or at the shore jumping the waves. My "Y" membership was really a donation for all I used the pool.

A couple years ago, our town of Westfield, NJ, built a beautiful 50-meter outdoor pool only six short blocks away. Even then I resisted the temptation to learn to swim. People in their 40's don't start learning to swim! The crisis came in 1972, when the pool manager marked off two center lanes the length of the pool and reserved them for swimmers doing lengths -- down one lane and back the other. I was suddenly envious, not only of my forever-swimming wife, but of my 18-year-old retarded daughter who could swim many lengths in her inimitable style. (She won a swimming medal in the New Jersey Special Olympics earlier this year.)

So I promised my wife I'd be a good student if she would help me learn to swim -- and really swim, not just paddle around. After all, she had lots of success with all those preschoolers in swimming classes.

To make a long story short, I have been "really swimming" for about six months now. I have lots of hard work ahead to refine all three strokes -- breaststroke and backstroke especially, with front crawl a poor third.

I'm lucky to have coaching from three experts -- my wife, our Masters Swim Team coach in Westfield (Earl Hulihan, and even Jim Counsilman (via his exceptional book, "The Science of Swimming").

Breathing at the right time with the right amount of air at the right location -- that's my toughest problem, probably as a result of my college fiascos. And when I overconcentrate on breathing, something else "falls apart" because I'm ignoring it. My strokes are not "grooved in", so I'm inconsistent and uneven at times, to say the least.

My problems are many -- but my pleasure is great! I think I have something over the lifelong swimmer. My feeling of achievement is tremendous. There is always something new to experiment with, to discover, to enjoy. My satisfaction is doubled when I realize that I am now working on how to keep up a pace for 100 yards without stopping, when only six months ago I couldn't swim 25!

My wife entered her first competition early in December. My first competition is still ahead of me by several months -- but compete I will! I'm not concerned about breaking any records, except my own -- which is just as well when I realize that next year I move into the age group with Ransom Arthur, Duane Draves, Paul Hutinger, Hal Onusseit, Perry Rockwell, and Carl Yates -- all multiple record holders. Personally, I'm grateful to Buster Crabbe for pointing out, "Without a loser, you can't have a race".

And tell me, starting where I did at 44, enjoying every day the satisfaction and well-being of my new experience, how can I ever be a loser?

The author of the above article is a new Masters Program swimmer who also happens to be a psychologist collecting information about other Masters Swimmers and their views on swimming. If you are willing to fill out a short questionnaire, please drop a postcard with your name and address (and indicate how many questionnaires you need for your family or swimming colleagues) to: Dick Peterson, 307 Hyslip Ave., Westfield, NJ 07090. Dick will send questionnaires with return envelopes. He will report in Swim-Master some of the results of his study.

# MASTERS DIVING RULES

## A. OBJECTIVES OF MASTERS DIVING PROGRAMS.

1. To offer the opportunity to continue conditioning of re-institute conditioning in those over 25 years of age who were formerly athletes or diving enthusiasts.
2. To encourage and promote physical fitness and improvements in health in those older individuals not previously involved in competitive or recreational programs.
3. To offer encouragement to individuals, clubs, organizations, and communities in the organizing and conducting of life-long physical, recreational, and competitive Masters programs.
4. To enhance fellowship among participants in Masters programs.
5. To stimulate interest in Masters programs at all levels of involvement -- physical educators, clubs, organizations, recreation directors, communities, medical societies, and higher educational institutions.
6. To stimulate research in the physiology and psychology of Masters participation of basic and clinical research levels, and further, to investigate the benefits of continued exercise programs on aging processes, cardiopulmonary involvement, orthopedic problems, and other preventable debilitating processes.

## B. GOALS OF MASTERS DIVING PROGRAMS.

1. To outline safe Masters programs in diving for individuals over 25 years of age, taking cognizance of previous diving prowess or participation, non-participation, gradual programming, physical condition, and "medical wellness" of proposed participants.
2. To propose proper diving training for older age groups.
3. To consider programs which will provide goals towards which older participants can work, and motivation for continuing exercise regimens in spite of the inconveniences and the stresses of adult life.
4. To set up proper age and ability groupings in the establishment of Masters diving programs, with well planned balancing of events, and limitation of duration and stresses of competitive programs with relation to these factors.
5. To promote adequate medical examination, and certification of participants for Masters programs, and suggest minimal requirements (standardized or otherwise).
6. To seek assistance for research programs in the medical aspects of Masters programs, and coordinate, if possible, present research programs in these areas.

## C. RULES FOR MASTERS DIVING.

1. **REGISTRATION.** Masters competition is open to all registered athletes possessing a regular AAU card or a Masters AAU registration card. These cards are available from the AAU District Registration Chairman. Only persons who are professionals should apply for a Masters AAU registration card; all other individuals should secure a regular AAU card.
2. **AGE GROUPS.**
  - a.) Group I: 25-34, 35-44, 45-54, 55 and older.
  - b.) Group II: 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 65-69, 70-79, 80 and older.
  - c.) National Championship meets shall consist of the age groupings in Group II above.
3. **ELIGIBILITY.** The eligibility of a participant for a particular age group will be determined by his age as of the first day of the meet.
4. **DIVING RULES.** AAU diving rules regarding execution of dives, degree of difficulty, and scoring will govern all Masters competitions.
5. **SPECIAL EVENTS.**
  - a.) Grand Masters. Those eligible to compete in Grand Masters events shall be those who have competed in the Olympic Games (representing any country) or who have placed in the top 3 places in the National

AAU Sr. Diving Championship in the event (1-M or 3-M) the individual is entering.

## b.) Clown Diving.

- (1) Individual - limited to one diver and one announcer.
- (2) Team - limited to two to five divers and one announcer.

## 6. REQUIRED DIVES, etc. for Region and National Championship meets.

AGE GROUPS	MEN				
	REG'D	OPTIONAL	LIMIT ON DD	PRELIMS	QUAL. FOR FINALS
25-29	5	5	12.0	3-3	8
30-34	5	5	11.5	3-3	8
35-39	5	5	11.0	3-3	8
40-44	4	4	9.5	2-2	8
45-49	4	4	9.0	2-2	8
50-54	4	4	8.5	2-2	8
55-59	3	3	7.0	2-2	8
60-64	3	3	6.5	2-2	8
65-69	3	3	6.0	2-2	8
70-79	2	2	3.7	2-1	8
80 & older	2	2	3.0	2-1	8
Grand Masters	5	5	NONE	3-3	8

AGE GROUPS	WOMEN				
	REG'D	OPTIONAL	LIMIT ON DD	PRELIMS	QUAL. FOR FINALS
25-29	5	5	11.5	3-3	8
30-34	5	5	11.0	3-3	8
35-39	4	4	9.0	2-2	8
40-44	4	4	8.5	2-2	8
45-49	4	4	8.0	2-2	8
50-54	3	3	6.5	2-2	8
55-59	3	3	6.0	2-2	8
60-64	3	3	5.5	2-2	8
65-69	2	2	3.5	2-1	8
70-79	2	2	3.0	2-1	8
80 & older	2	2	2.8	2-1	8
Grand Masters	5	5	NONE	3-3	8

The order of the optionals will be drawn on Thursday at 12 noon.

## 7. EVENTS.

- a.) 1-meter and 3-meter competition may be conducted for each age group.
- b.) It is not necessary to conduct both 1-meter and 3-meter diving in meets. However, each age division shall include at least 1-meter diving.

## 8. NATIONAL CHAMPIONSHIP MEETS.

- a.) National AAU Masters Diving Championship shall be awarded in the following categories:
  - (1) Men's & Women's Indoor Diving
  - (2) Men's & Women's Outdoor Diving
- b.) The Indoor meet shall be held between April 1 and May 15.
- c.) The Outdoor meet shall be held between August 1 and September 1.
- d.) The following rotation system shall be used when awarding the National Championships.

YEAR	ZONE I (WEST)	ZONE II (CENTRAL)	ZONE III (EAST)
1973		Indoor	Outdoor
1974	Indoor	Outdoor	
1975	Outdoor		Indoor
1976		Indoor	Outdoor

If the zone scheduled for the meet does not have a qualified bidder, the meet may be awarded to any zone.

- e.) National Masters Diving Championships shall be awarded at the meeting of the National AAU Masters Diving Committee held at the National AAU Convention.

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IMPLEMENTING YOUR COACHES' IDEAS PAST/PRESENT  
MAY BRING YOU SUCCESS, A narration & Reflection by Mark P. Coughlin

There are innumerable coaches who have contributed directly to the well being of life and sports. Among these are such notables as Pappy Pappenguth, Purdue University, Jack Persons, Duke University, Bill Armstrong, Ambassador Swim Club, Washington, D.C. and James Counsilman, Indiana University. I am fortunate to have swum for the first 3 of the above named coaches and have implemented current practices from Coach Counsilman via the mentoring of Captain Robert Watson, U.S. Army and former swimming coach from Kansas City.

Taking these renowned persons above into consideration, we might reflect upon the dynamic new constellation that is known as the Masters Movement. The founder, Dr. Ransom J. Arthur, M.D., U.S.N., is a man of great foresight, courage and determination. It is he who made it possible for all of us to become involved.

By Dr. Arthur's formula, swimmers can realize 90% of their achievements when they were in their prime swimming years. By empirical methods this has become a reality to many of us D.C. Master swimmers already in just a period of 6 or 7 months. I will choose 2 swimmers to bear out these observations.

But before confirming what Dr. Arthur proved by 5 years of research, I'd like to synopsise the teachings of four great coaches and the role that they played in my success.

1. Pappy Pappenguth believed in swimming over and under the event distance plus swimming a mile on time per stroke. Pappy said that good hard work never hurt anyone. He was a firm believer in condition and could tell how well any swimmer was doing by clocking them for 250 yards.

2. Jack Persons is very personal and warm-hearted but won't hesitate to humble you if

you warrant such action. He believes in a pace type race x.....x in short, plan your race down to the time for each length. Quality swimming was more important than distance to his way of thinking.

3. Bill Armstrong developed many fine swimmers including Stanley Tinkham, celebrated coach of N.V.A.C., Arlington, VA. Bill had a sign in his office which read, "Train like a Champion, Think like a Champion, Live like a Champion and YOU WILL BE A CHAMPION".

4. Finally we have to include James E. Counsilman, the most renowned Swimming Coach of Modern Time. In The Science of Swimming, Jim brings out in detail the concept of Interval Swimming which has so greatly changed the training regimen of most swimming coaches.

4a. Bob Watson, former Kansas City coach, has interpreted Dr. Counsilman and has passed this information on to this swimmer. Bob maintains that you should always practice the same way that you would swim in competition.

Now integrating the Teachings of 4 great coaches is what I have been engaged in doing in my training with some notable success.

Pappy taught me to do a conventional freestyle kick and how to utilize and relax in the fly; he also taught me the concept of thinking out the race and tempering myself to some tough conditioning.

Jack Persons was most benevolent. I remember him most for his detailed planning of each race. He would stress consistent pacing by having the swimmer write out the times for each 50/100 yds, subsequently the swimmer would have someone get the actual splits. This would tell the swimmer a great deal about the progress he/she was making.

Bill Armstrong's slogan speaks for itself. One always has to pay the price if one expects to be a champion. Stan Tinkham is a personification of Bill Armstrong's influence. Stan coached the 1956 Women's Olympic team when he was only 26 after a brilliant career with Ambassador Swim Club and the University of North Carolina.

Finally comes the heart of the matter x....x Quality Swimming under Dr. Counsilman's guiding book, The Science of Swimming.

Captain Watson gave me a training regimen to follow from June 24 to Aug. 13. By following his directions the concept of Interval Training began to materialize. In Indiana in the Nationals, in the 100 meter freestyle I swam 10 seconds faster than I had ever

f.) Entry fees for National Championship meets shall be \$2.00 per event. There shall be a \$10.00 surcharge for each individual entering the meet; \$5.00 of this shall become the property of the Meet Sponsor and the other \$5.00 shall pay for the Saturday evening banquet ticket for the contestant.

9. MEDICAL EXAMINATION. Each competitor is strongly encouraged to have a complete medical evaluation before beginning Masters training. In addition, it is also recommended that each competitor have a physical check up immediately prior to Masters competition in order to insure his physical readiness for participation.

swum in my life in a long course pool. After the Nationals, I began swimming hard 400's 500's and 600's with the goal of swimming the 1500 meters under 30 minutes. It resulted that on Sept. 9th I was timed by my daughter, Susan, in the metric mile in 27 min 48.7 secs.

Next was the meet scheduled for Oct 28th. I continued to follow Captain Watson's training regimen set up earlier in the summer. In an earlier meet held on May 7th, I had swum 1:22.5 in the 100 breast and 3:08.5 in the 200 breast. Now after 4 months of training for the July 23 meet, the Nationals, and the Oct 28th meet, I am able to measure the progress of myself and one other swimmer, Meredith Smith of Michigan State University. Both swimmers trained independently using similar training methods.

Dr. Arthur's Formula states that any swimmer who applies the rules of common sense, trains hard and follows his recommendations can realize 90% of his average Prime time.

Therefore:

$$100 \text{ yd brst} \quad \frac{1:13.0}{1} = \frac{1:21.5}{x} \quad \frac{1:09}{1} = \frac{1:13.9}{x}$$

$x = 89.57\%$                        $x = 93.37\%$

$$200 \text{ yd brst} \quad \frac{2:46.0}{1} = \frac{3:01.5}{x} \quad \frac{2:38}{1} = \frac{2:46}{x}$$

$x = 91.46\%$                        $x = 95.18\%$

A weighted mean can be applied to both sets of data:

1 x 89.57 = 89.57	1 x 93.37 = 93.37
2 x 91.46 = 182.92	2 x 95.18 = 190.36
272.49	283.73
Mn. = 90.83%	Mn. = 94.58%

It can readily be seen that Swimmer B is accelerating towards a higher % of realization at a faster rate than Swimmer A, but both swimmers have already achieved 90% realization. Meredith Smith's rate is incredible and it appears that he will come very close to his average prime time in the next Masters Meet on Jan. 12, 1973.

In swimming, it may be concluded that Interval Swimming training is the key to successful Masters Swimming progress as displayed by the two examples shown above. It has recently been pointed out to me by Meredith Smith that Coach Ed Solotar recommends that breaststrokers endeavor to kick 100 yds in 1:30.0 or less. This would seem to me to be another stimulus for improvement of the breaststroke times for swimmers A & B and others participating in this event.

Finally, the great coaches that swimmers A & B were exposed to have been a tremendous help for the latter in their reconditioning program. The greatest stimulating factor of all has been the application of Dr. Counsilman's recommendations for Interval Training.



AUTOBIOGRAPHICAL SKETCH OF N. GENE NAGEL

I learned to swim around the age of 6 or 7, and like most kids...I had an idol. At that time, he was a swimmer by the name of T. G. Robinson.

T.G.'s parents owned Robinson's Swimming Pool in Plant City, Florida and I used to spend a lot of time there while visiting my grandparents during summer vacations. I would watch T. G. swim; then I would try to swim like he did. Eventually, he noticed this and started working with me. My swimming ability really improved.

It wasn't until my senior year in Plant High School (Tampa, Fla.) that I got involved in competitive swimming. This required a great deal of coaxing by a couple of friends on the team. It was a good year for both the team and myself. I anchored our freestyle relay which set a "Big10" record, made All-State at the state meet in Daytona Beach, and earned a letter in swimming.

Following high school, I swam A.A.U. for two summers. The high point of this occurred in 1954 when I placed second in the Junior National 50 yard Freestyle.

The next time I swam competitively was in March 1971 at the Southern Regional Masters Swimming Meet in St. Petersburg, Florida. But...this is getting ahead of my story.

For almost 17 years, the most strenuous physical activity I engaged in was water-skiing, fishing, or watching television.

In October of 1966, I learned that I had high blood pressure on a pre-employment physical. This was quite a blow and worried me a great deal for the next couple of years. I didn't know what to do about it.

To make a long story short, I finally turned to the Lord. I asked Him to show me how to help myself. I told Him I would fight this high blood pressure if He would only show me how.

Continued on Page 12

Happy  
New Year



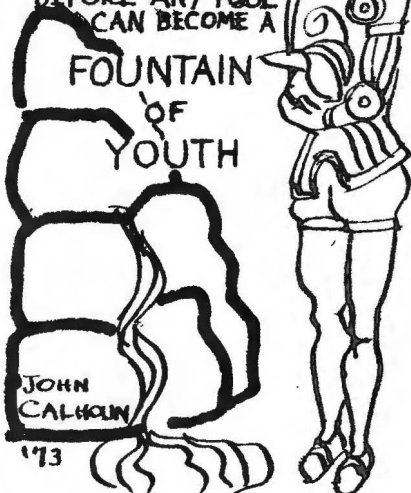
I would like to thank you for the many Christmas wishes I have received and for your help in promoting the Masters Swimming Program through your support of SWIM-MASTER. I wish each of you a very "Happy" and "Record Breaking" New Year!

Your Editor,  
JUNE KRAUSER



1. ARIZONA MASTERS  
Maya Feldhuhn, Dan & Edie Gruender
2. ARIZONA MASTERS - Paul Goetz
3. OAK RIDGE MASTERS  
Lillian Kyte and Janet Meservey

POOR OLE PONCE  
HE COULD NOT  
HAVE KNOWN  
THAT CHLORINE  
MUST BE  
ADDED TO WATER  
BEFORE ANY POOL  
CAN BECOME A



Swim in a Fountain near you. Now there is another reason to "swim to youth". The New Town of Columbia, Maryland is having a Masters Swim Meet on January 20, 1973 and you don't have to be a Johnny Weismuller to enter. All we ask is that you make it to the Fountain a few minutes each week for the next two months to begin to bring your body back to health. And what physician would deny the benefits of planned healthy exercise? If the answer to any one of the following is "yes" the Masters Swim program is for you:

1. Can Swim?
2. Are over 25 and under 85?
3. Formerly participated in sports and have been out of it for several years?
4. Need a good reason other than dull exercise to get yourself to workout?
5. Are 5 pounds overweight or more?
6. Would like a positive avenue upon which to build good health back into your life?

# MEET RESULTS

## PACIFIC SOUTHWEST RESULTS

Carman Ranch Masters  
50 M Pool

### WOMEN 30-34

100 M FREESTYLE	
Judy Gannon 33	1:20.6
Mary Seth	1:38.4
100 M BACKSTROKE	
Judy Gannon	1:27.0
Mary Seth 33	1:59.5
50 M BUTTERFLY	
Judy Gannon 33	40.8
Mary Seth 33	52.8
WOMEN 35-39	
100 M FREESTYLE	
Barbara Wold 35	1:44.1
100 M BACKSTROKE	
Betsy Jordan 35	1:26.0
Barbara Wold 35	1:46.9
50 M BUTTERFLY	
Barbara Wold	54.0

### MEN 25-29

Jim Holmes 26	59.2
Dave Szuch 29	1:04.5
Michael Goldkamp 29	1:05.1
100 M BACKSTROKE	
Michael Goldkamp 29	1:15.4
Dave Szuch 29	1:20.6
Edward Yasana 25	1:28.9
50 M BUTTERFLY	
Jim Holmes 26	30.3
Michael Goldkamp 29	32.3
Dave Szuch 29	32.4

### MEN 30-34

100 M FREESTYLE	
Patrick Schlip 32	1:03.7
Rick Evans 31	1:08.0
100 M BACKSTROKE	
Rick Evans 31	1:14.2
50 M BUTTERFLY	
Rick Evans 31	32.2
Pat Schlip 32	33.7

### MEN 40-44

100 M BACKSTROKE	
Kenneth Kimball 42	1:25.0

### MEN 35-39

50 YD FREESTYLE	
Bill Robertson	25.7
John Kennedy	26.9
Jim Pope	27.2
100 YD FREESTYLE	
Bill Robertson	57.2
John Kennedy	1:03.2
Jack Schmitt	1:16.6
100 YD BUTTERFLY	
Jim Pope	2:37.6
Jim McMahon	2:41.9
Jack Schmitt	2:57.8
500 YD FREESTYLE	
Jim McMahon	7:28.3
John Kennedy	7:44.8
1650 YD FREESTYLE	
Jim McMahon	26:49.9
100 YD BACKSTROKE	
Bill Hewes	1:38.0
200 YD BACKSTROKE	
Bill Hewes	3:28.9
100 YD INDIVIDUAL MEDLEY	
Jim Pope	1:17.0

### MEN 40-44

50 YD FREESTYLE	
Bob Beach	28.3
Ray Cunningham	29.4
John Cerny	32.8
100 YD FREESTYLE	
Bob Beach	1:00.4
Ray Cunningham	1:12.8
100 YD BACKSTROKE	
Bob Beach	1:22.4
100 YD BRESTSTROKE	
John Cerny	1:35.5
200 YD BRESTSTROKE	
John Cerny	3:47.0

### MEN 50-54

50 YD FREESTYLE	
Herb McAuley	25.3
Bud Richardson	38.2
100 YD FREESTYLE	
Herb McAuley	1:00.9
100 YD INDIVIDUAL MEDLEY	
Herb McAuley	1:25.5

### MEN 55-59

50 YD FREESTYLE	
Chuck Roy	33.0
100 YD FREESTYLE	
Chuck Roy	1:21.1
200 YD FREESTYLE	
Chuck Roy	3:16.9

### MEN 60-64

50 YD FREESTYLE	
Jim Fraser	34.9

METROPOLITAN MASTERS SWIM MEET

Rockville, MD  
Oct 28, 1972 25 Yd Pool

### WOMEN 30-34

50 YD FREESTYLE	
N. Kelleher 32	36.7
500 YD FREESTYLE	
R. Harrison 33	8:23.8
200 YD BACKSTROKE	
M. Morris 34	1:30.1
M. Kelleher 32	1:39.6
100 YD BACKSTROKE	
M. J. Parks 33	1:30.2
M. Morris 34	1:37.3
200 YD BRESTSTROKE	
M. J. Parks 33	3:18.2
100 YD INDIVIDUAL MEDLEY	
M. J. Parks 33	1:24.2

### WOMEN 35-39

100 YD FREESTYLE	
D. Martin 36	2:02.3
200 YD FREESTYLE	
J. Sullivan 39	4:09.5
D. Martin 36	4:26.3
500 YD FREESTYLE	
J. Sullivan 39	11:00.5
D. Martin 36	11:34.0
100 YD BACKSTROKE	
J. Sullivan 39	1:58.1
200 YD BACKSTROKE	
J. Sullivan 39	4:08.3
100 YD BRESTSTROKE	
R. Monroe 35	1:41.4
H. Caraher 35	1:48.5

### WOMEN 40-44

50 YD FREESTYLE	
Betty Mullen Brey 40	29.5
J. Sunier 41	38.1
100 YD FREESTYLE	
B. Brey 40	1:08.9
200 YD FREESTYLE	
B. Brey 40	2:50.7
50 YD BUTTERFLY	
B. Brey 40	31.8

### WOMEN 45-49

100 YD BRESTSTROKE	
N. Hamner 49	1:35.2
200 YD BRESTSTROKE	
N. Hamner 49	3:33.8
50 YD BUTTERFLY	
P. Kritzer 48	58.3
100 YD INDIVIDUAL MEDLEY	
N. Hamner 49	1:36.3

### WOMEN 50-54

200 YD FREESTYLE	
H. Hummer 53	3:16.1
500 YD FREESTYLE	
H. Hummer 53	9:01.4
200 YD BACKSTROKE	
H. Hummer 53	3:47.8
50 YD BUTTERFLY	
H. Hummer 53	44.0

### WOMEN 55-59

50 YD FREESTYLE	
N. Clark 58	37.4
100 YD FREESTYLE	
N. Clark 58	1:29.2
50 YD FREESTYLE	
V. Meleski 26	24.1
G. Stacey 26	24.2
J. Flanagan 26	24.4
H. Sober 29	24.5
S. Kennedy 25	27.1
100 YD FREESTYLE	
V. Meleski 26	52.8
G. Stacey 26	54.5
200 YD FREESTYLE	
K. Baugher 26	2:05.1
500 YD FREESTYLE	
K. Baugher 26	6:07.3
R. Morgan 27	6:34.1
S. Kennedy 25	7:44.6
100 YD BACKSTROKE	
R. Morgan 27	1:09.8
J. Costa 29	1:19.7
200 YD BACKSTROKE	
R. Morgan 27	2:33.6
J. Costa 29	2:45.6

### MEN 25-29

100 YD BRESTSTROKE	
R. Husson 27	1:10.4
200 YD BRESTSTROKE	
R. Husson 27	2:33.2
R. Morgan 27	2:54.0
50 YD BUTTERFLY	
J. Flanagan 26	25.6
B. Ryan 28	27.2
H. Sober 29	28.1
S. Kennedy 25	29.3
100 YD BUTTERFLY	
J. Flanagan 26	58.3
S. Kennedy 25	1:12.7
100 YD INDIVIDUAL MEDLEY	
K. Baugher 26	1:02.0
J. Flanagan 26	1:02.4
P. Scensney 29	1:04.8
H. Sober 29	1:06.2

### MEN 30-34

50 YD FREESTYLE	
B. Forst 30	27.8
B. Kolodney 31	32.2
B. Crickmer 31	32.4
100 YD FREESTYLE	
N. McElroy 32	57.7
B. Forst 30	1:03.8
B. Kolodney 31	1:11.8
200 YD FREESTYLE	
M. McElroy 32	2:07.8
B. Shay 32	2:25.8
B. Forst 30	2:35.0
B. Kolodney 31	2:38.5
500 YD FREESTYLE	
M. McElroy 32	5:57.2
B. Shay 32	7:00.9
B. Kolodney 31	7:02.2
B. Forst 30	7:04.8
B. Crickmer 31	7:28.3

### MEN 35-39

100 YD BACKSTROKE	
M. McElroy 32	1:17.5
50 YD BUTTERFLY	
B. Shay 32	29.9
50 YD FREESTYLE	
T. W. Adams 38	27.4
E. Izumi 39	28.2
D. Lanphier 36	29.5
J. Tourtelotte 37	30.3
100 YD FREESTYLE	
J. Kalas 39	1:02.4
L. Cohen 37	1:03.4
D. Lanphier 36	1:14.8
J. Andrien 36	1:25.8

### MEN 40-44

200 YD FREESTYLE	
J. Kalas 39	2:27.5
J. Bailey 38	2:30.2
500 YD FREESTYLE	
J. Kalas 39	6:56.5
J. Bailey 38	7:07.5
R. Chen 39	7:36.1
R. Benson 37	8:18.0
100 YD BACKSTROKE	
R. Benson 37	1:14.0
L. Cohen 37	1:22.7
R. Chen 39	1:39.6
200 YD BACKSTROKE	
R. Benson 37	2:43.0
R. Chen 39	3:45.8
100 YD BRESTSTROKE	
M. Smith 36	1:13.9
A. Smith 36	1:28.7
200 YD BRESTSTROKE	
M. Smith 36	2:46.0
R. Chen 39	3:11.9
A. Smith 36	3:23.1

### MEN 45-49

50 YD BUTTERFLY	
T. W. Adams 38	33.8
J. Tourtelotte 37	37.6
J. Andrien 36	45.3
100 YD BUTTERFLY	
J. Andrien 36	1:44.4
100 YD INDIVIDUAL MEDLEY	
L. Cohen 37	1:11.8
E. Izumi 39	1:18.0
J. Tourtelotte 37	1:21.0

### MEN 40-44

50 YD FREESTYLE	
P. Slack 40	25.7
E. Emes 43	26.8
T. Wood 44	28.5
E. Tourtelotte 44	30.8
P. Phelps 44	33.0
J. Heath 44	33.9

### 100 YD FREESTYLE

E. Emes 43	1:01.2
J. Alleva 44	1:07.0
P. Phelps 44	1:24.8
200 YD FREESTYLE	
E. Emes 43	2:23.4
J. Alleva 44	2:27.3
A. Allen 42	2:28.3
M. Coughlin 44	2:53.6
500 YD FREESTYLE	
J. Alleva 44	7:02.9
J. Rodgers 44	7:16.5
M. Coughlin 44	8:00.3
P. Phelps 44	10:10.7
100 YD BACKSTROKE	
E. Tourtelotte 44	1:22.6
A. Allen 42	1:28.0
100 YD BRESTSTROKE	
H. Coughlin 44	1:21.5
G. Huson 43	1:28.4
200 YD BRESTSTROKE	
H. Coughlin 44	3:01.5
G. Huson 43	3:19.4
50 YD BUTTERFLY	
E. Emes 43	29.2
P. Slack 40	30.4
100 YD INDIVIDUAL MEDLEY	
P. Slack 40	1:08.5
A. Allen 42	1:17.7
G. Huson, 43	1:19.8

### MEN 45-49

50 YD FREESTYLE	
R. Martin 47	29.4
200 YD FREESTYLE	
R. Martin 47	2:42.7
J. Turner 46	3:38.1
500 YD FREESTYLE	
R. Martin 47	7:47.2
J. Turner 46	10:21.0
100 YD BRESTSTROKE	
J. MacKenzie 49	1:26.9
R. Thelwell 45	1:29.9
200 YD BRESTSTROKE	
R. Thelwell 45	3:33.6
50 YD BUTTERFLY	
J. MacKenzie 49	41.6
100 YD INDIVIDUAL MEDLEY	
J. MacKenzie 49	1:27.3

### MEN 50-54

50 YD FREESTYLE	
R. Hall 53	29.2
B. McCarthy 51	29.3
W. Beckert 51	32.0
J. Tobias 50	32.3
100 YD FREESTYLE	
B. McCarthy 51	1:09.7
B. Hall 53	1:12.1
W. Beckert 51	1:16.0
N. Hunt 54	1:19.0
200 YD FREESTYLE	
B. McCarthy 51	2:24.5
500 YD FREESTYLE	
B. McCarthy 51	8:07.9
W. Beckert 51	8:28.8
N. Hunt 54	10:02.0

### MEN 55-59

200 YD FREESTYLE	
Les Finnegan 59	3:38.4
500 YD FREESTYLE	
Les Finnegan 59	9:08.0
200 YD BACKSTROKE	
Les Finnegan 59	3:44.2
50 YD FREESTYLE	
D. McAfee 63	33.1
100 YD FREESTYLE	
D. McAfee 63	1:18.5
500 YD FREESTYLE	
D. McAfee 63	8:18.5

CORONADO HI SCHOOL MASTERS

Denver, CO  
Nov 5, 1972 25 Yd Pool

### WOMEN 25-29

50 YD FREESTYLE	
S. Tate	29.7
C. Walters	30.5
50 YD BUTTERFLY	
C. Walters	35.4
100 YD INDIVIDUAL MEDLEY	
P. Kamm	1:21.6
S. Tate	1:21.8
C. Walters	1:25.5
P. Altenhof	1:35.6

### WOMEN 35-39

50 YD FREESTYLE	
K. Vandousen	38.2

### WOMEN 40-44

50 YD FREESTYLE	
J. Anderson	33.1
C. Colvin	36.3
J. Amato	41.5
50 YD BUTTERFLY	
J. Anderson	42.9
R. Rook	49.1
100 YD INDIVIDUAL MEDLEY	
R. Rook	1:39.5
J. Amato	1:46.1

### WOMEN 55-59

50 YD FREESTYLE	
A. Richmond	57.9

### WOMEN 60-64

50 YD FREESTYLE	
Uth Matthews	1:04.4
50 YD BUTTERFLY	
Dennis West 27	23.2

B. Barnes	26.5
B. Rosquist	27.5
G. Plush	27.7
M. Martinez	38.3
50 YD BUTTERFLY	
D. West 27	25.7
T. Brown	28.4
S. Hock	28.9
B. Barnes	33.6
100 YD INDIVIDUAL MEDLEY	
W. Lear	1:07.6

### MEN 30-34

50 YD FREESTYLE	
B. Altenhof	41.8
50 YD BUTTERFLY	
B. Bruner	32.9
100 YD INDIVIDUAL MEDLEY	
B. Bruner	1:14.2

### MEN 35-39

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200 YD INDIVIDUAL MEDLEY		
Don McIntosh 29	2:23.43	
Terry Maul 26	2:31.66	
Paul Swafford 26	2:59.88	

MEN 30-34

50 YD FREESTYLE		
Henry Ottinger 31	26.85	
Dick Laird 30	27.05	
Joe Goldfarb 32	29.25	
Don Hostetter 31	29.55	
Ian Beattie 34	33.33	

200 YD FREESTYLE

Joe Goldfarb 32	2:28.00	
Don Hostetter 31	2:43.04	
Joe Goldfarb 32	1:22.61	
Ian Beattie 34	1:44.60	

100 YD BACKSTROKE

Ian Beattie 34	1:26.10	
50 YD BUTTERFLY		
Henry Ottinger 31	30.96	
Ian Beattie 34	47.65	

200 YD INDIVIDUAL MEDLEY

Joe Goldfarb 32	2:52.23	
Dick Laird 30	2:58.90	

MEN 35-39

50 YD FREESTYLE		
Doug Sherman 35	25.60	
Scott Beelman 38	26.48	
Ron Barr 36	26.66	
Larry Good 38	27.32	
Wayland Barber 37	27.61	
Ted Tilton 38	27.93	
Allen Hahn 38	29.60	
Arni Dunathan 36	29.75	
Bob Glass 38	31.18	
Pat Moriarty 37	31.73	
Jim Schlegel 37	41.73	

200 YD FREESTYLE

Larry Good 38	2:20.78	
Ron Barr 36	2:21.96	
Scott Beelman 38	2:34.58	
Arni Dunathan 36	2:43.26	
Bob Glass 38	2:54.99	
Pat Moriarty 37	2:57.01	
Allen Hahn 38	2:57.10	

100 YD BACKSTROKE

Larry Good 38	1:09.55	
Wayland Barber 37	1:26.67	
Pat Moriarty 37	1:37.35	

100 YD FREESTYLE

Scott Beelman 37	1:19.99	
Larry Good 38	1:23.26	
Allen Hahn 38	1:27.05	
Arni Dunathan 38	1:38.70	

50 YD BUTTERFLY

Ron Barr 36	29.31	
Scott Beelman 38	35.54	
Pat Moriarty 37	38.86	

200 YD INDIVIDUAL MEDLEY

Larry Good 38	2:37.80	
Ron Barr 36	2:42.91	
Scott Beelman 37	3:00.72	
Pat Moriarty 37	3:33.84	

MEN 40-44

50 YD FREESTYLE		
Joe Lambert 43	38.34	
200 YD FREESTYLE		
Joe Lambert 43	3:18.24	

MEN 45-49

50 YD FREESTYLE		
Paul Hutinger 47	26.45	
Bill Simpson 48	30.88	

200 YD FREESTYLE

Paul Hutinger 47	2:16.66	
Bob Maurer 46	2:28.23	
Bill Simpson 48	3:14.81	

100 YD BACKSTROKE

Paul Hutinger 47	1:07.96	
Bill Simpson 48	1:28.85	
50 YD BUTTERFLY		
Paul Hutinger 47	29.38	
Bob Maurer 46	33.99	

200 YD INDIVIDUAL MEDLEY

Paul Hutinger 47	2:32.60	
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MEN 50-54

200 YD FREESTYLE		
Max Hasbrouck 51	3:09.54	
100 YD BACKSTROKE		
Max Hasbrouck 51	1:49.29	
50 YD BUTTERFLY		
Max Hasbrouck 51	50.42	

MEN 55-59

50 YD FREESTYLE		
Hamilton Anderson 58	30.09	
200 YD FREESTYLE		
Hamilton Anderson 58	2:43.50	
100 YD BACKSTROKE		
Hamilton Anderson 58	1:30.24	
100 YD FREESTYLE		
Hamilton Anderson 58	1:38.05	
200 YD INDIVIDUAL MEDLEY		
Hamilton Anderson 58	3:30.19	

200 YD FREESTYLE

Bev Elliott 26	28.4	
Diane Bizzell 25	29.0	
Sally Jo Antonchuk	30.9	
Carol Skolnick	32.0	

100 YD BACKSTROKE

Diane Bizzell 25	1:04.6	
Bev Elliott 26	1:05.3	
Sally Jo Antonchuk	1:08.6	

500 YD FREESTYLE

Ann Kay	36.2	
Sylvia Duda 37	40.4	
Mary Connelly	42.5	

100 YD INDIVIDUAL MEDLEY

Ann Kay	1:26.7	
Judy Hathaway	1:33.8	
Mary Connelly	1:36.4	

MEN 40-44

50 YD FREESTYLE		
Meg Webster	32.5	
Mary Ellen Murray	33.7	
Geraldine Koupal	34.7	
Mickey Shockley 43	35.7	

100 YD FREESTYLE

Anne Adams 44	1:09.7	
Meg Webster	1:13.7	
Mary Ellen Murray	1:16.1	
Elena Stump	1:39.9	

500 YD FREESTYLE

Anne Adams 44	7:13.0	
Meg Webster	8:07.5	
Geraldine Koupal	8:20.3	
100 YD BACKSTROKE		
Anne Adams 44	1:29.5	
Cindy Baxter	1:31.1	
Rita Mills 42	1:43.5	

500 YD FREESTYLE

Linda Kurtz 25	6:27.5	
Bonnie Edwards	6:53.5	
100 YD BACKSTROKE		
Sue Clavin 26	1:21.9	
100 YD FREESTYLE		
Linda Kurtz 25	1:14.0	
Carol Skolnick	1:21.3	
Susan Priest 25	1:28.4	
50 YD BUTTERFLY		
Bonnie Edwards	30.9	
Linda Kurtz 25	32.0	
Susan Priest 25	33.5	
100 YD INDIVIDUAL MEDLEY		
Bonnie Edwards	1:15.1	
Sue Priest 25	1:17.0	
Bev Elliott 26	1:17.2	
Sue Clavin 26	1:19.2	

WOMEN 30-34

50 YD FREESTYLE		
Carol MacPherson	30.5	
Julie Gideonse 34	32.4	
Pat Hendrickson 30	32.9	
Martha Chapin 34	33.0	
100 YD FREESTYLE		
Nancy Ridout	1:02.9	
Carol MacPherson	1:07.6	
Pat Hendrickson 30	1:14.6	
Janice Gray 34	1:14.8	
Martha Chapin 34	1:15.0	
500 YD FREESTYLE		
Carol MacPherson	6:44.0	
Ingrid Daland 30	6:54.9	
Janice Gray 34	7:13.6	
Pat Hendrickson 30	7:49.0	
Barbara Foss	9:07.8	

100 YD BACKSTROKE

Martha Chapin 34	1:24.6	
Julie Gideonse 34	1:24.7	
Phyllis Scribe 34	1:27.8	
Joan Caldeira	1:41.9	
100 YD BREASTSTROKE		
Ingrid Daland 30	1:17.5	
Phyllis Scribe 34	1:28.9	
Helen Geoffrion 33	1:41.4	
Lynne DeVictoria	1:45.0	
Joan Caldeira	1:45.3	
Barbara Foss	1:54.3	

50 YD BUTTERFLY

Nancy Ridout	32.2	
Julie Gideonse 34	39.0	
Phyllis Scribe 34	39.2	
Lynne DeVictoria	42.3	
Helen Geoffrion 33	43.0	
100 YD INDIVIDUAL MEDLEY		
Nancy Ridout	1:15.4	
Ingrid Daland 30	1:16.9	
Janice Gray 34	1:24.1	
Lynne DeVictoria	1:35.1	
Joan Caldeira	1:37.1	
Helen Geoffrion 33	1:40.2	

WOMEN 35-39

50 YD FREESTYLE		
Pat Bressee	28.3	
Jody Hathaway	31.7	
Mary Spencer 35	34.5	
Barbara Hinshaw	35.5	
Judy Gilbert 37	39.0	
100 YD FREESTYLE		
Pat Bressee	1:06.1	
Evelyn Debes 36	1:15.5	
Mary Spencer 35	1:16.3	
Judy Gilbert 37	1:24.3	
Eileen Soss	1:26.0	
Barbara Hinshaw	1:26.7	

500 YD FREESTYLE

Evelyn Debes 36	7:37.9	
Tania Selden	7:40.2	
Eileen Soss	8:37.3	
Judy Gilbert 37	9:18.3	
100 YD BACKSTROKE		
Pat Bressee	1:37.4	
Ann Kay	1:26.8	
Sylvia Duda 37	1:27.3	
Evelyn Debes 36	1:30.3	
Barbara Hinshaw	1:37.3	

100 YD BACKSTROKE

Tania Selden	1:36.4	
Lynn Radack 35	1:41.0	
Mary Spencer 35	1:45.1	
Mary Connelly	1:45.9	
Judy Hathaway	1:47.0	
50 YD BUTTERFLY		
Ann Kay	36.2	
Sylvia Duda 37	40.4	
Mary Connelly	42.5	
100 YD INDIVIDUAL MEDLEY		
Ann Kay	1:26.7	
Judy Hathaway	1:33.8	
Mary Connelly	1:36.4	

WOMEN 40-44

50 YD FREESTYLE		
Meg Webster	32.5	
Mary Ellen Murray	33.7	
Geraldine Koupal	34.7	
Mickey Shockley 43	35.7	

100 YD FREESTYLE

Anne Adams 44	1:09.7	
Meg Webster	1:13.7	
Mary Ellen Murray	1:16.1	
Elena Stump	1:39.9	

500 YD FREESTYLE

Anne Adams 44	7:13.0	
Meg Webster	8:07.5	
Geraldine Koupal	8:20.3	
100 YD BACKSTROKE		
Anne Adams 44	1:29.5	
Cindy Baxter	1:31.1	
Rita Mills 42	1:43.5	

200 YD FREESTYLE

Edna Segal	4:26.0	
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50 YD FREESTYLE

Robert Boyer 27	22.6	
Gary Langendoen 27	23.3	
Ed Duncan	24.0	
Ross Brigante	25.5	
Ted Meyer	25.5	
Mike Dower	26.5	

100 YD FREESTYLE

Robert Boyer 27	49.0	
Ted Meyer	58.0	
Michael Hoppin	59.0	
Mike Dower	1:02.7	

100 YD FREESTYLE

Edna Segal	4:26.0	
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MEN 25-29

50 YD FREESTYLE		
Robert Boyer 27	22.6	
Gary Langendoen 27	23.3	
Ed Duncan	24.0	
Ross Brigante	25.5	
Ted Meyer	25.5	
Mike Dower	26.5	

100 YD FREESTYLE

Robert Boyer 27	49.0	
Ted Meyer	58.0	
Michael Hoppin	59.0	
Mike Dower	1:02.7	

100 YD FREESTYLE

Edna Segal	4:26.0	
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MEN 40-44

50 YD FREESTYLE		
J. Rodder	26.8	
Art Briner 44	27.7	
Pierre Hathaway	29.0	
Bob Cannon 42	30.2	
Len Wallach	32.3	
100 YD FREESTYLE		
Arthur Briner 44	1:02.9	

500 YD FREESTYLE

Tom Macedo	1:04.3	
Wm. Radack 35	1:12.9	
Sandy Gideonse 38	1:13.4	
Lutz Venslaff	1:25.3	
Dave Camp	1:30.5	

100 YD BREASTSTROKE

Keith Martin 35	1:19.0	
Alex Gilbert 39	1:21.0	
Robert Rubin 36	1:21.3	
100 YD BUTTERFLY		
Richard Elliott 36	1:11.9	
Alex Gilbert 39	1:12.1	
Roger King	1:20.0	
John Schipper	1:24.9	
100 YD INDIVIDUAL MEDLEY		
Tom Macedo	1:05.5	
Buddy Belshe 38	1:06.7	
Richard Elliott 36	1:07.5	
Sandy Gideonse 38	1:08.1	
Edward Hinshaw	1:21.6	
Roger King	1:21.6	

50 YD FREESTYLE

J. Rodder	26.8	
Art Briner 44	27.7	
Pierre Hathaway	29.0	
Bob Cannon 42	30.2	
Len Wallach	32.3	
100 YD FREESTYLE		
Arthur Briner 44	1:02.9	

500 YD FREESTYLE

Edwin Duncan 27	5:28.7	
Bruce Brown 25	5:33.0	
100 YD BACKSTROKE		
Robert Smith 29	59.7	
Bruce Brown 25	1:08.8	
Ross Briante	1:13.0	
100 YD BREASTSTROKE		
Ken Doesburg 29.	1:06.3	
Paul Jeffers 26	1:07.2	
S. Villarete 26	1:07.8	
Harry L. DeVictoria	1:09.9	
Michael P. Hoppin		

500 YD FREESTYLE Lewis Nagy 7:10.2 Alfred Guth 69 8:13.2 Bill Trask 9:03.3 Bill Creer 9:23.6 Rufus Clark 61 9:52.7 100 YD BACKSTROKE Tom Monahan 62 1:25.5 100 YD BREASTSTROKE Bill Loughborough 1:33.9 Rufus Clark 61 1:38.1 100 YD BUTTERFLY Alfred Guth 64 1:41.0 Bill Loughborough 1:42.2 100 YD INDIVIDUAL MEDLEY Reg Richardson 61 1:21.5 Bill Loughborough 1:31.2 Alfred Guth 64 1:33.5 Rufus Clark 61 1:42.0 Sam Bernstein 1:45.0

SOUTH 512 Points NORTH 430 Points

### Otter Masters' Meet

#### Results

Men: 33 1/2 freestyle: 25-29: 1, Tiffany, T. (York City BC) 14.9; 2, Gordon, J. (Otter) 15.4; 3, Vagg, D. (Seagull) 16.5. 100y freestyle: 25-29: 1, Gordon, J. (Otter) 54.7; 2, Vagg, D. (Hastings Seagull) 56.8; 3, Tiffany, T. (York City BC) 57.4. 400y freestyle: 25-29: 1, Hatfield, R. (Middlesbrough) 5:04.6. 100y backstroke: 25-29: 1, Gordon, J. (Otter) 1:03.0; 2, Vagg, D. (Hastings Seagull) 1:06.2; 3, Murton, A. (Wembley) 1:09.9. 100y butterfly: 25-29: 1, Gordon, J. (Otter) 1:00.9. 100y breast stroke: 25-29: 1, Cracknell, R. (Thurrock) 1:10.5; 2, Donax, C. (York City BC) 1:12.3; 3, Parsons, R. (Royal Navy) 1:12.3. 133y individual medley: 1, Gordon, J. (Otter) 1:26.6; 2, Donax, C. (York City BC) 1:29.2; 3, Tiffany, T. (York City BC) 1:33.3. 33 1/2 freestyle: 30-34: 1, Martin-Dye, J. (Penguin) 55.5; 2, Wake, M. (Beckenham) 55.5; 3, Milton, H. (Otter) 57.7. 100y backstroke: 30-34: 1, Faichild, R. (St. Martin) 1:08.6; 2, Milton, H. (Otter) 1:12.1; 3, Lloyd-Mostyn, R. (Otter) 1:13.5. 100y butterfly: 30-34: 1, Lloyd-Mostyn, R. (Otter) 1:03.4; 2, Richardson, A. (Highgate) 1:05.0; 3, Skidmore, F. (Otter) 1:13.1. 100y breast stroke: 30-34: 1, Day, B. (Sheffield ES) 1:18.6; 2, Marchant, D. (Amphibians) 1:19.9. 133y individual medley: 30-34: 1, Wake, M. (Beckenham) 1:34.0; 2, Lloyd-Mostyn, R. (Otter) 1:34.8; 3, Marchant, D. (Amphibians) 1:35.9. 33 1/2 freestyle: 35-39: 1, Rigby, H. (Wigan) 16.4; 2, Beavan, J. (Solihull) 17.2; 3, Gordon, D. (Metropolitan Police) 17.2. 100y freestyle: 35-39: 1, Rigby, H. (Wigan) 58.5; 2, Glasenberry, D. (Otter) 1:02.4; 3, Mace, D. (Gorringe) 1:04.5. 100y backstroke: 35-39: 1, Rigby, H. (Wigan) 1:04.4; 2, Harter, C. (Warrford College) 1:07.5; 3, Glasenberry, D. (Otter) 1:12.0. 100y butterfly: 35-39: 1, Rigby, H. (Wigan) 1:05.6. 100y breast stroke: 35-39: 1, Beesley, J. (Solihull) 1:14.9; 2, Hartley, J. (Marlin) 1:13.7; 3, Lovell, G. (Soundwell) 1:14.7. 133y individual medley: 35-39: 1, Rigby, H. (Wigan) 1:30.0. 100y backstroke: 30-34: 1, Williams, R. (Otter) 1:42.3. 33 1/2 freestyle: 40-44: 1, Hayes, J. (Royal Navy) 17.1; 2, Warnford-Davis, D. (Otter) 18.5; 3, Bellerby, E. (Teesside Police) 19.1. 100y freestyle: 40-44: 1, Hayes, J. (Royal Navy) 1:03.4; 2, Bellerby, E. (Teesside Police) 1:07.9. 100y backstroke: 40-44: 1, Bellerby, E. (Teesside Police) 1:30.5. 100y butterfly: 40-44: 1, Hayes, J. (Royal Navy) 1:13.0. 100y breast stroke: 40-44: 1, Warnford-Davis, D. (Otter) 1:25.7; 2, Hiffe, J. (Otter) 1:26.7. 133y individual medley: 40-44: 1, Hayes, J. (Royal Navy) 1:46.4; 2, Warnford-Davis, D. (Otter) 1:58.0; 3, Hiffe, J. (Otter) 2:00.3. 33 1/2 freestyle: 45-54: 1, Roberts, R. (Otter) 16.9; 2, Ford, M. (Warrander) 17.1; 3, Romain, R. (Otter) 18.1; 4, Edwards, R. (St. Martin) 18.1. 100y freestyle: 45-54: 1, Roberts, R. (Otter) 1:01.2; 2, Romain, R. (Otter) 1:07.9; 3, Edwards, R. (St. Martin) 1:09.1. 66 1/2 backstroke: 45-54: 1, Roberts, R. (Otter) 48.8. 66 1/2 breast stroke: 45-54: 1, Romain, R. (Otter) 1:06.3; 2, Ingham, J. (BLDSA) 1:10.0. 66 1/2 butterfly: 45-54: 1, Romain, R. (Otter) 46.2. 133y individual medley: 45-54: 1, Fitzsimon, N. (Otter) 1:56.6; 2, Marden, E. (Redhill) 2:14.9; 3, Romain, R. (Otter) 1:50.9. 33 1/2 freestyle: 55+: 1, Huxtable, G. (Welsh Cygnets) 17.8; 2, Kimber, E. (Otter) 18.1; 3, Steele, G. (Midland Bank) 18.5. 100y freestyle: 55+: 1, Huxtable, G. (Welsh Cygnets) 1:09.3; 2, Steele, G. (Midland Bank) 1:11.0; 3, Kimber, E. (Otter) 1:14.6. 33 1/2 butterfly: 55+: 1, Huxtable, G. (Welsh Cygnets) 21.7; 2, Kimber, E. (Otter) 22.8; 3, Steele, G. (Midland Bank) 23.1. 33 1/2 breast stroke: 55+: 1, Huxtable, G. (Welsh Cygnets) 27.3; 2, Corfield, H. (Newham Youth) 29.4. 33 1/2 backstroke: 55+: 1, Huxtable, G. (Welsh Cygnets) 20.9; 2, Kimber, E. (Otter) 21.5; 3, Corfield, H. (Newham Youth) 22.7. Women: 33 1/2 freestyle: 25-29: 1, Shrimpton, S. (Soundwell) 17.4; 2, Martin-Dye, C. (Warrford) 18.5; 3, Woolhead, S. (Southgate) 20.3. 100y freestyle: 25-29: 1, Shrimpton, S. (Soundwell) 1:01.8. 100y backstroke: 25-29: 1, Martin-Dye, C. (Warrford) 1:15.2; 2, Shrimpton, S. (Soundwell) 1:21.1. 100y butterfly: 25-29: 1, Shrimpton, S. (Soundwell) 1:15.3. 100y breast stroke: 25-29: 1, Woolhead, S. (Southgate) 1:19.4. 133y individual medley: 25-29: 1, Shrimpton, S. (Soundwell) 1:40.5; 2, Woolhead, S. (Southgate) 1:46.5. 33 1/2 freestyle: 30-34: 1, Sreeman, M. (Southend and Leigh) 20.0. 100y freestyle:

30-34: No Entries. 100y backstroke 30-34: 1, Smith, J. (Bushey) 1:18.8; 2, Buy, C. 1:23.2. 100y butterfly: 30-34: Not Swum. 100y breast stroke: 30-34: Not Swum. 133y individual medley: 30-34: 1, Sreeman, M. (Southend and Leigh) 2:00.3. 33 1/2 freestyle: 35+: 1, Asher, J. (Long Stratton) 20.4; 2, Cave, J. (Bristol Central) 20.5; 3, Barry, M. (Bognor Regis) 21.6. 100y freestyle: 35+: 1, Asher, J. (Long Stratton) 1:15.6; 2, Cave, J. (Bristol Central) 1:20.2; 3, Pike, M. (BLDSA) 1:20.4. 66 1/2 backstroke: 35+: 1, Arnold, M. (Mansfield) 58.5; 2, Asher, J. (Long Stratton) 54.1; 3, Cave, J. (Bristol Central) 55.1. 33 1/2 butterfly: 35+: 1, Arnold, M. (Sutton-in-Ashfield) 24.0; 2, Asher, J. (Long Stratton) 23.9; 3, Barry, M. (Bognor Regis) 29.3. 66 1/2 breast stroke: 35+: 1, Arnold, M. (Sutton-in-Ashfield) 58.8; 2, Barry, M. (Bognor Regis) 1:09.2; 3, Caddis, S. (Anaconda) 1:13.5. 133y individual medley: 35+: 1, Arnold, M. (Mansfield) 1:59.4.

FINAL RESULTS Men Women 1 Soundwell 30 1 Otter 2 2 Long Stratton 16 2 Welsh Cysg 23 3 Bognor Regis 3 Royal Navy 22 4 Wigan 11 4 Wigan 20

### CELEBRITY MASTERS MEET

Denver, CO Nov 19, 1972 25 Yd Pool WOMEN 25-29 50 YD FREESTYLE Cindy Walters 26 30.21 J. Barnes 35.85 E. Reeves 36.32 Pat Kamm 38.98 100 YD FREESTYLE Cindy Walters 26 1:12.12 100 YD BACKSTROKE P. Kamm 25 1:29.90 J. Barnes 1:37.33 100 YD BREASTSTROKE Pat Kamm 25 1:28.70 100 YD BUTTERFLY Cindy Walters 26 33.80 100 YD INDIVIDUAL MEDLEY Cindy Walters 26 1:24.92 WOMEN 30-34 50 YD FREESTYLE Ulla Stumpff 31 36.73 Ann Szucs 37.42 100 YD FREESTYLE A. Heins 31 1:23.99 U. Stumpff 1:25.35 A. Szucs 1:28.16 100 YD BREASTSTROKE Allison Heins 31 1:35.53 U. Stumpff 31 1:51.86 100 YD INDIVIDUAL MEDLEY A. Heins 31 1:30.33 WOMEN 35-39 50 YD FREESTYLE K. Van Deusen 35 38.19 100 YD FREESTYLE K. Van Deusen 35 1:28.42 100 YD BACKSTROKE K. Van Deusen 35 1:48.97 WOMEN 40-44 50 YD FREESTYLE Jody Anderson 42 33.31 100 YD BREASTSTROKE Jody Anderson 42 1:41.46 WOMEN 45-49 100 YD BREASTSTROKE Joan Cattanach 46 1:46.68 100 YD INDIVIDUAL MEDLEY Joan Cattanach 46 1:42.49 WOMEN 55-59 50 YD FREESTYLE Alys Richmond 56 55.30 100 YD BREASTSTROKE Alys Richmond 56 1:58.62 WOMEN 60-64 50 YD FREESTYLE Micky Crisman 61 1:33.27 MEN 25-29 50 YD FREESTYLE Dennis West 27 23.20 B. Barnes 27 26.05 M. Peterson 26 26.84 J. Robin 29 28.46 L. Kull 27 30.26 100 YD BACKSTROKE B. Barnes 27 1:14.95 100 YD BREASTSTROKE D. West 27 1:09.09 50 YD BUTTERFLY D. West 27 26.56 M. Peterson 27 29.98 J. Tobin 29 31.28 L. Kull 27 33.66 B. Barnes 27 33.81 J. Beren 34.49 100 YD INDIVIDUAL MEDLEY D. West 27 1:02.47 J. Tobin 29 1:20.44 J. Beren 1:20.45 L. Kull 26 1:28.55 MEN 30-34 50 YD FREESTYLE Dave Gibson 30 25.30 Dennis Pistoll 31 26.89 John Decker 31 32.43 100 YD FREESTYLE D. Gibson 30 1:00.12 D. Pistoll 31 1:01.30

100 YD BACKSTROKE B. Bruner 34 1:12.47 50 YD BUTTERFLY D. Gibson 30 29.79 100 YD INDIVIDUAL MEDLEY B. Bruner 34 1:13.71 100 YD BACKSTROKE George Kenry 37 1:22.33 100 YD BREASTSTROKE Bob Patten 37 1:14.14 50 YD FREESTYLE Bill Williams 42 28.19 D. Freeman 41 31.92 100 YD FREESTYLE Bill Williams 42 1:00.84 100 YD BREASTSTROKE D. Freeman 41 1:36.28 50 YD BUTTERFLY Bill Williams 42 31.37 D. Freeman 41 39.47 100 YD INDIVIDUAL MEDLEY D. Freeman 41 1:25.48 MEN 45-49 50 YD FREESTYLE Bob Bond 46 32.48 Bob McDermott 47 36.55 100 YD BACKSTROKE Bob Bond 46 1:25.43 Bob McDermott 47 1:31.39 MEN 50-54 50 YD FREESTYLE Dave Best 53 29.70 George Lutz 51 37.53 100 YD FREESTYLE J. Himml 51 1:19.52 100 YD BACKSTROKE Joe Himml 51 1:24.79 100 YD BREASTSTROKE G. Lutz 51 1:43.87 MEN 55-59 50 YD FREESTYLE John Levett 55 29.90 100 YD FREESTYLE M. Block 56 1:21.57 100 YD BACKSTROKE Mathew Block 56 1:40.03 100 YD BREASTSTROKE John Levett 55 1:32.14 100 YD INDIVIDUAL MEDLEY John Levett 55 1:24.88 MEN 65-69 50 YD FREESTYLE Harold Davis 65 40.40 100 YD FREESTYLE Harold Davis 65 1:32.19 100 YD BREASTSTROKE Harold Davis 65 2:03.37

### CHULA VISTA MASTERS

Chula Vista, CA Nov 25-26, 1972 25 Yd Pool WOMEN 25-34 50 YD FREESTYLE Roberta Eaton 34 34.2 Diane Short 29 44.8 100 YD FREESTYLE Roberta Eaton 34 1:23.2 Dee Berger 28 1:35.1 100 YD INDIVIDUAL MEDLEY Cathy Kemper 27 1:17.6 Diane Short 29 1:57.8 WOMEN 35 & OVER 50 YD FREESTYLE Betsy Jordan 35 31.1 Barbara Wolf 35 36.6 Adrienne Pipes 38 37.4 Ruth Bosch 43 40.8 Virginia Phipps 48 43.6 100 YD FREESTYLE Betsy Jordan 35 1:10.9 Barbara Wolf 35 1:22.5 Adrienne Pipes 38 1:33.3 Margaret George 56 1:38.8 Ruth Bosch 43 1:42.5 Virginia Phipps 48 1:45.1 50 YD BUTTERFLY Betsy Jordan 35 35.5 Barbara Wolf 35 50.7 Adrienne Pipes 38 56.2 100 YD INDIVIDUAL MEDLEY Betsy Jordan 35 1:20.5 Adrienne Pipes 38 1:49.7 MEN 25-34 50 YD FREESTYLE Tom Causey 25 25.4 Jack Davison 27 25.7 Rick Evans 31 25.7 Bard Bruce 26 26.0 Howard Roberts 29 27.4 Jack Meyer 32 26.0 Owen G. Clark 27 28.3 Jim Thomas 30 32.2 100 YD FREESTYLE Michael Goldkamp 29 58.0 Bard Bruce 26 58.3 Rick Evans 31 59.1 Tom Causey 25 59.8 Jim Thomas 30 1:13.6 50 YD BUTTERFLY Darrell Swenson 25 27.2 Rick Evans 31 28.6 Jack Meyer 32 28.9 Bard Bruce 26 29.5 Jack Davison 27 29.5

Tom Moruzzi 31 30.2 Howard Roberts 29 33.9 Jim Thomas 30 38.3 100 YD INDIVIDUAL MEDLEY Jim Holmes 26 1:04.7 Rick Evans 31 1:05.1 Bard Bruce 26 1:05.4 Jack Meyer 32 1:06.3 Michael Goldkamp 29 1:07.6 Doug Mason 27 1:09.0 Tom Moruzzi 31 1:11.0 Howard Roberts 29 1:12.3 Owen G. Clark 27 1:21.7 Jim Thomas 30 1:29.9 MEN 35 & OVER 50 YD FREESTYLE Alex Gilbert 39 27.4 Alec Penny 49 27.9 Don Van Rossen 43 28.5 Reg Richardson 61 28.9 Bud Schumacher 42 29.3 Jerry Vickers 41 31.0 Mel Maxwell 60 31.0 Thomas Dowell 50 33.0 Don Dobrott 40 33.2 William Hyde 44 36.0 Bruce Vatcher 39 39.4 100 YD FREESTYLE Don Barrett 38 1:03.2 Reg Richardson 61 1:05.7 Bud Schumacher 42 1:03.0 Frederick Herr 35 1:09.9 Jerry Vickers 41 1:11.3 Don Dobrott 40 1:15.5 Bill Seligman 48 1:17.0 William Hyde 44 1:21.0 Bruce Vatcher 39 1:28.1 50 YD BUTTERFLY Alex Gilbert 39 29.6 Don Van Rossen 43 31.4 Thomas Dowell 50 33.7 Bud Schumacher 42 34.7 Mel Maxwell 60 34.6 Reg Richardson 61 37.1 Don Dobrott 40 47.9 William Hyde 44 49.2 Bruce Vatcher 39 1:03.5 100 YD INDIVIDUAL MEDLEY Don Van Rossen 43 1:12.6 Alex Gilbert 39 1:12.9 Bud Schumacher 42 1:18.3 Reg Richardson 61 1:21.0 Mel Maxwell 60 1:23.5 Thomas Dowell 50 1:26.5 Don Dobrott 40 1:37.0 William Hyde 44 1:43.2 Bruce Vatcher 39 1:53.7

### DESERT RAT 'B' MEET

Mesa, AZ Dec 2, 1972 25 Yd Pool WOMEN 50 YD FREESTYLE Edith Gruender 44 34.3 Maya Feldhuhn 42 36.7 100 YD FREESTYLE Edith Gruender 44 1:17.5 Maya Feldhuhn 42 1:28.4 50 YD BUTTERFLY Edith Gruender 44 39.5 Maya Feldhuhn 42 43.7 MEN 50 YD FREESTYLE Greg Rendahl 26.5 Dave Schumann 25 27.8 Paul Goetz 35 29.8 Dan Gruender 43 30.1 Lou Silverstein 32.0 100 YD FREESTYLE Dave Schumann 1:03.7 Greg Rendahl 1:06.5 Lou Silverstein 1:10.5 50 YD BUTTERFLY Greg Rendahl 28.4 Dave Schumann 31.0 Lou Silverstein 1:10.5 WALTHAM MASS. MASTERS Waltham, MA Dec 3, 1972 25 Yd Pool WOMEN 25-29 50 YD FREESTYLE Jennifer Parks 29 29.4 Theresia Faith 26 31.2 Carol Yunker 25 33.1 100 YD FREESTYLE Theresia Faith 26 1:17.2 Carol Yunker 25 2:46.4 100 YD BACKSTROKE Jennifer Parks 29 1:16.0 Jane Hardy 28 1:24.9 100 YD BREASTSTROKE Phil Whitten 29 1:12.0 50 YD BUTTERFLY Angus Mackie 26 30.0 100 YD INDIVIDUAL MEDLEY Phil Whitten 29 1:07.6 MEN 30-34 50 YD FREESTYLE Jack Geoghegan 24.4 Michael Laux 31 25.0 Daniel Davis 30 25.5 Bob Walden 33 27.2 Dave Voyer 32 28.6 Harold Hamilton 32 28.9 Joel Saperstein 34 31.9 William Bell 31 29.1



100 YD FREESTYLE
Jack Geoghegan 53.3
Dan Davis 30 56.5
Michael Laux 31 56.7
Bob Walden 33 59.2

500 YD FREESTYLE
Chas Stephanos 45 6:16.1
Hal Onusseit 48 6:43.4
James Edwards 49 6:57.5

CHRISTMAS MASTERS MEET
Long Beach, CA
Dec 9, 1972 25 Yd Pool
WOMEN 25-29
100 YD FREESTYLE
Dee Berger 28 1:45.0

100 YD BUTTERFLY
Ed Spencer 30 57.1
Dick Stewart 32 57.9
Burt Kanner 33 1:01.6

WILMINGTON AC CHRISTMAS MEET
Wilmington, DE
Dec 10, 1972 25 Yd Pool
WOMEN 25-29
50 YD FREESTYLE
Carol Clay 26 27.059

MEN 50-54
100 YD FREESTYLE
Bud Hall 50 1:03.487
Jim Pendergrass 51 1:08.334
John Freebury 53 1:12.783
100 YD BACKSTROKE
Bud Hall 50 1:11.641
100 YD BRESTSTROKE
Bud Hall 50 1:24.147
50 YD BUTTERFLY
Jim Pendergrass 53 37.658
MEN 55-59
100 YD FREESTYLE
D. Dennison 58 1:15.833
500 YD FREESTYLE
D. Dennison 58 7:32.244
MEN 65-69
100 YD FREESTYLE
Harry Jagers 65 1:29.017
500 YD FREESTYLE
Harry Jagers 65 8:42.623
100 YD BACKSTROKE
Harry Jagers 65 1:42.587

PACIFIC NORTHWEST MASTERS
Captain William Ballard Pool
Dec 10, 1972 25 Yd Pool
WOMEN
50 Yd FREESTYLE
Jean Abrams 33 36.2
Norma McKinney 38 43.2
Maxine Carlson 52 46.0
100 YD FREESTYLE
Jean Abrams 33 1:24.8
Judy Smith 47 3:08.3
Barbara Davis 44 4:01.6
500 YD FREESTYLE
Judy Smith 47 8:23.0
100 YD BACKSTROKE
Barbara Davis 44 1:52.9
100 YD BRESTSTROKE
Donna R. Huss 28 1:53.9
Maxine Carlson 52 1:57.2
Barbara Davis 44 2:00.7
200 YD BRESTSTROKE
Maxine Carlson 52 4:25.0
100 YD BUTTERFLY
Jean Abrams 33 1:53.7
200 YD INDIVIDUAL MEDLEY
Judy Smith 47 3:44.4

MEN
50 YD FREESTYLE
Jack Ridley 28 24.4
Ed Bruce 28 25.0
Jack Miller 30 27.3
James Bigler 37 28.1
Jerry Little 37 29.5
100 YD FREESTYLE
Ed Bruce 28 58.4
Andy Hathaway 25 1:01.2
James Bigler 37 1:03.2
200 YD FREESTYLE
Jack Ridley 28 2:12.9
Dennis Donovan 30 2:20.0
William Rule 40 2:38.6
500 YD FREESTYLE
Bob Miller 44 6:11.2
Tony Canlis 28 6:36.6
William Rule 40 7:35.0
Andy Hathaway 25 7:47.2
Leonard Longman 57 8:03.5
Fred Wiggin 56 8:10.9
100 YD BRESTSTROKE
Tony Canlis 28 1:07.0
Ted Snow 25 1:07.4
Jerry Little 37 1:16.9
200 YD BRESTSTROKE
Ted Snow 25 2:28.9
Tony Canlis 28 2:29.5
Jack Ridley 28 2:47.3
Jerry Little 37 2:53.3
100 YD BACKSTROKE
Michael Bryant 25 1:03.8
Dennis Donovan 30 1:07.7
Glen H. Knitter 25 1:11.5
Fred Wiggin 56 1:24.0
Tom Foley 38 1:50.2
200 YD BACKSTROKE
Michael Bryant 25 2:23.1
Bob Miller 44 2:25.3
Glen H. Knitter 25 2:34.9
Fred Wiggin 56 3:02.5
Tom Foley 38 4:14.9
100 YD BUTTERFLY
Ed Bruce 28 1:06.1
200 YD INDIVIDUAL MEDLEY
Michael Bryant 25 2:20.5
Jack Ridley 28 2:32.1
Tony Canlis 28 2:34.3
Andy Hathaway 25 2:50.5

OAK RIDGE MASTERS WINTER MEET
Oak Ridge, TN
Dec 17, 1972 25 Yd Pool
WOMEN
100 YD BACKSTROKE
Janet Meservey 58 2:15.9
Francis Sachs 58 2:16.3
200 YD BACKSTROKE
Janet Meservey 58 4:51.5
Francis Sachs 58 4:52.7
100 YD BRESTSTROKE
Lil Kyte 51 1:55.2
200 YD BRESTSTROKE
Lillian Kyte 51 3:54.8

MEN
50 YD FREESTYLE
Rick Krogsrud 26 24.2
Mike Morris 30 26.2
100 YD INDIVIDUAL MEDLEY
Richard Krogsrud 26 59.6
"HANG TEN" MASTERS SWIM MEET
Honolulu, HI
Dec 17, 1972 25 Yd Pool
WOMEN 25-29
50 YD FREESTYLE
S. Coolidge 31.0
200 YD FREESTYLE
S. Coolidge 2:57.1
100 YD BRESTSTROKE
S. Coolidge 1:25.0
200 YD BRESTSTROKE
S. Coolidge 3:08.7
50 YD BUTTERFLY
J. Rasmussen 31.9
S. Coolidge 42.2
100 YD BUTTERFLY
J. Rasmussen 1:13.0
200 YD INDIVIDUAL MEDLEY
S. Coolidge 3:04.8

WOMEN 30-34
50 YD FREESTYLE
Eve Anderson 31.5
100 YD FREESTYLE
Eve Anderson 1:11.0
200 YD FREESTYLE
Eve Anderson 2:46.6
WOMEN 35-39
50 YD FREESTYLE
I. Hoe 30.4
100 YD FREESTYLE
N. Naugle 1:23.3
200 YD FREESTYLE
N. Naugle 3:06.6
500 YD FREESTYLE
N. Naugle 8:22.4
1650 YD FREESTYLE
N. Naugle 27:57.9
200 YD BACKSTROKE
N. Naugle 3:36.9
100 YD BRESTSTROKE
I. Hoe 1:21.8
N. Naugle 2:02.3
200 YD BRESTSTROKE
I. Hoe 2:59.9
N. Naugle 4:01.5
50 YD BUTTERFLY
I. Hoe 32.7

WOMEN 40-44
50 YD FREESTYLE
C. Anderson 41.2
100 YD BRESTSTROKE
C. Anderson 1:54.7
WOMEN 65-69
50 YD FREESTYLE
Eleanor Anderson 56.5
MEN 25-29
50 YD FREESTYLE
D. O'Connor 23.6
G. Higgins 25.6
P. Johnstone 25.9
J. Leong 27.3
100 YD FREESTYLE
R. O'Connor 50.2
J. Hill 54.6
M. Reed 1:00.5
J. Leong 1:03.0
200 YD FREESTYLE
R. O'Connor 1:58.5
L. Loganbill 2:07.4
500 YD FREESTYLE
L. Loganbill 5:55.3
1650 YD FREESTYLE
J. Wilcox 2:104.2
100 YD BACKSTROKE
N. Shibasaki 1:09.7
200 YD BACKSTROKE
N. Shibasaki 2:22.6

100 YD BRESTSTROKE
T. Canlis 1:06.9
J. Hill 1:14.7
R. VanDerWege 1:16.3
R. Arakaki 1:23.0
200 YD BRESTSTROKE
T. Canlis 2:31.4
R. Koehler 2:39.5
R. Takabayashi 2:42.3
50 YD BUTTERFLY
D. O'Connor 26.2
J. Hill 26.2
N. Shibasaki 28.0
D. Merritt 28.0
J. Wilder 28.2
G. Higgins 28.3
R. Koehler 28.8
100 YD BUTTERFLY
J. Hill 59.5
D. O'Connor 59.5
D. Merritt 1:00.8
R. Koehler 1:07.4
200 YD INDIVIDUAL MEDLEY
R. Koehler 2:25.0
J. Hill 2:27.7
D. Merritt 2:34.2
N. Shibasaki 2:40.6
R. Takabayashi 2:42.9
MEN 30-34
50 YD FREESTYLE
T. Landis 24.8
D. Kim 25.2
B. Sakovich 25.5

100 YD FREESTYLE
T. Landis 52.3
D. Kim 53.8
B. Sakovich 59.3
200 YD FREESTYLE
T. Landis 2:01.9
D. Kim 2:02.6
500 YD FREESTYLE
B. Sakovich 6:46.0
1650 YD FREESTYLE
B. Lino 27:33.4
200 YD BACKSTROKE
W. Miyashiro 2:56.3
100 YD BRESTSTROKE
J. Hill 1:11.2
C. Kilbourne 1:14.3
200 YD BRESTSTROKE
C. Kilbourne 2:47.0
C. Kilbourne 3:03.9
50 YD BUTTERFLY
T. Landis 26.6
C. Kilbourne 32.5
100 YD BUTTERFLY
T. Landis 1:00.5
C. Kilbourne 1:12.3
200 YD INDIVIDUAL MEDLEY
T. Landis 2:32.9
C. Kilbourne 2:42.0
W. Miyashiro 2:47.5

WOMEN 35-39
50 YD FREESTYLE
R. Tanabe 25.7
100 YD FREESTYLE
R. Tanabe 57.3
200 YD FREESTYLE
R. Tanabe 2:18.0
500 YD FREESTYLE
R. Tanabe 6:12.9
1650 YD FREESTYLE
J. Daniels 23:44.7
100 YD BACKSTROKE
R. Tanabe 1:10.4
J. Daniels 1:11.5
200 YD BACKSTROKE
J. Daniels 2:42.0
N. Tanabe 2:47.0
100 YD BRESTSTROKE
R. Tanabe 1:15.7
J. Cotton 1:20.6
200 YD BRESTSTROKE
R. Tanabe 2:49.1
50 YD BUTTERFLY
R. Tanabe 26.6
100 YD BUTTERFLY
R. Tanabe 1:06.8
200 YD INDIVIDUAL MEDLEY
R. Tanabe 2:34.0

MEN 40-44
50 YD FREESTYLE
I. Herman 28.0
A. Welch 29.4
100 YD FREESTYLE
A. Welch 1:03.8
200 YD FREESTYLE
A. Welch 2:30.5
500 YD FREESTYLE
A. Welch 6:33.8
1650 YD FREESTYLE
A. Welch 21:59.2
100 YD BACKSTROKE
A. Welch 1:19.4
F. Rohlfing 1:20.0
200 YD BACKSTROKE
A. Welch 2:52.2
F. Rohlfing 3:05.9
100 YD BRESTSTROKE
A. Welch 1:39.7
200 YD BRESTSTROKE
A. Welch 3:29.3
50 YD BUTTERFLY
A. Welch 33.1
100 YD BUTTERFLY
A. Welch 1:27.7
200 YD INDIVIDUAL MEDLEY
A. Welch 2:58.8

MEN 45-49
50 YD FREESTYLE
F. Trask 29.0
100 YD FREESTYLE
F. Trask 1:03.5
200 YD FREESTYLE
F. Trask 2:28.8
500 YD FREESTYLE
F. Trask 7:03.7
1650 YD FREESTYLE
F. Trask 25:17.4
MEN 50-54
50 YD FREESTYLE
J. Welch 27.4
100 YD FREESTYLE
J. Welch 59.6
200 YD FREESTYLE
J. Welch 2:15.7
1650 YD FREESTYLE
J. Welch 21:51.5
MEN 55-59
50 YD FREESTYLE
T. Haynie 27.7
L. Longman 31.5
100 YD FREESTYLE
L. Longman 1:17.7
200 YD FREESTYLE
L. Longman 3:04.3
1650 YD FREESTYLE
L. Longman 28:04.6
MEN 60-64
50 YD FREESTYLE
L. Osborne 31.4

100 YD FREESTYLE
L. Osborne 1:09.1
G. Corson 1:14.2
200 YD FREESTYLE
L. Osborne 2:48.1
500 YD FREESTYLE
L. Osborne 7:34.5
1650 YD FREESTYLE
L. Osborne 26:30.7
100 YD BACKSTROKE
G. Corson 1:26.4
L. Osborne 1:53.9
200 YD BRESTSTROKE
L. Osborne 1:49.9
MEN 65-69
50 YD FREESTYLE
J. Anderson 33.8
100 YD FREESTYLE
J. Anderson 1:33.2
MEN 70-79
50 YD FREESTYLE
W. Laury 49.3
100 YD FREESTYLE
W. Laury 1:57.2
200 YD FREESTYLE
W. Laury 4:14.7
1650 YD FREESTYLE
W. Laury 36:54.8
100 YD BRESTSTROKE
K. Storz 2:00.1
200 YD BRESTSTROKE
K. Storz 2:31.7
5:26.9

UNIVERSITY OF MIAMI MASTERS
Coral Gables, FL
Dec 17, 1972 25 Yd Pool
WOMEN 25-34
100 YD FREESTYLE
Wanda Cavanaugh 32 1:09.6
200 YD FREESTYLE
Wanda Cavanaugh 32 2:34.9
500 YD FREESTYLE
Lynn Cartee 25 8:46.9
100 YD BRESTSTROKE
Lynn Cartee 25 1:33.9
50 YD BUTTERFLY
Millie Bergeron 32 33.2
100 YD BUTTERFLY
Millie Bergeron 32 1:20.4
100 YD INDIVIDUAL MEDLEY
Wanda Cavanaugh 32 1:18.7
Millie Bergeron 32 1:20.7
Pat Smith 26 1:25.2

WOMEN 35-44
50 YD FREESTYLE
Cynthia Joan Bruce 42 31.9
100 YD BRESTSTROKE
Anne McGuire 38 1:24.1
Anne McGuire 35 1:24.4
50 YD BUTTERFLY
Anne McGuire 38 35.9
Cynthia Joan Bruce 42 42.5
100 YD INDIVIDUAL MEDLEY
Anne LeMaire 35 1:21.0
WOMEN 45 & OVER
50 YD FREESTYLE
Mary Ann Meekins 46 32.9
100 YD FREESTYLE
Mary Ann Meekins 46 1:12.7
Rochel Norill 68 2:21.3
200 YD FREESTYLE
June Fogle Krauser 46 2:40.3
500 YD FREESTYLE
Mary Ann Meekins 46 7:25.4
100 YD BUTTERFLY
June Fogle Krauser 46 1:21.4
100 YD INDIVIDUAL MEDLEY
June Fogle Krauser 46 1:23.6
MEN 25-34
50 YD FREESTYLE
Tom Meade 25 22.6
Jerry Greenberg 31 24.5
Mike Pearl 25 24.8
R. M. Knight 28 27.7

FIRST CLEVELAND MASTER'S
Cleveland, OH
Jan 7, 1973 25 Yd Pool
WOMEN 25-29
50 YD FREESTYLE
Lynn Daus 35.7
Debbie Budd 35.7
100 YD FREESTYLE
Lynn Daus 1:26.1
WOMEN 30-34
50 YD FREESTYLE
Doris Zimmerman 34.9
WOMEN 35-39
50 YD FREESTYLE
Matty Talley 38.2
Mathann Kaase 46.8
Alice Hassing 47.5
Nancy Wyatt 54.8
100 YD FREESTYLE
Matty Talley 1:29.8
Alice Hassing 1:50.7
WOMEN 40-44
50 YD FREESTYLE
Connie Goldberg 33.3
Pearl McKillop 40.3
Virginia Mildebrant 40.0
Nancy Kuzas 46.0
Joan Piper 48.3
100 YD FREESTYLE
Connie Goldberg 1:18.4
Virginia Mildebrant 1:40.7
Pearl McKillop 1:44.0
Nancy Kuzas 1:52.1

# SWIM MEET SCHEDULE

WOMEN 45-49	
50 YD FREESTYLE	
Charlotte Grimm	42.2
100 YD FREESTYLE	
Charlotte Grimm	1:42.0
WOMEN 55-59	
50 YD FREESTYLE	
Louise McClintoc	41.5
100 YD FREESTYLE	
Louise McClintoc	1:45.8
MEN 25-29	
50 YD FREESTYLE	
Richard Bauschard	23.6
Kenne Crane	24.3
Larry Yamahiro	25.5
Steve Douglas	25.5
Jim Stauffer	27.3
Dan Ilye	27.6
Dave Abineri	28.3
Richard Arenas	30.3
Steve Oiesicki	33.6
100 YD FREESTYLE	
Richard Bauschard	52.9
Kenne Crane	56.5
Dan Cahill	57.1
Larry Yamahiro	57.1
Dan Ilye	1:05.3
Steve Oiesicki	1:20.5
MEN 30-34	
50 YD FREESTYLE	
John Bushman	27.4
Neil Joehen	27.4
Charles Lake	28.6
Bob Jabiak	29.4
Chris Zimmerman	37.4
100 YD FREESTYLE	
John Budick	1:00.3
John Bushman	1:00.9
Dieter Kulicke	1:08.0
MEN 35-39	
50 YD FREESTYLE	
Dick Stegrist	27.1
Jay Lehr	27.6
John Jazwa	32.6
100 YD FREESTYLE	
Jay Lehr	1:05.2
MEN 40-44	
50 YD FREESTYLE	
Peter Van Dijk	25.5
Bob Mueller	26.8
Pieter Cath	30.2
Richard Seib	30.3
Bill Piper	33.6
William Meyer	38.8
Richard Jordan	40.9
Donald Hildebrandt	41.0
Robert McKillop	42.0
Harold Urban	48.8
100 YD FREESTYLE	
Peter Van Dijk	57.5
Bob Mueller	1:01.7
Pieter Cath	1:07.0
John Scott	1:14.4
Bill Piper	1:18.7
MEN 45-49	
50 YD FREESTYLE	
Roy Stickney	25.9
Ed Halttunen	28.3
Don Kilb	28.7
John McCarthy	28.8
Robert Shakespeare	29.5
Robert Case	31.0
Lou's Pastor	31.3
100 YD FREESTYLE	
Roy Stickney	57.5
John McCarthy	1:05.4
Ed Halttunen	1:06.0
Don Kilb	1:07.0
Robert Case	1:11.4
MEN 55-59	
50 YD FREESTYLE	
Nelson Oeis	29.3
100 YD FREESTYLE	
Nelson Oeis	1:04.0
MEN 70-79	
100 YD FREESTYLE	
Malcom Webb	1:58.2

MEN 35-44	
100 YD FREESTYLE	
C. Faurot	59.5
Jerry Zwirn	1:00.8
Kenneth Rooney	1:09.4
100 YD BREASTSTROKE	
Bill Malone	1:25.6
50 YD BUTTERFLY	
Jon Loft	30.0
200 YD INDIVIDUAL MEDLEY	
Charles Faurot	2:37.4
MEN 45-54	
100 YD FREESTYLE	
Henry Lentzseh	1:13.6
Irving Grass	1:22.3
100 YD BREASTSTROKE	
Henry Lentzseh	1:43.2
50 YD BUTTERFLY	
Henry Lentzseh	37.2
Irving Grass	51.6
200 YD INDIVIDUAL MEDLEY	
Henry Lentzseh	3:15.5
MEN 55 & OVER	
100 YD FREESTYLE	
Austin Newman	1:10.2
Sid Weinberg	1:13.0
Oscar Sigrist	1:19.5
100 YD BREASTSTROKE	
Oscar Sigrist	1:52.7

## NOTICE

Due to limited time and space I will have to devise another way of typing meet results. You all could be of tremendous help by typing meet results in the same event order as they appear in the Top Ten Times listing. Also, if you use 10 year age groups, please use the competitor's age.

FEB 16-18	TOPEKA WINTER INVITATIONAL, Topeka Swim Club, Inc. Mrs. Jane Johnson, 1908 Collins, Topeka, KS
FEB 17-19	CELEBRITY WINTER OPEN Dave Jaskiewicz, 888 S. Colorado, Blvd., Denver CO
FEB 18	Y-1KC MASTERS MEET Allan G. Rose, 315 S. Bellefield, Ave., Pittsburgh, PA 15213
FEB 24	GARDEN STATE MASTERS Joseph B. Twaits, 649 Springfield Ave., Berkely Heights, NJ
FEB 25	HERITAGE HI SCHOOL, Don Freeman, Denver, CO
MAR 10	DENVER ATHLETIC CLUB, Mike Corash/Jack Buchanan 1325 Glenarm Pl., Denver CO
MAR 17	GARDEN STATE MASTERS Joseph B. Twaits, 649 Springfield Ave., Berkely Heights, NJ
MAR 23	ROME YMCA MASTERS Bob Glover, 201 W. Bloomfield St., Rome, NY 13440
MAR 30-31	SOUTHERN REGIONAL MASTERS SWIM MEET, Judge Robert E. Beach c/o Judicial Building Room 402, St. Petersburg, FL
APR 7	MARTIN MARITTA MEET, John Tobin, Denver, CO
APR 14	PRINCETON YMCA MASTERS, Physical Director, Princeton, NJ
APR 14-15	NEW MEXICO MASTERS CHAMPIONSHIPS Sam Jones, 2360A - 37th, Los Alamos, NM 87544
APR 27-29	LOS ANGELES INVITATIONAL Anne Adams, 17432 Osborne St., Northridge, CA 91324
APR 27-29	INTERMOUNTAIN MASTERS MEET Jack Buchanan, 3800 South Logan, Englewood, CO 80110
MAY 12	GARDEN STATE MASTERS Joseph B. Twaits, 649 Springfield Ave., Berkely Heights, NJ
MAY 18-20	AAU SHORT COURSE MASTERS CHAMPIONSHIPS
MAY 26	FUN MEET, Los Angeles, c/o Anne Adams (above)
JUN 16	GARDEN STATE MASTERS, c/o Joseph B. Twaits (above)
JUN 16-17	NORWICH OLYMPICS, Mission Viejo, c/o Anne Adams (above)
JUL 6-8	NORWICH ELKS MASTERS, George Echentile, 6 Erie St., Norwich, NY 13815
JUL 14/15	SANTA BARBARA, c/o Anne Adams, (above)
JUL 20-22	ROME SHORT COURSE MAST
JUL 20-22	ROME SHORT COURSE MASTERS Don McKee, 61 Karlen Rd., Rome, NY 13440
JUL 28/29	MT. SAC c/o Anne Adams (above)
AUG 10-12	AAU LONG COURSE MASTERS CHAMPIONSHIPS, Chicago, IL
AUG 25-26	LOS ANGELES INVITATIONAL, c/o Anne Adams (above)

## MASTERS NOTES

Please note our new computerized labels! We thank Watson Lawrence of the Ryall Masters Club of Chicago for the idea and Dick Bresnahan for taking over the SWIM-MASTER mailing list. Dick is also a member of the Ryall Masters.

G. Richard Goodley of Kinston, NC, built his own 25-yard x 2 lane pool and put a bubble over it. The water is heated 82-85, 55 age group swimmers and 5 masters swimmers train. In Dick's area, you can build the pool on a lot with all the trimmings for under \$25,000 and operate with heat, water, insurance, electricity, chemicals, bubble depreciation for about \$2500.

The Nautilus Aquatic Club is seeking dual meets by telegraph or mail. If interested contact Les Finnegan, 3205 Cherry Hill Lane NW, Washington, DC 20007.

Masters patches & decals are available for \$1.00 each by sending a stamped, self addressed envelope to Anne Adams, 17432 Osborne St., Northridge, CA 91324.

Larry Smith has a training problem - 8700 members at the YMCA sharing a 60' x 20' pool. He has learned to keep one arm extended in front to avoid head-on collisions while swimming.

Dr. John Sorman, (national swimmer of '42) has been working out with Jay Markley to prepare for the Masters' Nationals. John started out at 225 lbs and 20 cigars a day. He is now down to 185 lbs in ten weeks, no cigars and 8000 yards a day!

Any readers planning a visit to England and desiring information about what pools might be near and available for workout sessions contact Lt. Cease M. Brown, PO Box 84 COMNAUACTSUK, FPO, NY 19510 for information.

The D.C. Masters Swim Team is being organized as "One Step Beyond the Casual." It is surely recognized that many Master swimmers wish to compete only on a very relaxed basis. Everyone with a 'feel for the water' should enter Masters Competition regardless of skill. We do it for the physical fitness and the camaraderie. Yet, there are some who are eager to really get back to the sport and swim with a regular team."

Gini Buzzell of Celebrity (Colorado) Swim Team writes in her newsletter, "I wonder if Bumpy Jones knows that Bill Williams is getting close to that 19:40 for the 1650 free?"

Dick Mesirov of Wynnewood, PA wishes there was more Masters Swimming activity in the Mid-Atlantic region. He says there is no activity within 100 miles of Philly and although he trains it's all sort of futile. Anyone having a meet or wanting to start a program contact Dick at 215-265-4300.

Fred Bradley of Scottsdale, AR writes that many years ago Lyle Collet and he swam together in Chicago and he is glad to see that Lyle is still at it and as good as ever. We hope to see Fred at a big meet in the near future.

Have fun. Swim for at least 50 minutes a day! That's the prescription given a roomful of doctors at a medical staff meeting at Sarasota Memorial Hospital by Dr. Ransom J. Arthur and Cmdr. Richard Rahe. So find a nearby pool and take the plunge - send all your troubles down the drain. Float your worries away. Then swim hard for as long as you can. Speaking as physicians, Arthur and Rahe say swimming will make you feel better and perhaps live longer.

Enid Uhrich of Mass. writes that "Both Conn. and New England Masters Club's have started holding a once-a-month evening practice located in a different part of the district and this is preceded by a business meeting. Lonely swimmers can get a chance at joint coaching and exchange ideas this way. If this goes well we may even hold two a month in our large districts. More and more we are finding that youngsters age group swimming rules are not always applicable. When we guarantee 10 minutes between swimming events in any age group we find the tension eases and there are less scratches and people are happier. Although deck entries throughout a meet are a nuisance, they do encourage the newer contestant to enter more events - especially if he finds competition particularly light in his age group! However, deck entries are 50¢ more than pre-registering.

Syd B. Grange, Honorary Secretary of the Australian Swimming Federation and F.I.N.A. Bureau Member writes, "Events for the older adults is a regular feature of club swimming programmes in many of our centres. The most outstanding is an organization known as the A.I.F. Swimming Association whose 700-odd members served in the Defense Forces in World War II and in some cases World War I. The club to which I belong is the 'Manly Diggers Swimming Club' which has a membership of 180 and the average age would be mid-forties with at least 30 in the 60 and over group. Our oldest regular competitor is Dudley Barling, 72 years, who swims 50 meters in 43 sec. Our best swimmers are Geoff Ryan, aged 62 years whose time for 400 meters is 6:37; Phil Smith, just 58 swimming 6:16 secs; and then down to myself, age 59, 7:22 secs."

## D.C. MASTERS SWIMMING PROGRAM CONTINUES GROWTH

By Meredith R. Smith, Jr.

Vice-President D.C. Masters Swim Team

The first annual Fall D.C. Metropolitan Masters Short Course swim meet took place Oct. 28. The Montgomery College pool at Rockville, MD was the scene of the activity where seventy-one contestants gathered for the third AAU sponsored Masters swim meet to be held in the Washington area. The first meet was held May 1972 and since that beginning only enthusiasm has been registered for the program.

54 men swam in 169 events and 17 women tested their ability in 50 events. The distaff side, at least percentage-wise, took top honors breaking 25 D.C. area records and three national Masters records. Former Olympic swimmer, Betty Mullen Brey, turned in a fantastic 31.8 50 yd butterfly time breaking her own 40-44 age group national record of 32.0, while Nancy Clark, 58, regained her national 100 yd freestyle record by going the distance in 1:29.2. Clark repeated with another national record time of 37.4 in the 50 yd free.

Most of the area records broken were set by D.C. area Master swimmers who participated in the first short course meet last spring and came back for this fall swim, stronger and faster. Some of the 200 yd times reflected more than 10 second meet to meet improvement!

The organization of the D.C. Masters swim team was officially announced during the meet and more than 30 immediately answered the call for even more rigorous competition on regional and national levels.

Continued from Page 4

A few weeks later, the answer to my prayers came. I was conversing with an acquaintance at church, who happened to be a retired Marine in his early 40's. We got on the subject of physical fitness, and he told me about a book entitled Aerobics which was written by a Dr. Cooper. In fact, he loaned it to me to read.

While reading Aerobics, I learned that an Aerobic training program is very beneficial for the cardio-vascular system. Among other things, this type of training may lower the blood pressure. Not only that...but swimming is one of the Aerobic exercises. Fantastic!!

## HOW TO PLAN A SUCCESSFUL MASTER'S SWIM MEET

By Mildred Anderson

In planning your first Master's Swimming Meet, there are many factors to keep in mind. First, if you do not have access to your own pool, you will have to have permission to use an available pool. Second, decide on worthwhile awards to promote future meets.

If it is your first meet, make it as attractive to enter, be awarding not only practical awards (paper weights for example), and as many places as possible to guarantee all that enter a chance to win an award.

Next, select the events and be sure to include short enough events to attract the hesitant competitor; it may be their first swimming meet, or perhaps they haven't swum in a long time.

Send your entry applications out two months before the meet, if possible, to give everyone time to get into condition and to make plans to enter your meet. Contact everyone you can think of. Beat the bushes, so to speak, with letters, telephone calls, notice of meet in Swim-Master, and other swimming publications. Contact former swimmers, friends, parents of children in competition and coaches.

You hope, by scheduling your meet early, you will discourage other areas from scheduling a meet during the same week you plan to have your meet. Get the support of the newspapers.

In our first meet, we bent the rules by accepting late entries in any event, if there was an open lane. With a very qualified starter, our meet time was shortened, making it convenient for all.

In April of 1971, I started my Aerobics training program. I have progressed in both distance and fitness.

Today, my workout averages 3300 yards daily. I do this 5 days per week. But.....the big news is that I have been able to stop one medication and cut the other in half that I take to control my blood pressure.

On top of all this, the Masters Swimming Program came into being. This is an excellent program, and serves as an additional incentive to stay physically fit.

# People you should know

By LLOYD MAFFITT

A champion swimmer who negotiates industrial waters with equal skill — that's Max Hasbrouck.

Last August the 51-year-old Hasbrouck won the National masters championship in his age bracket at Bloomington, Ind., in the 100-meter backstroke division. He was near the top in several other divisions.

*In non-aquatic activity, he is industrial relations manager for Iowa Industries.*

"I've been with the company since 1956 and I'm still plugging away," he quipped (in case you missed the pun, Iowa Industries manufactures Champion spark plugs).

A native of Grundy Center, Hasbrouck is the son of Egin Hasbrouck of that city, and a graduate of its high school. Following high school graduation, he entered Central college at Pella, where he played center on the varsity football team.

His education interrupted by World War II, Hasbrouck served in the U. S. Army from 1942 to 1946. He then enrolled at University of Northern Iowa at Cedar Falls, where he earned a Bachelor of Arts degree with a double major, business and social science; and went on to the University of Iowa, where he received a Master of Arts degree in labor relations.

His first industrial job was with French & Hecht, a Davenport firm that manufactures wheels and other equipment.

*After five years with French & Hecht, Hasbrouck came to Burlington to work for Iowa Industries.*

WHILE STILL A STUDENT, HE HAD MARRIED Elaine Craft, a librarian at Marshalltown; they were married Sept. 28, 1941, at Lancaster, Mo. The Hasbroucks live at 1757 Pine; they have three sons; James, youth activities director for the YMCA at Davenport; Jerry, a candidate for a master's degree in structural engineering at the University of Iowa; and Jay, a student at Western Illinois university, Macomb, who is aiming for a coaching career.

In addition to swimming, Hasbrouck enjoys golfing and reading. He belongs to the YMCA and the American Society of Personnel Managers. He devotes many hours to community service each year, and has been active in the Salvation Army, YMCA, and Red Cross boards and the legislative committee of the Chamber of Commerce.



MAX E. HASBROUCK

Casting a weather eye over the Burlington economy, Hasbrouck finds it strong with every prospect of becoming stronger. "Burlington has diversity in industry, which is important," he declared. "A city largely dependent on one big industry is always in a precarious position."

*"Here at Iowa Industries, things tend to be stable. We have pretty steady employment for about 450 people. Because we manufacture a product that is absolutely necessary, we're not subject to the fluctuations that affect companies which make things that society can get along without in a pinch."*

Hasbrouck believes labor-management relations will become better in the future, as labor leaders and industrialists "become better educated, more sophisticated, and better able to understand each other's problems."

In the future, more than now, Hasbrouck believes, labor contract negotiators will consider such intangibles as the working atmosphere.

*The Max Hasbrouck of yesteryear was a fellow who "put up the 'Help Wanted' sign in the window when he needed people and exchanged it for the 'No Vacancy' sign when he wasn't hiring," Hasbrouck commented. "It's not so simple today."*

Indeed it isn't, as the Max Hasbroucks of

modern industry cope with intra-plant problems ranging from labor disputes to alcoholic employees; problems relating to industry in particular and the economy in general; and bookcases of government regulations dealing with everything from birth certificates to plant safety.

Hours of reading are required each week just to keep up but, as the feller said, "we just keep plugging along."

THE SWIMMING TIMES JANUARY 1973

## THE OLD GROW YOUNG

by Kelvin Juba

BRITAIN's, and probably Europe's, first-ever Masters' Age Group Meet was held on November 17 and 18 at the City University Pool. This Meet was unique and probably will be the pacemaker for other sports in that amateurs competed with professionals for the first time in this Century.

As the person who started the idea, I can hardly give an assessment as to how successful this pilot scheme was, but I do know that all of the 80 to 90 competitors said that they would like to return next year. In all, there were some 250 entries. In the USA, Masters' swimming is expanding so rapidly, it looks as though it could catch up their Age Group programme within five years. The person mainly responsible for the development of Masters' swimming in the USA, Dr. Ransom Arthur, took many of his ideas while living in Britain and a member of Otter.

There were very few competitors who didn't take the Meet seriously. Ron Roberts, 54 years, produced the swim of the Meet with a cool 1:01.2 for 100y freestyle — with more pressure he looked capable of about 56 or 57 seconds.

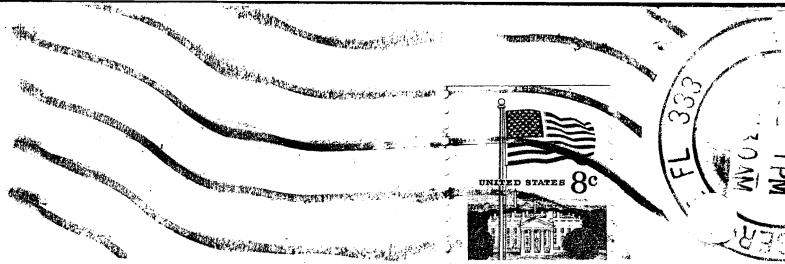
A conservative estimate would probably be that the number of entries and competitors in Masters' swimming will be trebled next year. There is a possibility that a competitive club for Masters' swimmers alone may be formed in Bristol and offers are already in hand for Meets to be sponsored in Southend, York, Bristol and London during the coming season. Why not join in?

Sportsgear presented a trophy for the oldest winner at the whole Meet. The winner of this is still in debate... no one will own up!

# SWIM-MASTER

5340 N. E. 17th Avenue  
Ft. Lauderdale, FL 33308

## FIRST CLASS



### LIFETIME VIGOROUS SWIMMING FOR FUN, SPORT AND HEALTH



## SWIM-MASTER

THE OFFICIAL PUBLICATION OF THE  
AAU MASTERS SWIMMING COMMITTEE

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### SWIMMERS PROUD PARENTS ASSOCIATION

By George Dickson 10-11-66

There's a group of people on this funny old earth  
It's might hard to establish their worth.  
You'll find them planted on benches or seats  
Hanging around at swimming meets.  
They're looked upon by officials and coaches  
As a form of pest like termites or roaches.  
If a name were given this form of creation  
T'would be the Proud Parents Association.  
With a casual glance at these fathers and mothers  
You'd swear they were normal as any others.  
But if a closer look you deign to try  
You'll see a wild look within each eye.  
A stop watch clutched in each right hand  
Ere the gun goes off you'll see them stand.  
Then watch the change; you'll think you're dreaming  
As you hear them shouting, yelling, or screaming.  
Come on Norris, Jimmy or Joe  
Pull, Pull, Pull, or Go, Go, Go.  
No matter if the poor kid's busting his heart  
The main thing is, Did he get a good start?  
You think that's all - You don't know the score  
When the race is over, just hear them roar.  
What's wrong with the Judge, the Dopey Bum  
He's either blind or just plain dumb.  
Why even an owl in daylight could see  
That our Jimmy placed one, two, three.  
Then watch the poor coach as he vainly tries  
To explain the reasons, wherefores and whys.  
And assures them next time will be another story.  
And Mrs. Dickson mumbles...Jimmy wasn't beaten by much.  
At last they leave on their homeward way  
For though they claim they can't stand much more  
If there's no more meets, boy, do they get sore.

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